Rose Villa Resident Forum Wednesday, September 18, 2019

Employee Anniversaries

ONE YEAR:

Samantha Carter, CNA, Madrona Grove Chris Dejony, Receptionist, Courtesy Services Mark Kealey, Carpenter, Building Operations Lydia Nyambura, PCA, Avencia In Home Care Kara Smith, PCA, Avencia In Home Care

TEWNTY YEARS:

Mike Deford, Prep Cook, Food and Beverage Marianna Jones, Movement Programs Coordinator & OMA Facilitator, Health Services

Please welcome new employees:

Samantha Kocher, our new Events Specialist, comes to us from four years at Elephant's Catering where she was an event planner. She has also been involved in planning and executing The Grotto's Festival of Lights since 2010. Samantha has a deep connection with Rose Villa as her grandmother, Kate Kocher, lived here from 2005-2012, and she is also related to current resident Barb Hads. In her free time, Samantha plays volleyball, enjoys reading and loves to bake!

Marisol Wild joins us as our Transitions Coordinator. She was born in Singapore, grew up in Hong Kong, went to school and lived in London. She has lived, worked and visited many parts of the world. Marisol moved from Arizona to Portland five years ago and loves it here! She has a fiancé, two teenage girls, a little dog and a big fat cat! They love watching old movies, traveling and reading. Marisol has been in the relocation and moving industry for over 25 years and is very happy to join the Rose Villa team.

Department Intro - Building Ops, Grounds, and Tech Services Teams

Please Welcome New Residents!

Ruth Gregg moved to Pocket Neighborhood Cottage #3029 on August 28 from Clackamas, OR. Ruth is a retired educator. Ruth's phone number is 503-652-3069.

Voyager Alert!

Donna Beal voyaged from cottage #8 to cottage #60 on September 9.

Judith Reynolds is voyaging from cottage #5 to cottage #94 today, September 18.

And Marilyn Gottschall would like to introduce us to our newest "resident," Rosie Veeya. She is currently living in the Lobby but she is looking for new places to hang out. She moved here when she heard that the Tin Man was lonely. Rosie has become self-aware since arriving at Rose Villa and she's looking for new friends. She is very discreet. She listens carefully and will never tell your secrets; her lips are sealed. She is a woman of many possibilities, very flexible. For fun she loves to shop at the Treasure House. She is in search of a support group, so if you want to be her friend, contact Jennifer Allen or Marilyn Gottschall.

Our Rose Villa Resident Council representative, **Dori Jones**, would like to say a few words about **ReadyForce**. For more information about ReadyForce, visit the Emergency Preparedness section of Touchtown.

Kay Schmerber is here to announce the Rose Villa United Nations Chapter:

U.S. citizens spend about *twice* as much on Valentine's Day cards and candy as the per capita cost of the US fund to the UN. For this bargain price, **each year** 45% of the world's children are vaccinated; 70 million refugees get help; 80 million people are fed; human rights in 80 treaties are protected; \$25 *billion* dollars is spent on humanitarian efforts; 193 nations work to hold the rise in global temperatures.

The entire UN Peacekeeping Budget for 125 million people is less than the annual budget for the city of Chicago, population three million. Yet, the UN keeps peace in 14 countries on four continents. It's 8x more cost effective to financially support a UN Peacekeeping mission than to deploy US military forces.

If you're looking for a place that still supports a culture of global cooperation and diplomacy, if your heart still yearns to *try*, I invite you to become a member of our Rose Villa Chapter of **UNA**. If we focus only on what can't be done, our capacity to do something is destroyed. Just a minute ago, I listed a whole lot of impressive "somethings" being done through the United Nations. Supporting this UN work through UNA is one way to do *something*. We are a member organization, dedicated to informing and mobilizing Americans to support the work of the UN. Our chapter of UNA at RV is 54 years old with over 58 residents as members, facilitated by a resident Board of Directors. *We are a local endeavor with global reach*.

The RV Choir will sing with the rest of the world for One Day/One Choir on 9/27/19 to celebrate UN International Day of Peace. Also watch for upcoming announcements for UN Day in late October, as well as our October UNICEF Drive (Last year residents and staff raised over \$3,200!)

Resident Council asked us to provide a slimmed down, shorter version of the **Phase 3 update Health Services presentation.** During the February 2019 Forum, we shared that after much information gathering and deliberation, the decision was made that Rose Villa will not be building a Skilled Nursing Facility, as we had previously intended to do. That full presentation and rationale is available on Touchtown.

The most important aspect to note is that **Rose Villa will continue to offer all the same levels of care that we do now**. We will continue to have a licensed nursing facility (Madrona Grove) that provides 24-hour nursing care.

