

Rose Villa Resident Forum
Friday, November 15, 2019

Employee Anniversaries

ONE YEAR:

- Joshua Jones, Security, BOG
- Benie Lacambra, PCA, Avencia
- Kim Walch, PCA, Avencia
- Jennifer Werdel, Director of Marketing and Communications

FIVE YEARS:

- Matt Dreiling, Lead Dish Steward, Food and Beverage (5 year anniversary from his re-hire date)
- Oscar Guadarrama Castro, Server, Food and Beverage

15 YEARS:

- Pat Wyman, Housekeeper, Environmental Services

Department Intro – Courtesy Services

Please Welcome New Residents!

Ed Segel, moved into North Main 5207 on November 13 from SE Portland. He was a Reed College history professor who loves music and the British monarchy.

Judie Hansen, Treasure House Store Manager, is here to talk about the Treasure House: The past year was especially exciting. We bulged at the seams with donations from new and future residents, held monthly Attic Treasure sales in the Club Room, and hosted multiple sneak peek sales. We abandoned our home of many years in the Recreation Hall to help make room for a new Madrona Grove. Many residents expressed concern about moving to a smaller footprint in the store. I was concerned, too, but am happy to report that because of our visibility on River Road, our customer base has expanded by leaps and bounds. The store is fresh, brightly lit and packed with goodies. We appreciate the many volunteers who keep things running and residents who donate goodies and come to

shop. If you have donations, do a work order or drop them off during store hours. We depend on you! If you have furniture to donate or are looking for a specific item, please give me a call at ext. 3209 to see how we can help you. The store phone is still the same - ext. 4008.

Jenny Dickow would like to share about her experience with the **Foundation's Staff Education Assistance program.**

Fall Festival Results - The 2019 Fall Festival was a wonderful success thanks to the entire Rose Villa Community. There were over 30 booths in the Performing Arts Center showcasing the artistic talent of local artists, a chili-feed, amazing raffle, bountiful baked goods, and a rain-free day! Thank you to everyone who helped raise over \$5,700 for the Foundation. This was the most successful Festival to date.

Phase 3 Temporary Locations – Please see attached map. There are a few services that have been temporarily relocated so that construction on Phase 3 can move forward:

- The Clinic is east of the employee parking lot, across River Road
- The Treasure House and Sewing & Quilting Studio is right next door to the Clinic
- The offices of MaryHelen Clausing, Director of Social Services and Avencia Manager, and Erin Cornell, Director of Health Services, are in the Clinic location.

All of these spaces will be located in their new, permanent spots in Phase 3 once that work is complete.

Not For Profit Rules

As we get into the political season, it can be easy to forget our special tax status as a 501(c)3. Under the IRS Code, all Section 501(c)3 organizations are absolutely prohibited from directly or indirectly participating in, or intervening in, any political campaign on behalf of (or in opposition to) any candidate for elective public office.

Violating this prohibition may result in revocation of tax-exempt status and the imposition of certain excise taxes.

What are Prohibited Activities?

- Contributions (\$) to a candidate committee, political party committee or political action committee (PAC) – either for or against a candidate
- Public statements of position (verbal or written) made on behalf of the organization in favor of or in opposition to any candidate for public office.
- Activities with evidence of bias that would favor or oppose one candidate over another.
- Use of organization resources for any prohibited activities. Resources are defined to include:
 - Staff Time
 - Paper/Copier/Publications/Website
 - Use of Common Spaces

What Activities are ok?

- Voter education activities: when, where, how to vote.
- Voter Registration activities.
- Non partisan candidate forum - If one candidate is extended an invitation to attend an open forum, the same invitation must be extended to all candidates for that office.
- Prepare and publish questionnaire with questions of interest to the nonprofit and request all candidates to respond.
- Take a position on and educate the public on ballot measures.
 - May include issues that divide candidates as long as the message does not in any way favor or oppose a candidate.
 - May be limited by lobbying limits.
- An elected official may speak at an event for reasons other than their candidacy for office in a non-candidate capacity (just be careful!).

Crossing River Road (to get to the Clinic and Treasure House, for instance)
The safest way is to go by RV Car.

If you wish to walk yourself, BE AWARE of how the Yellow Flashing Light works to keep us safe. It is operated by energy from a solar panel, so it will have a “pulsating” sound when you approach. No lights will be flashing.

Just like any uncontrolled crossing, begin by checking traffic in both directions before pressing button.

Pressing the button will do three things:

1. An audio will explain “Yellow Light Is Flashing”
2. The button itself will be flashing a series of lights located on the ON BUTTON
3. Yellow Lights above your head will alert vehicles someone will be crossing.

CHECK TRAFFIC IN BOTH DIRECTIONS AGAIN TO SEE IF VEHICLES ARE STOPPING.

The yellow light is timed to get someone across the street safely. If you try to catch up to cross when someone else had pressed the button you may run out of flashing lights, so don’t try to tag along. Be patient and start again by checking the traffic in both directions and then press the button.

