

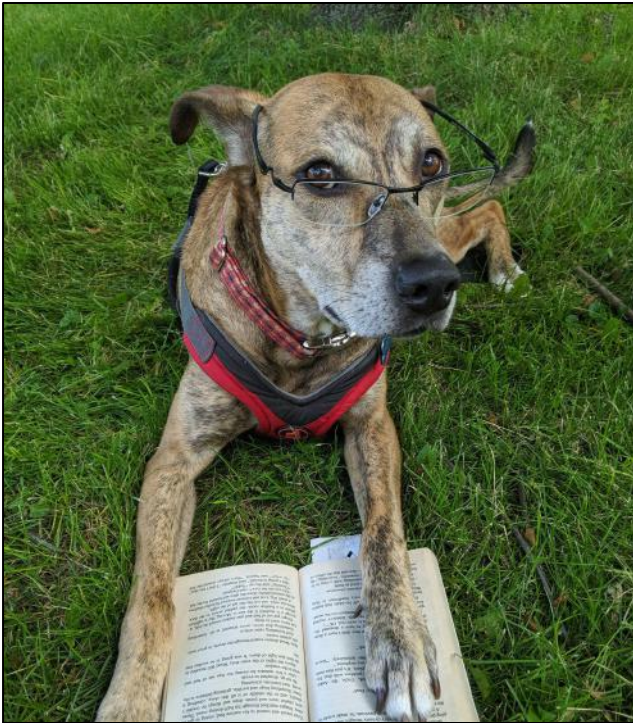


Let's Celebrate

Ready Force







ROSE VILLA
UNIVERSITY OF HOUSTON

Important Phone Numbers

EMERGENCY
DIAL 911
Non-Emerg
503-655-8211
Clackamas County Sheriff

Rose Villa
Campus Security
24/7
503-855-7300

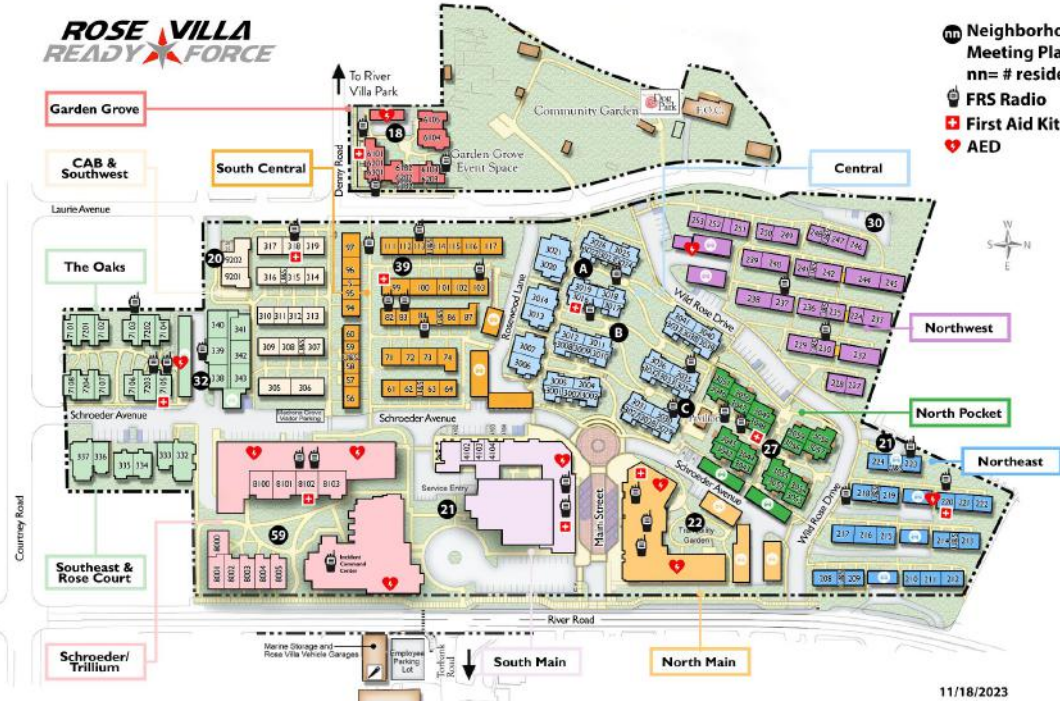
Building Operations
M-F 7pm-7am
Sat. 7pm - 8am / Sun. 5pm-7am

