

# Ingredients from Sunday Supper on June 11, 2023

Guest Head Chef Michelle Potts

## Hoppin' John

- Steamed kale with light sodium
- Rice with chicken broth - vegan option available
- Black eye pea stew with tomatoes, onions, garlic, olive oil
- Garlic aioli with roasted garlic - vegan option available
- Fried onions
- Halibut OR salmon with salt, pepper, olive oil, butter - vegan option of grilled tofu

## Cobbler

- Peaches, blueberries
  - Sugar and brown sugar
  - Salt, ginger, cinnamon
  - Flour, butter
  - Vanilla ice cream
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- Vegan dessert -- vegan ice cream and fruit