Avencia: Just a reminder that residents at Rose Villa have in-home care services available by Avencia, our own licensed in-home care agency. Avencia’s CNAs and Personal Care Assistants offer a wide range of helpful services, from assistance with basic activities of daily life, such as bathing, dressing, cooking and home organization; to companionship for recreational activities, outings and shopping; to medication, nursing, case management and medical concierge services, for management of your health planning. You can choose the level of services you need or desire. For more information, call MaryHelen Clausing at ext. 3044.

Upcoming Dates:

Community Garden plots are available for the 2020 growing season. For information, please contact Jan & Dave Dobak by December 1. Contact information is available on Touchtown. (x3003 or email: jddobak@spiretech.com)

Join René this afternoon, right here in the **Performing Arts Center at 1:00pm**, to learn how to “press the reset button on your body,” how to move the way you were designed so you can restore the original strength you were meant to have. These simple movements will be done on the floor but there are some modifications for staying seated in a chair. Prepare to move your body and feel refreshed!

Willamette University professor **Ed Warnock** stops by the **Performing Arts Center at 2:00pm on Tuesday, November 19**, to talk about **The Perlan Project**. His presentation will detail how a group of volunteers based in Oregon flew higher than the U-2 with no engine.

Burn off some calories on **Wednesday, November 20**, in our **Turkey Trot** before the big feast! Beginning at **11:30am on Main Street**, Rene will lead us on a one-mile walk through the community and, of course, *turkey costumes are encouraged!* We're asking all participants to donate one non-perishable food item to participate in the walk, which will then be donated to the Good Roots Community Food Bank.

On **Wednesday, November 20**, gather with fellow opera-loving Rose Villains in the **Performing Arts Center at 7:30pm** for a showing of the 1951 film version of **The Tales of Hoffman**. Performed in English, this film follows Hoffman, a hopeless romantic, as he recalls the three great loves of his life as he waits in a beer hall for the arrival of his fourth and last love.

Matt Haynes and those **Pulp Stage** people are back. Join us **Tuesday, December 3, at 7:00pm in the Performing Arts Center**. How to describe what they do? It's kind of like old-time radio but even more simple and intimate. With words and nothing more, we'll be plunging you into the story and revealing your surroundings bit by bit. You're going to love it. So, get ready for some surprises in this **new adaptation of A CHRISTMAS CAROL**. This show runs approximately one hour and is perfect for families with children over age eight. No cost and no sign up. Join us Tuesday, December 3, at 7pm in the Performing Arts Center.

Kick off the holidays with some festive cheer! The **Happy Hour Holiday Lighting Ceremony** will be held **Wednesday, December 4, starting at 4:00pm in the Performing Arts Center**. As the sun sets around 5pm, we will flip on the lights that line Main Street and beyond.

The Studio One Dancers are back to perform for us. **Saturday, December 14**, stop by the **Performing Arts Center from 11:00am – 12:00pm**. With genres

ranging from tap, jazz, contemporary, lyrical, acro and hip hop there is something for everyone to enjoy!

Later that day **Native American Flutist and Guitarist Tommy Graven returns.** Do not miss this one of a kind holiday performance including a mix of songs written by Tommy and traditional Christmas carols. **Saturday, December 14, from 3:00pm – 4:00pm in the Performing Arts Center.**

Coming off a huge performance at the Mt. Angel Oktoberfest, acapella group **Voci Dorate Singers** will be here **Sunday, December 15, from 2:00pm – 3:00pm in the Performing Arts Center.** This group performs mostly sacred and chamber music along with some original arrangements of recognizable songs.

Finally, mark your calendars for the **Holiday Open House Party on Wednesday, December 18, from 11:00am – 5:00pm in the Lobby and Club Room.** A sing-a-long with Portland Rose Festival clown Angel Ocasio, pictures with Santa, and so much more!

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2020 BUDGET

I have been asked how residents, and the Resident Association, are able to provide input to the budget process?

The most direct influence is through the Resident Council. The Chair of the Council is not only a voting member of the Board of Directors, and so responsible for the budget approval, he is currently also a member of the Finance Committee, which does most of the work digging into the details of all things financial pertaining to our community. Since I have been at Rose Villa, the majority of the Council Chairs on the Board have also been on the Finance Committee. (This is not an accident.) In addition, both the Vice Chair and the Past Chair attend and contribute to Board meetings and discussions.

Beyond the Council leadership, since 2010, we have had a Resident Finance Liaison Group. Oregon State law requires that a CCRC have a resident group that is able to review and comment on the operating budget of the CCRC in which they

reside. This is an appointed group, not an elected one, and does not require Resident Council membership, although it operates under the aegis of the Council.