MEDICAL ALERT DEVICE CALL PROTOCOLS

To set up a new Medical Alert Device when the nursing company calls 911, ask them to also call Rose Villa at 503-855-3101

To assist in identifying the ambulance during Rose Villa after hours, the responding company should **PRESS 2** to reach Rose Villa Security who will direct the ambulance to your location.

-  Neighborhood Meeting Place
nn = # residents
-  FRS Radio
-  First Aid Kit
-  AED





RAP

Rose Villa
**Resiliency
Action Plan**
July 2022



Rose Villa Foundation

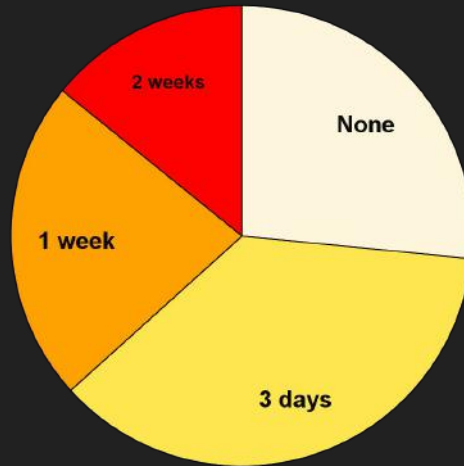
Always ready for your future.



M Y N



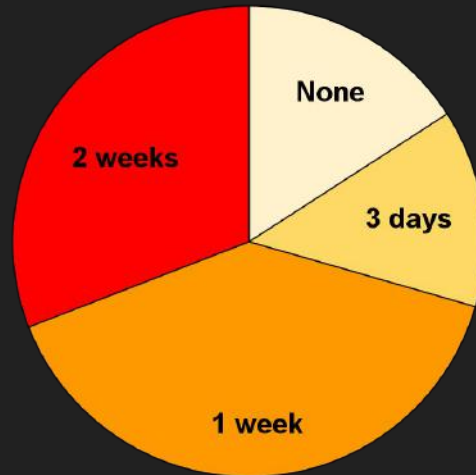
Stored Water



None	92	346	27%	Water
3 days	127	254	37%	
1 week	78	127	23%	
2 weeks	49	49	14%	
			100%	

