

Rose Villa Resident Forum
Tuesday, April 21, 2020

April Employee Anniversaries – Please congratulate these staff members!

1 Year:

- Tsehay Balcha LPN, Madrona Grove
- Gordon Fraser Sheetrock Repair Specialist and Painter, Building Operations
- Bekka Korman CNA, Avencia

AND, since it was early days and we hadn't yet figured out the virtual Forum, last month's staff didn't really get the recognition we think they deserve, so here they are again!

MARCH ANNIVERSARIES:

1 Year:

- Carmela Armenta, CNA, Madrona Grove
- Stephanie Carstens, Resident Care Manager, Madrona Grove
- Tom Hansel, Building Operations and Technical Services
- Melvin Osby III, CNA, Madrona Grove
- Allison Stewart, Server

5 Years:

- Rachael Disselbrett, Laundry, Environmental Services
- Frank Keller, Housekeeping, Environmental Services – five years is only the most RECENT stint for Frank at Rose Villa – his TOTAL tenure adds a couple more years!
- Linda Reed, Executive Director, Rose Villa Foundation

Announcements

Foundation President Elliot McIntire is here with some Foundation-related updates:

- The Foundation is here for tough times like these. If a resident needs financial assistance or a mini medical grant – maybe not right now, but in the future, please go on Touchtown under the Foundation logo. All the

information a person needs is right there.

- The Foundation is waiting to get the “all clear” before announcing a new date for the Casablanca Fundraiser. Stay tuned!
- There is a lot going on behind the scenes at the Foundation: Linda Reed is processing donations and coordinating with various committees as they plan for future events; the Foundation Board is monitoring the market and will do everything in their power to be there for residents if/when you need assistance.

Sales Update – Phase 3 presales are still taking place and we are now up to 29 sales!

Please join René in her 10:00 a.m. and 2:00 p.m. **live Zoom exercise classes**. The best part about the virtual classes is that she can fit more people in her living room than ever fit in the fitness studio or weight room! We’ve also just added Gentle Yoga with Katarina on Mondays at 3:00 p.m. You can retrieve the links from the flyers or the Wellness icon on TouchTown.

Check out **the Events icon on Touchtown** for a wide variety of videos to pass some time. Cooking, exploring the great outdoors, visiting new countries, comedy skits and more!

Planning for the Future

I want to take a few moments and work through some scenario planning with all of you. Despite my almost unbearably optimistic nature, I actually NEVER, in fact, count any chickens in their pre-hatched state, so take this disclaimer to heart: this is a rough outline of what may eventually become a plan. I am asking for your input. Understanding we are working on FUTURE steps.

We have been thinking through various ideas about how we may begin to come back together- in person, for community life.

One of the more time sensitive aspects is **Madrona Grove**. As some of those residents transition, we cannot simply watch our census get lower and lower, given the dramatic impact occupancy here has on our overall financial health. We

believe we have created some conservative and safe admission protocols, understanding that there is risk in every step.

Our proposed steps for admission to Madrona Grove during this time of COVID-19 are the following:

1. As always we will prioritize people who are already a part of the Rose Villa community in independent living.
2. The potential admission, whether from independent living or outside the community, must have a negative COVID test prior to admission.
3. After admission, the new MG resident will live in one of our two private, quarantine rooms in isolation for 14 days.
4. During those 14 days, all staff interacting with that new resident will wear all of the appropriate PPE such as masks, gloves, and gowns when entering the room and will discard on exit.
5. During those 14 days, the number of staff entering the resident's room will be minimized.
6. Only after that 14-day period will the resident move to their "permanent" room, if they remain symptom and virus free.
7. Although our budget for Madrona Grove is 37, at this time, we will not admit more than 36 residents, which leaves two double occupancy rooms available for quarantine - a capacity of 4 people in quarantine.

We will continue to follow the directives of our local and state regulatory authorities concerning visitors to Madrona Grove. We do not anticipate those restrictions and requirements to be lessened for some time.