A skilled nursing facility is a type of nursing facility that provides short-term rehabilitation services and is a covered benefit under Medicare. Because of tightening health insurance requirements and hospital policies, fewer and fewer people are qualifying for skilled nursing facility stays; and when they do qualify, they are qualifying for only very short stays. This means that there is not enough demand for skilled nursing (both from Rose Villa residents and from the broader community) to keep a new Rose Villa skilled nursing facility occupied at a level that is financially sustainable. With only 3.2% of Rose Villa residents utilizing

skilled nursing for an average of 18 days each, and factoring in that we expect lower utilization going forward, this would mean that all independent living residents would have to subsidize the expense of operating an unoccupied skilled nursing facility, which would require a substantial fee increase.

It makes much more sense to partner with skilled nursing providers in our community who are already in the business and who specialize in different types of care. While we understand that some residents are disappointed with this decision, we have heard loud and clear from the majority of residents that keeping resident fee increases as low as possible is a high priority, and this decision is in alignment with that goal.

Again, this is only a synopsis of the rationale for this decision. For a more detailed explanation, please review the presentation from the February Forum that is available on Touchtown. If you have questions, please reach out to Erin Cornell, who is happy to sit down with any resident to answer questions and hear concerns.

Rose Villa Foundation Fall Campaign update provided by Elliot McIntire.

James Carthel will share information about a change in procedure for refundable glass, aluminum, and plastic containers.

Rene Swar is here to tell you a bit about our Employee Wellness Program.

Training Room door update: The door is supposed to be shipped from Eugene this week. We have the Training Room reserved September 25-27 for the install. As long as the door arrives as expected, we will complete the install within this timeframe.

The **Treasure House** is moving to their temporary shop to make way for Phase 3 construction. The last day the Treasure House will be open in the Recreation Hall is Saturday, September 21. The store will close at 4pm and reopen on Monday, September 23 at 1pm in their new store across the street in the southeast building in the employee parking lot. Look for signs and flags! When going over to the Treasure House, please dial 0 as normal to request a surrey ride across the street. If

you do walk, always cross at the crosswalk, press the button for the flashing lights, and make sure any traffic has stopped for you before crossing the street.

Additionally, a reminder to please leave your dog (s) at home when shopping and volunteering and that greeting cards are now \$1. Look for a flyer about this information soon.

Upcoming Dates:

We still have two tickets available for **Darcelle the Musical on Friday**, **September 20**. This is NOT a trip to Darcelle's showplace, but rather a musical about Portland's greatest drag sensation. Triangle Productions! is collaborating with Portland State University to present this inaugural production. Tickets are \$35 per person and will be charged to your RV account. Bus leaves at 6:45 pm. Transportation is \$6/person. Sign up required.

Poet and writer **David Hedges** will be reading from his book titled "**Prospects of Life After Birth**" on **Tuesday, September 24 at 7:00 pm in the Performing Arts Center**. This event is free and open to the public. Books will be on sale that evening.

Patty Newland will be leading a bird walk at **Fernhill Wetlands in Forest Grove on Wednesday, September 25**. The walk will last approximately two and a half hours. Bus leaves at 8:00 am. Transportation is \$7/person. Sign up required.

The bus to Wildwood Recreation Area on Friday, September 27, is full, however, you may still call the sign-up hotline to be added to the waitlist. Bus leaves at 10:00 am that day and will return around 3:00 pm. Transportation is \$8/person.

Join Steven Skolnik from Portland Rhythms for a **drum and rhythm class on** Friday, October 4 from 1:30-2:30pm in the Performing Arts Center. Learn about percussion, create new patterns, express musical ideas, and dive into the rhythm of the drums. No cost and no experience needed. If you have your own percussion instrument, please bring it with you; otherwise, instruments will be provided.

The Annual Clackamas River Watershed Tour is on **Saturday, October 5.** This years tour will focus on the upper Clackamas watershed and will include talks by the USFS, PGE, and ODFW, and will highlight some of their efforts in watershed. The tour will include stops with the USFS in the Hillockburn area to talk about issues in this area of the forest, and McIver State Park to talk about some PGE projects in the area, and for a tour of the Clackamas Fish Hatchery. All meals, snacks, and beverages will be provided. This is NOT a rafting trip like last year's tour. VERY limited space. The **Rose Villa van will leave at 7:30am** that day and return by 4:30 pm. No cost for the tour, but transportation is \$6/person. Unfortunately, due to the nature of the trip, we cannot take wheelchairs or walkers.

In response to the overwhelmingly positive reception of last year's series, the **Rose Villa Foundation** has invited Holly Pruett back to Rose Villa for an updated reprisal of her series "**Dying in Community.**" Mark the first four **Tuesdays in October, 10:00-11:30am,** to join us in the **Performing Arts Center** for topics such as "Let's Talk About Dying" (October 1), "What to do with My Body?" (October 8), "Planning Meaningful Ceremonies of Remembrance" (October 15), and "Creating a Death Plan" (October 22).