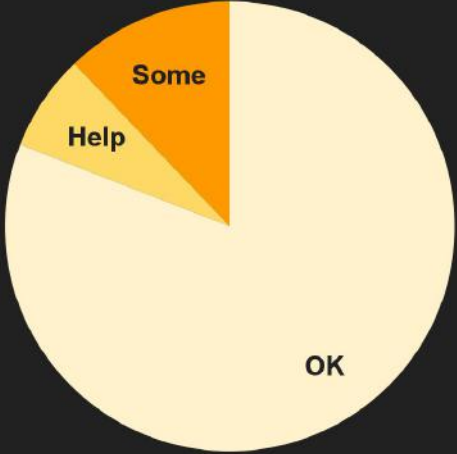


Stored Food



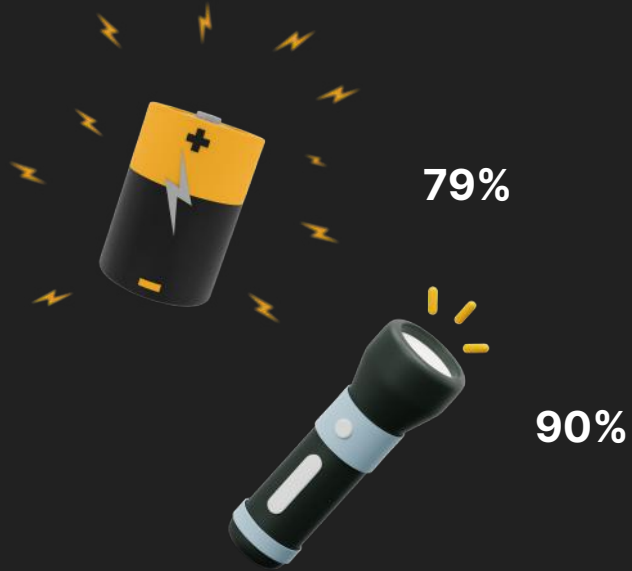
	Food	from MYN	
None	55	346	16%
3 days	47	291	14%
1 week	137	244	40%
2 weeks	107	107	31%
			100%

