

COMMON FIRST AID KIT CONTENTS

Cuts & Scrapes

- Band-aids
- BZK Wipes/antiseptic wipes
- Alcohol Wipes
- Triple Antibiotic Ointment

Fracture/Spains

- Ace Wraps

Instruments

- First Aid Manual
- Forceps/Tweezers
- Safety Pins
- Shears
- CPR Shield

Medications

- Ibuprofen
- Tylenol
- Aspirin
- Benadryl
- After Bite Cream

Stop the Bleed

- ABD or compression dressing or trauma pad
- Gloves (nitrile)

Wounds/Blisters

- Sterile Gauze Dressings
- Tape

Other Possibilities

- Thermometer
- Triangular bandages
- Instant Cold Compress
- Emergency blanket
- Cortisone Cream
- Burn Cream
- Gauze Roll
- Laxative and Antacid
- Diotame (Pepto Bismol)
- Cotton balls
- Oral rehydration salts