In the **Wellness Center**, we are thinking we might start to use this area again by appointment only. Maybe residents who have sheltered together could use it jointly and sign up for one-hour increments. This would allow us to sanitize it after every use. It is likely the locker rooms will remain closed for a longer period, which may have an effect on the swimming pool.

There may be an opportunity for **Riverview Salon** to open for limited appointments as well, given that Jenika sees only one person at a time and can manage the sanitation between appointments (this, again, **MUST** follow state guidelines which currently have ordered all personal care providers to be closed).

In **Harvest Grill**, similarly, after rearranging seating to provide the right distance, we may ask for a reservation system to avoid overcrowding.

It is likely we will continue to rely heavily on video streaming for **larger meetings** with perhaps a program for a limited number of in-person attendees, seated a good distance apart. We could consider assigning those seats on a lottery basis for residents who want to attend in person.

The Tuesday Market volunteer management team is working on a plan for holding the **Tuesday Market** in a way that meets all infection control and distancing guidelines.

Residents could organize themselves into "**quaranteams**" - small groups of people who create a closed circle where those people can interact freely but they do not interact with other people. It would be like creating an expanded household.

As things move past the extreme distancing of the past month, we may restart regular **housekeeping** and **grounds** and **maintenance** operations, but with masks in place for all staff. For all staff and operations, we will maintain a strict focus on staff precautions and safety.

I want to reiterate that all of these steps are things we are considering for the FUTURE - hopefully the near future, but that is beyond my ability to forecast - and are dependent on the Governor, CDC recommendations, and other trusted sources of information and advice. We are only proceeding with the safety and wellbeing of staff and residents in mind.

Please share your thoughts and ideas with myself and Tina as you think about what our future will look like as we are able to begin to come back together. This will be a slow process. Let's work together.

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Q1. My mask delivery came as a surprise on Thursday. I suggested my mask be taken to the Health Center container because I have masks already. The mask that was displayed was not in packaging I realized after the deliverer was gone. Hopefully there was one in packaging that I did not see. Could you explain, please?

A. Courtesy Services put out information that we would be delivering masks no later than last Friday, once we knew we had enough. All masks were delivered in clear zip lock bags. Thank you for donating yours to Madrona Grove!

Q2. Now that power has been cut to the garages by the Rec Hall, there's a section of Schroeder that is really dark (from Cottage 56 to the Oaks). Could some lighting be added there?

A. Yes! Construction fencing is scheduled to go up this Friday, which will provide a way to hang lighting along South Schroeder Ave to help keep the area lit at night.

Q3. What is the start date for the work on Rose Court?

A. We have been working on getting the plans pulled together so we are ready to go - however, we are delaying beginning that exterior project. We will revisit once we are completely past the COVID-19 situation. (This is the case both because of the expense and the difficult construction environment currently.)

Q4. The house which RV owns at the corner of Schroeder and Courtney is a real eyesore. What's going to happen there?

A. You can't do anything without a permit - which is a little hard to come by these days. The plan is to tear down the house and use it for construction trailers and material storage for Phase 3. Hopefully, it won't be much longer before that can happen!

Q5. Will there be a special air-handling system in the new Madrona Grove that will minimize the spread of airborne pathogens? Could you talk about that system, please?

A. Resident rooms in the new Madrona Grove are private, and each has independent HVAC control. Room pressure can be independently controlled by varying the amount of exhaust exiting the room. This design helps with infection control as well as the ability to increase fresh air to each room.

Q6. Would it be possible to have birthdays published in every Trumpet at least for the duration of the crisis?

A. Yes! Happy to do that and great idea, thank you. Birthdays are also listed on TouchTown, if you are curious.

Q7. If you have had no symptoms for at least two weeks, would it be OK to leave birthday cards for those having birthdays both outside the door of Madrona Grove and in cubbies for independent residents? (This would apply to the resumption of all personal communications placed in cubbies.)

A. I think that is totally reasonable. FYI, Samantha is still putting the OMA birthday cards in people's cubbies along with F&B vouchers for birthday meals, as well.

Next Resident Forum: Tuesday, May 19 @ 2:30pm, Performing Arts Center