Mobility



24 residents need help
42 residents might need help
280 residents are OK

Personal Power Supply



29% have personal power packs
10% have solar panels

Extra batteries 79%
Flashlights 90%

Crucial Meds



57%

First Aid Kits



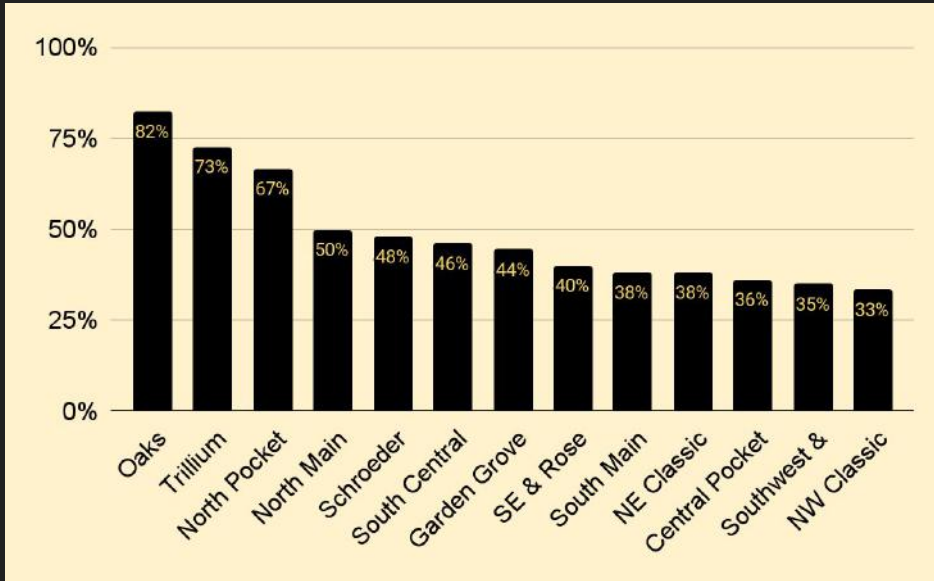
68%

Alt. Toilet



23%

HEPA Air Filters

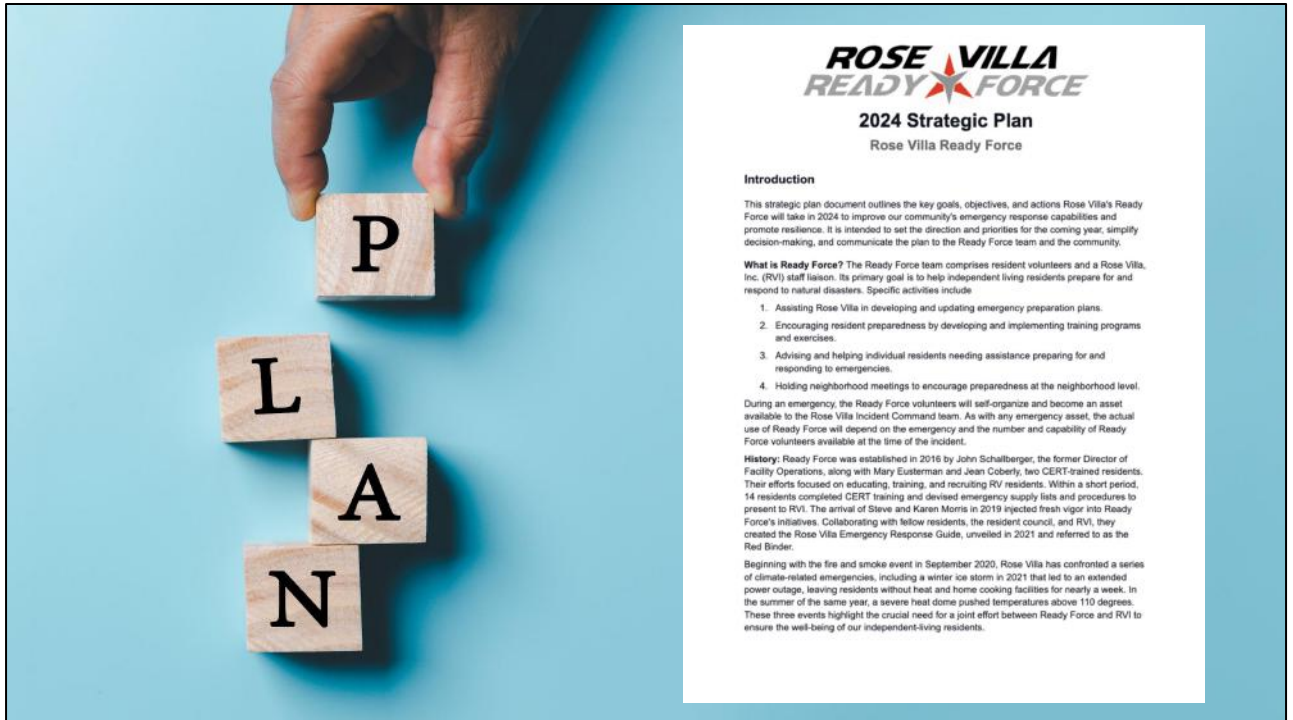


46% overall



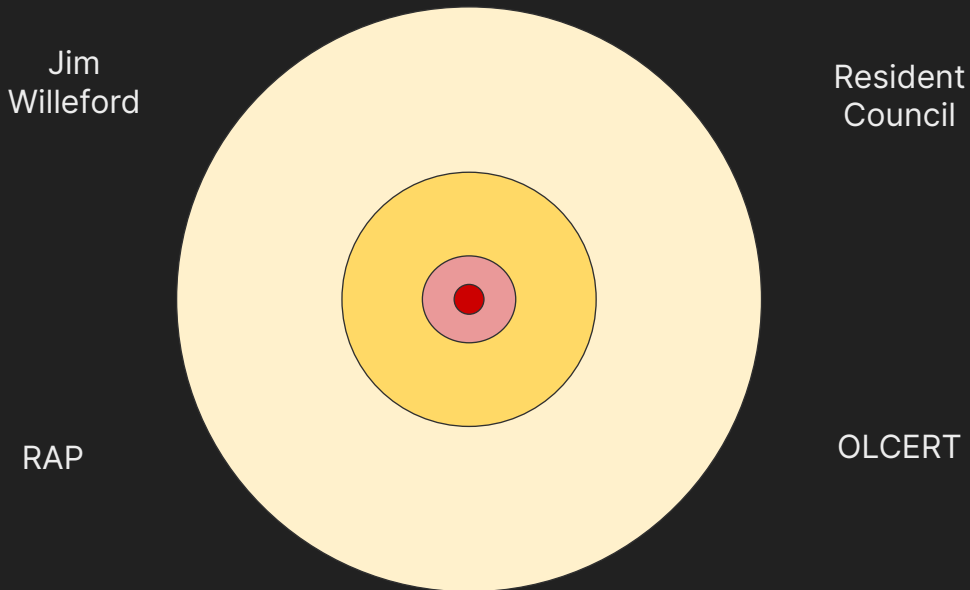


- Now it is time to **roll into 2024**.
- We have an **exciting year** planned as laid out in our strategic plan.