- Q1. Electrical costs seem to be an issue. Can you tell me why some exterior lights appear to be on 24/7? Would not a light sensitive timer work to turn them on at night and off in daylight?
- A. Thanks for asking! This question surfaces regularly each year. We light areas of our campus at night primarily for safety. We understand there is a balance between safety risks when areas are underlit and energy waste when excessive lighting is used. Our goal is to achieve a responsible compromise. Parking areas, stairwells, main common areas and certain building entrances are most important, but we also keep main street sign lighting on to maintain a presence at areas surrounding our entrance. This discourages mischief at night and makes it easier for our security team to monitor. 90% of our lighting uses LED technology, which uses a fraction of the energy of older incandescent bulbs and

allows us to maintain a safely lit campus at a very reduced cost. Our exterior lighting is managed using timers as well as motion sensors and photo cell day/night sensors. We do use automated setback timers to reduce the amount of interior lighting in corridors and common areas in North and South main each night.

- Q2. Will there be a Trash Amnesty Day soon?
- A. We ceased doing an annual "Trash Amnesty day" back in 2017 when participation started to decrease. More residents were requesting removal of large items throughout the year rather than waiting for this event. In an effort to discourage resident use, we also stopped accepting chemicals and solvents altogether. Residents can still arrange for Building Operations to pick up old paint, furniture, and large items for disposal via work order request.
- Q3. Why are the new speed humps so numerous (and obnoxious)? Why were they not more thoughtfully spaced for surrey use, leaving enough space for surreys to pass between the sidewalk and speed hump?
- A. Speed humps were installed to address the problem of vehicles traveling through campus at excessive speed. We had both personally witnessed as well as received numerous and ever-increasing complaints from residents and staff regarding resident drivers, staff surreys, and commercial trucks and vans that were driving at unsafe speeds, not stopping (or even slowing down) at crosswalks and creating very close calls for pedestrians. The quantity of speed bumps was used to keep speeds safe. Both surreys and automobiles can cross them very smoothly without any jarring or discomfort if they do so at a low speed. This is the purpose of speed bumps- to enforce a safe speed. We realize that slowing down is an inconvenience and hope all drivers and passengers will understand the safety reasoning behind them.
- Q4. I recently had difficulty reaching a friend who was in Madrona Grove temporarily. The process of talking to the Receptionist and the Madrona Grove staff was frustrating because there was no phone extension or way to transfer me to my friend.
- A. This should not have happened, and we are addressing the procedure with the Reception team. The Receptionist has a procedure to follow to get a resident in touch with someone in Madrona Grove. It was not followed when you phoned.

- Q5. When can we expect the dog park or parks to be completed?
- A. We do not yet have a survey date for the Phase 2 project, which is the wrench in our process of getting the fence reinstalled at the Community Garden Dog Park. As soon as the survey is complete, we will get the fence back up. We have no influence on the completion of the survey. The plan to create a larger dog park behind the yellow house on Laurie Ave. is in the assessment process of surveying the property and obtaining quotes from installers for fencing, grading, landscaping, etc. The quotes for the work are coming in far above budget, so we are in the process of determining how we can revise the scope of the project.
- Q6. After last week's Forum, I understand RV's current offer to join the Clean Wind Commercial and Industrial program (which could offset all 2,900 tons of CO2 PGE now emits to generate our electricity) is asking all residents to decide whether or not to pay their share of the extra \$850 cost --which RV calculates as \$3.20 /mo. RV would then join Clean Wind for the same percent of our electricity use as the percent of residents who sign up. For example, if only half sign up, only half of the CO2 would be offset. How about reversing that and signing up for 100% of our electric bill and offering residents a (no questions asked) opt-out instead?
- A. The original intent of bringing the PGE Renewable Energy program to Rose Villa was to allow each resident to decide whether they wanted to participate. Each resident could voluntarily decide to opt in to the program by underwriting the slight cost difference each month (\$3.20/month) to ensure that their share of the energy they use is renewably sourced from Wind power. Upon receiving the invitation to participate in the program last week, there have been many questions and opinions from residents regarding Rose Villa's participation. Some residents have asked Rose Villa management, on the basis of Environmental responsibility, to consider full adoption of this program campus-wide (approximately +/-\$900/mo) and raise all residents monthly fees accordingly to subsidize the cost (approximately \$4.15 per month/ per home).

Since this is a philosophical decision that would affect all residents' fees, we feel more time is needed to arrive at a decision on how to move forward with this program that accurately represents residents' thoughts and opinions. We encourage all residents to share their thoughts regarding this program by letter or email to John Schallberger and we will circle back with an update at next month's Forum.

- Q7. John Schallberger's article in RV News reported that Rose Villa is being charged \$284 each for 911 false alarms. Why are these charges not being billed directly to the resident who originated the false alarm?
- A. The article was a first step in helping residents understand the costs associated with 911 false alarms. If sharing this information does not change behavior, then we will work to understand more about what is happening with each occurrence. Passing the charge onto the resident who made the false alarm is an option, but we wanted to begin with education.

NEXT FORUM: Thursday, October 17, 2019, at 11am, in the Performing Arts Center

WELCOME SONG

Right after the Forum, meet at the back of the PAC to serenade new neighbors at their homes with the Welcome Song. Join the procession of musicians and singers. All Rose Villains welcome.