





Resident Janyce Bender will be teaching a Line Dance class on Wednesdays in the Fitness Studio 11:00 am to12:00 pm

First class is September 7

Janyce began teaching line dancing while living in Arizona as a snowbird. She ended up teaching for 10 seasons and has this to say,

"There aren't too many people that I can't teach to dance."

Line dancing is not only great exercise, but it's good for the brain, too.

Please come and have some fun!

If you have any questions, please contact Wellness Director, Rene' Swar at ext. 3284 or at rswar@rosevilla.org