- Those of you who are on our roster as Ready Force volunteers should have received a **PDF version** of our 2024 strategic plan in your email last week.
- I am going to touch on some of the **highlights** of our strategic plan.

Ready Force Structure

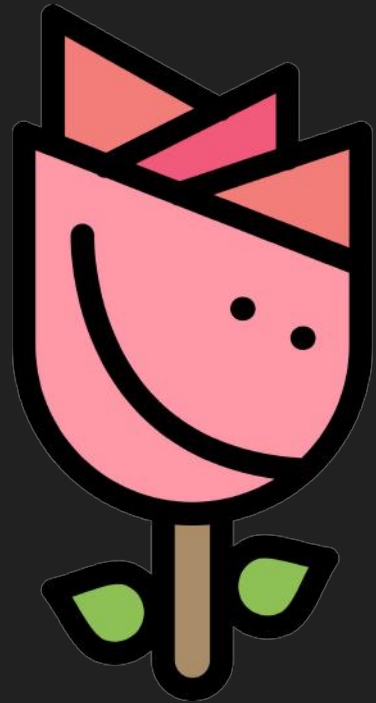


- I want to start with a bird's eye view of Ready Force. This large circle represents the independent living residents at Rose Villa. Right now, we are just shy of 350 residents.
- The inner circle represents the 40 Ready Force volunteers. These are folks who, at one time, attended Ready Force training and indicated a willingness to help. Please stand if you are one of our Ready Force volunteers. You will know if we have you listed as a volunteer as you received an email invitation to this event last week.
- The pink circle represents the 12 members of the Ready Force steering committee. We meet monthly to plan events and strategize about Ready Force.
- The red bullseye represents the 5 members of the Executive Committee.
- In addition to our volunteers, we also work closely with
 - Jim Willeford, who is our liaison with RVI. We are fortunate to have Jim Willeford as our liaison as he is extremely knowledgeable and experienced with emergency preparation and response and is a big supporter of Ready Force.
 - We work closely with the RAP team, in particular the 12 members of the RAP who are Rose Villa residents as well as the Green Hammer consultants
 - Ready Force is a committee of the resident council and our councillor

- representative is Shirley Smalley. We thank the resident council for providing the funds for today's refreshments.
- and we work with the Oak Lodge CERT, (Community Emergency Response Team) in particular with our liaison Greg Wennison who provides us with advice and training. Several of Ready Force members are also members of OLCERT

Community Preparedness

- ROSE Refresh Party
February 23, 2:30 - 4:30 p.m.



- A large part of what Ready Force does is help educate and prepare the entire Rose Villa Community for potential disasters.
- One of Ready Force's major community events planned for 2024 is the **ROSE Refresh Party**.
 - ROSE is a RAP term that stands for Resilient Operations and Sustainable Environment.
- The ROSE Refresh Party is intended to be an **annual event** to refresh our emergency supplies and knowledge.
- Our first annual Refresh Party will be an **event fair** to be held Friday, February 23 in the PAC
 - Display tables will be set up for residents to **browse at their own pace and interest**.



ROSE Refresh Party Tables

- 01**
 - Food
 - Water
 - Sanitation
 - 02**
 - Power Stations
 - Air Filters
 - Medical & First Aid Kits
 - 03**
 - Go Bag
 - Red Binder & MYN
 - Ready Force
 - 04**
 - RAP
 - Emergency Forms
- Outside ROSE Lot in Tranquility Garden

At this point, we have **envisioned a dozen tables** as well as an **outside display** in the Tranquility Garden that demonstrates an emergency meeting location with sanitation, medical, water, and food provisions.

Ideally, we would like **knowledgeable volunteers** at each table to interact with residents and answer questions. If we had four volunteers per table, this allows us to give each other breaks to view the other tables while keeping two volunteers at the table at any one time.

A lot of the pre-planning for the tables has already been done; what we need are people willing to share their expertise. On the sign-up slip handed out to you, there is the opportunity to volunteer to help with a table during the Refresh Party.