The purpose of the group is to:

- Provide a resident review of Rose Villa’s operating budget during the budget planning process – usually twice: early on and then as we finalize numbers
- And review actual costs to budgeted costs, by expense category, to see how we are doing

The membership is formed one year at a time, usually beginning in the summer as part of the initial budget process for the coming year. Ideally, we have meeting dates in 1) August or September, to review budget process and forecast likely changes, 2) in late October or early November to go over the proposed budget, and 3) in May, to review performance to budget and any variances.

The membership of this group changes substantially from year to year, in order to include as many residents as possible .

And now to the budget for 2020! (Please see separate attachment.)

We have broken out the section on Food & Beverage separately, as we have made some important changes and want to be able to dive into them in more detail. Please see the attached information on these changes.

Finally, please note that Diane Gibson and Vassar Byrd will host a **2020 Budget Q&A**, so that any resident with any questions about the budget can stop by and talk with us. **Monday, Nov 18, at 2pm, in the Training Room.**

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Q1. Would you please discuss use of the pool and fitness center etc. by our “to be residents?” When I introduce myself, I find many fall into this category. What is the policy?

A. When a person becomes a “Future Resident,” they pay a \$3,000 fee and receive a handful of benefits to keep them engaged with the community while they wait (sometimes years) for an opportunity to move to Rose Villa. In addition to receiving a Rose Villa “Future Resident” name badge, monthly benefits and privileges include: invitations to special events, wellness programs and lectures; our community newsletter and annual reports; one complimentary personal fitness assessment with Rose Villa's Wellness Director; access to Touchtown Resident Apps; two complimentary fitness classes per person/per month, two complimentary aquatic passes per person/per month; use of meeting rooms and on-site catering (fees apply). People stay on the list until they move in or cancel (10% cancellation fee applies). Unlike other communities, we do not move people to the bottom of the list if they voluntarily decline a home and we work with members to ensure everyone is using the program as intended.

Q2. Are there any plans for the 3 large paintings screwed to the walls of the old Rec Hall?

A. The plans have not changed. We are professionally photographing them BEFORE trying to unscrew them. If they come off the walls unscathed, they will be hung in the new Rec Room on the ground floor of the Schroeder Loft Building in Phase 3.

Q3. I have recently heard that there is a waiting list for Madrona Grove. We have been told that RV keeps rooms available for residents, so it is available when they need it. How is it that there is a waiting list? I understand the new Madrona Grove will not have as much room as the present. With more residents in RV and all of us getting older, won't we need more rooms?

A. The current Madrona Grove has capacity for 40 residents. Our primary focus is serving Rose Villa community members, but when there is space available, with no anticipated need from a Rose Villa resident, we accept admissions from outside of the Rose Villa community. We never accept outside admissions into our last available spaces because we do try to keep spaces open for

unexpected needs from independent living. It is true that Madrona Grove is currently full. The reason for this is that over the course of the last two years, we have had an unbelievably low number of deaths in Madrona Grove. While need from independent living remains steady, people are not leaving Madrona Grove. We have accepted only 2 outside admissions in 2019 - and that was back in March, when it really did seem that the need from independent living was met and that we had excess capacity. Thankfully, we have had very few instances where a resident needed Madrona Grove urgently and had to go off-site to another community for a brief time until space was available. Generally we are able to continue to support people in independent living through our Avencia Home Care services and then move them to Madrona Grove when space is available.

The new Madrona Grove will have capacity for 32 residents. Many people may not realize that of the 40 people currently living in Madrona Grove, 13 are from the outside community, which means 27 are Rose Villa members. When we were deciding how large the new Madrona Grove should be, we had very serious conversations around who we were building for – construction is expensive after all. We decided that our mission was to serve Rose Villa members and that the new Madrona Grove needed to be right sized to do that and to rely much less on outside admissions. Our history, combined with actuarial data on the people who live here, tells us that a capacity of 32 will be sufficient to serve our community. And while it is true that every resident at Rose Villa is getting older, the Rose Villa population as a whole is getting younger as new residents move in with each phase of redevelopment. All of this was taken into consideration when making the decision to set our new capacity at 32 residents.

Q4. There is a large accumulation of cigarette butts on the retaining wall and sidewalk just to the north of the clinic. This is not only unsightly, but a butt that hasn't been properly extinguished could start a fire. Can you teach smokers how to "field dress" their cigarettes, putting the filters into their own pockets and taking them with them and/or placing a metal coffee can with kitty litter beside the utility pole so they will be contained and not on sidewalk/wall?

A. Thank you for alerting us to the situation! Our Environmental Services Team will clean up this area and remove the cigarette butts immediately. At the

very least, we want to be a good neighbor, so the EVS team will do a weekly inspection of this area and remove any additional accumulations of cigarette butts. All department managers will address this with their teams – both to not throw cigarette butts on other people's property, as well as reviewing Rose Villa's no smoking policy. In the future, if you see an employee smoking on campus or dropping cigarette butts please notify HR or the department manager so this issue can be addressed immediately with that specific employee.

(I leave it up to you to explain how to field dress a butt.)

NEXT FORUM: Tuesday, December 17, 2019, at 2pm, in the Performing Arts Center