

# SEPTEMBER SUNDAY SUPPERS

To sign up to volunteer and/or dine, use the link listed on RVillagers.org  
<https://rvillagers.org/sunday-suppers/>  
or call Susan Hyne at x3057. Sign up by the Friday before each Sunday.

Sunday, September 1, 5:00pm

Falafel on Green Salad

Head Chef Susan Hyne, open to 12 diners, suggested donation \$8 to \$12. Blueberry Soup, Homemade Falafel on Green Salad (with Tomatoes, Cukes, Green Pepper, Greek Olives), Tahini-Lemon Dressing, Mozzarella Balls (cashews & coconut yogurt), Zucchini Hummus, Pita, Veggies. Gluten-free and dairy-free; falafel contains cilantro. Bring your own beverage.

Sunday, September 8, 5:00pm

Tomato Herb Soup

Head Chef Susan Hyne, open to 12 diners, suggested donation \$8 to \$12. Tomato Herb Soup, Onion Crackers, Roasted Sesame Winter Slaw, Fruit with Cashew Cream. Gluten-free and dairy-free. Bring your own beverage.

Sunday, September 15, 5:00pm

Shepherd's Pie

Head Chef Kathy Mitchell, open to 12 diners, suggested donation \$8 to \$12. Shepherd's Pie, Green Salad, Blueberry Squares and Vanilla Frozen Dessert. Bring your own beverage.

Sunday, September 22, 5:00pm

Sweet and Spicy Roast Chicken

Head Chef Don Mickey and Sherry Nolte, open to 12 diners, suggested donation \$8 to \$12. Sweet and Spicy Roast Chicken with Carrots and Prunes, Couscous, Arugula and Fennel Salad, and Peach Crisp. Bring your own beverage.

Sunday, September 29, 5:00pm

Community Potluck

ALL residents are welcome at a monthly community potluck. September hosts are residents with September birthdays. Bring a homemade dish OR a store-bought item to serve 8 to 10 people, OR donate \$3-5 at the potluck toward a fruit platter. Bring your own beverage and plate/bowl/glass/ silverware (some extras available). Take-out containers are provided so leftovers can be easily shared with neighbors. The Sunday Supper motto is "no leftovers left behind!" Volunteers from host group sign up; no sign-up for diners.

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# SUNDAY SUPPERS Q&A

## Who can attend?

Current/future residents and their guests are welcome to attend once, occasionally, or often. As a welcome to Rose Villa, new residents are treated to a free Sunday Supper meal after they move in. All meals start with an Opening Circle to introduce ourselves, preview the menu, and share announcements.

## How do I sign up to eat and/or volunteer?

Use link at <https://rvillagers.org/sunday-suppers/>  
or call Susan Hyne at ext. 3057 by the Friday before each Sunday meal.  
Volunteers sign up for ONE slot; all volunteers are automatically signed up to eat.  
Volunteer slots: Head Chef, Cooking Crew, Set-Up, Clean-up Crew, Money Handler.  
SignUp.com sends a confirmation email at sign-up and a reminder email before the meal.

## How much do meals cost?

Suggested donations are set by each Head Chef based on the menu. Diners pay cash or check at the meal on a sliding scale based on their appetite and budget. Our Motto is “No Leftovers Left Behind!” so diners will take home extra food. Donations pay for ingredients; surplus is used to fund kitchen items. Sunday Suppers are NOT included in our \$130/month meal account or billed to monthly fees.

## How do I learn about ingredients?

Go to <https://rvillagers.org/recipe-archive/>

## What are the COVID precautions at Sunday Suppers?

- ◆ If you are ill or have been exposed to COVID-19, stay home
- ◆ Keep vaccinations/boosters up to date
- ◆ Wash/sanitize hands
- ◆ Wear masks if desired

## How can I learn more about Sunday Suppers?

Watch for flyers on the 20th of each month. Check RVillagers for weekly updates and photos or join the Sunday Suppers subgroup on RVChat.