Many of the tables should be self-explanatory, but I will provide a brief description.

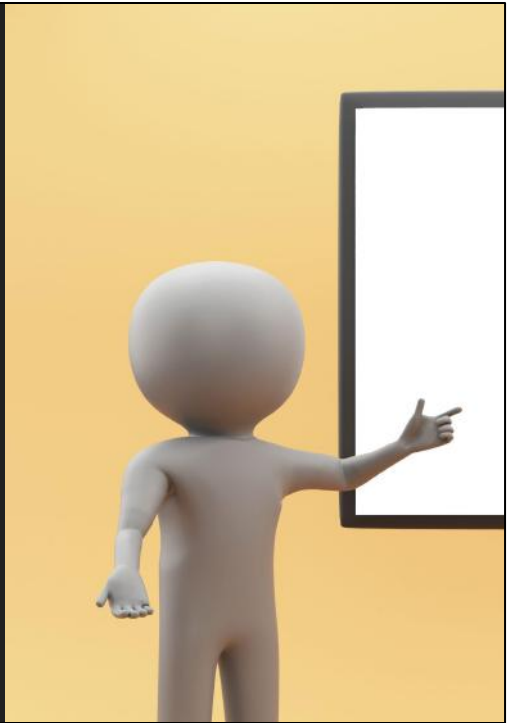
- **Food** - Displays of shelf-stable food for a 2-week emergency supply.
- **Water** - Displays of water containers such as the Water Brick and emergency water cans.
- **Sanitation** - 2 Bucket toilet system and the supplies that go along with it
- **Power Stations** - Display of Jackery and Bluetti power stations as well as other portable powered devices
- **Air Filters** - Display of portable HEPA air filters as well as display of indoor air

- monitors.
- **Medical & First Aid Kits** - sample household First Aid Kits, neighborhood first aid kits, and AED device
- **Go Bag** - Contents of a sample Go Bag residents should consider if they need to evacuate quickly
- **Red Binder** - Extra Red Binders for new residents and the opportunity to update your current MYN data
- **Ready Force** - Everything you need to know about Ready Force
- **RAP** - Green Hammer will staff this table with handouts and updates on the progress of the RAP
- **Emergency Forms** - Mary Helen will staff this table and allow residents to update their Resident Emergency Information Forms.
- **Outdoor ROSE Lot:** RVI will set up a demonstration neighborhood meeting place for disasters

Again, if you are willing to help staff one of the tables, please indicate your willingness on the sign-up slip passed out to you.

Community Preparedness

- ROSE Refresh Party
February 23, 2:30 - 4:30 p.m.
- 2 Preparedness Presentations



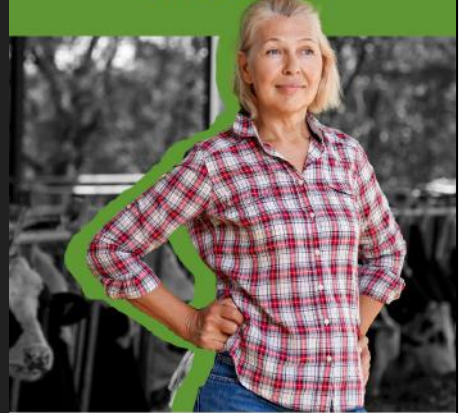
Ready Force would also like to hold a minimum of two community presentations on disaster preparation.

If there is a topic you would like us to consider covering, please **let us know in the Notes section** of your sign-up slip.

Community Preparedness

- ROSE Refresh Party
February 23, 2:30 - 4:30 p.m.
- 2 Preparedness Presentations
- Emergency Preparedness Fair
(in collaboration w/ OLCERT)
in September

**National
Preparedness
Month**



Ready 

Third, September is FEMA's National Preparedness Month, which is designed to **raise awareness about the importance of preparing for disasters and emergencies.**

Ready Force is partnering with Oak Lodge CERT to hold an Emergency Preparedness Fair in the PAC. This is something Rose Villa has done pre-pandemic, and are happy to bring back this bigger community event. More planning to come.

Volunteer Training

CERT-Lite
FEMA



March 4 - April 3
M,W: 9:00-11:00 AM

First-aid, CPR,
AED training



Date, Time: TBD

In addition to the entire Rose Villa Community, our emphasis is 2024 is **training our Ready Force volunteers**

In March, Ready Force will present our own version of CERT training.

- CERT stands for **Community Emergency Response Teams** and is a **FEMA-endorsed** nationwide training program for preparing volunteers for responding to disasters likely to occur where you live.
- Rose Villa is very fortunate to have **Steve Morris** living among us for many reasons, but in particular, Steve is a qualified and experienced CERT trainer.
- He will take the lead in holding **10 two-hour classes** following the CERT established curriculum but customized for Rose Villa.
- These classes will take place over **five weeks, two classes per week**, Mondays and Wednesdays, 9:00-11:00 a.m., and will be open to **Rose Villa Staff** as well.
- On your **sign-up sheets**, you have the opportunity to check if you are interested in signing up for the course..

In addition to CERT-Lite, we are also going to bring a **trainer** to campus and offer a certification course in basic first aid, CPR, and AED.

- We have done this in the past and it has proved to be quite popular.
- We received funding from the **foundation** for 20 residents, so please indicate on your sign-up sheet if you would like to attend the First Aid, CPR, and AED course.



So are you Ready ... ready to become a Ready Force Volunteer?

Louise was our model for this slide and is posing as a Ready Force Volunteer nerd.

She has everything. She is ready for whatever disasters come our way.

We do not expect our volunteers to be as prepared as Louise.

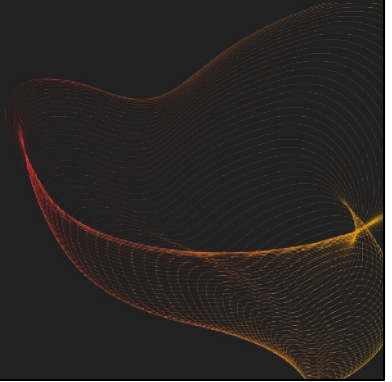
We expect our volunteers to start from where they are at and build gradually.

We can't all be nerds initially.



Roles and Capabilities of Ready Force Volunteers

- Personal Disaster Preparedness
- Neighborhood Preparedness (MYN)
- Emergency Response
- First Aid and Medical Support
- Disaster Psychology
- Communication



What does it mean to be a Ready Force Volunteer

We are an **inclusive** organization and welcome everyone who wishes to contribute to our community. Examples of our volunteers' activities include

1. **Preparing ourselves**, our homes, and our pets for potential disasters.
2. **Advising and helping other residents** in your neighborhood needing assistance preparing for and responding to emergencies.
We rely on our volunteers to help organize and run the map your neighborhood meetings
3. CERT-Lite provides the training to help our neighborhood volunteers **respond** in the hours or potentially days following a disaster
4. **Many of you have medical backgrounds** or training and your skills may provide first aid until the professionals arrive
5. **One of the biggest ways** to help is simply by comforting neighbors and being available as "helpers" in times of need
6. Many Ready Force volunteers have **2-way radios** to communicate our neighborhood status and needs in the immediate aftermath of a disaster

We have reached the **end of our presentation** and now want to hear from you.

Name: _____

- I would like to be a Ready Force Volunteer
- I am interested in attending CERT-Lite training
- I am interested in attending First Aid, CPR & AED Training
- I am interested in helping with the _____ table during the ROSE Refresh Party

Notes:

- Ready Force Volunteer Sign-up
- CERT-Lite course sign-up
- First-aid, CPR & AED sign-up
- ROSE Refresh Party: need volunteers for tables

Volunteers - how to get more engagement and training throughout 2024?

We invite everyone to stick around and enjoy the refreshments. We would love to continue the discussions about the role of Ready Force in 2024 and what we can do to collectively help our community prepare for potential disasters.