

**Rose Villa Resident Forum  
Tuesday, August 18, 2020**

**Employee Anniversaries – Please congratulate these staff members!**

**ONE YEAR:**

- Aidan Graves, Server, Food and Beverage
- Samantha Kocher, Events and Community Relations Coordinator, Courtesy Services (but working in business office, too!)
- Lexi Phipps, CNA, Madrona Grove
- Sadie Salazar, CNA, Madrona Grove
- Bev Shields, Director of Nursing Services, Health Services
- Molly Watts, Sales Counselor, Sales and Marketing

**FIVE YEARS:**

- MaryHelen Clausing, Director of Social Services and Avencia Home Care Administrator
- Norine Mulry, Director of Food and Beverage
- Rene Swar, Wellness Director

**Welcome, New Resident!**

Please welcome Margaret Caldwell, who will be moving to her new home in Classic Cottage #86 on Friday, August 28. You will be able to reach Margaret by dialing ext. 3086.

**LeadingAge Award Nominees:**

Each year LeadingAge Oregon hands out awards in three different categories: The Caring Spirit Award, The Unsung Hero Award, and Innovative Program of the Year Award. Award recipients are initially nominated by their organization and then voted on by a panel from LeadingAge Oregon. Due to COVID-19, LeadingAge Oregon had to postpone the conference and decided to forego picking any award winners; but, that doesn't mean we can't celebrate our nominees!

This year Rose Villa nominated **Dietary Manager Jenny Dickow for the Unsung Hero Award** and **Certified Nursing Assistant (CNA) Misty Parsons for the Caring Spirit Award**. I would like to take this opportunity to share a little bit more about each of our Rose Villa nominees.

**Jenny Dickow** has been a valuable member of Rose Villa's Food & Beverage team for over four years as our Dietary Manager. Jenny embraces her role with excitement, enthusiasm, and an overwhelming passion and desire to support the residents of Rose Villa. Jenny understands how important food is to all of us, not just from a nutritional standpoint, but as a way to connect to memories as well as to each other. During her tenure, Jenny has elevated the dining experience for our Madrona Grove residents by identifying and implementing several programs, including special monthly dinners for residents.

Jenny successfully wrote a proposal to fund our "Foundation Cares" carts – a simple cart designed to provide comfort items to family members while a resident is in the final days of life in Madrona Grove. The cart, funded by the Rose Villa Foundation, provides coffee, hot tea, and other sundries so family members do not need to leave their loved one's side.

Jenny graciously shares her nutritional knowledge with residents through food demonstrations and has led several Lunch & Learns for staff as part of our Wellness initiatives. Jenny approaches every scenario with one thought first: how will this benefit the residents? She is unwavering in her commitment to Rose Villa's mission and is a valuable member of our team.

Please join me in congratulating Jenny Dickow on her nomination for the Unsung Hero Award.

**Misty Parsons** has been at Rose Villa for 13 years. At Rose Villa, she started out as a CNA in Madrona Grove and worked there caring for residents for over 10 years. She then transferred to our In-Home Care Agency, Avencia, and has been providing services for our independent living residents in their own homes for almost three years.

Misty's longevity at Rose Villa speaks to her dedication and caring for the residents here. She takes her work seriously and wants to provide the best care possible to every resident she works with. She does everything in her power every day to ensure that residents' needs are met.

Misty exemplifies person-centered care. She gets to know each resident personally and pays attention to little things that make their lives easier. If she visits a resident to give medication and notices there are dirty dishes in the sink, she washes them. If there is laundry to be washed or folded, she does it. Misty has an easygoing yet respectful tone with residents she works with and uses humor to put them at ease. Because residents feel comfortable and cared for by Misty, they open up to her about concerns and she can then refer them to the social worker, nurse or other staff to help address issues they may be facing.

In addition to being a wonderful caregiver, Misty is also a generous coworker, helping other aides as needed so that each resident at Rose Villa gets the best possible care.

Please join me in congratulating Misty Parsons on her nomination for the Caring Spirit Award.

Next time you see Jenny or Misty, please be sure to congratulate them on these well-deserved achievements.

## **Rose Court Update**

I want to let everyone know that we are working on a schedule for continuing improvements to Rose Court. Over the past 2 years, we have put on a new roof, completed new waste line plumbing improvements, installed a new CO (carbon monoxide) exhaust system in the parking garage, put in a new elevator, and installed a new electrical service. These improvements add up to approximately \$175,000.

Although for the most part you can't *see* it, all this work has been critically important. The next step is the exterior design. Those details should be finalized in the next two weeks. Once we have color options from the architect, we will go over them with Rose Court residents. At that point, we will get pricing from the contractor and break down phasing and timeline. That should happen in September, with work planned to start in October/November, based on contractor availability.

## **Announcements**

**Phase 3 Sales** – We now have 30 depositors, bringing us to 73% pre-sold on Phase 3!

## **Resident Activities Advisory Group**

By this time of year, we would typically have all of our holiday season events and activities planning completed, performers booked, and invitations to join in the festivities at the ready. This planning looks very different this year. To help the community, we would like to reinvigorate the Resident Activities Advisory Group (which hasn't been active for a while) to join with staff to help determine what our holiday season looks like. This group will discuss what is most meaningful to residents and what we can do safely and still feel the sense of community that is such a part of the holiday season. Please contact Samantha Kocher to join the group and help plan the upcoming holiday season.

## **JOIN OUR ROSE VILLA TEAM IN THE FIGHT TO END ALZHEIMER'S AND ALL OTHER FORMS OF DEMENTIA!**

**Our donations will help continue vital research and provide 24/7 support to families who depend on it.**

Donating is simple. Write a check to "Alzheimer's Association" and deposit it in the Alzheimer's lockbox in the mailroom, under the TV. If you prefer to donate by credit card, the link to Rose Villa's team donation site is on the Alzheimer's flyer on Touchtown.

Just as the year 2020 is unforgettably unique and historic, so, too, is Rose Villa's "Walk to End Alzheimer's." All residents and staff who donate will receive a pinwheel. Your pinwheel will be delivered to you by Jan Wainscott or Kate Dins. You can decorate it with the names of people you are donating for or in memory of. Starting this Thursday (Aug. 20), you can walk with your pinwheel in hand to the Tranquility Garden to plant it in the lawn. We all will create our Promise Garden, which will be completed by Sunday, August 23. Unlike the 20 to 30 walkers on Rose Villa teams in previous years, all in our community who donate are invited to make this very meaningful "SHORT WALK TO END ALZHEIMER'S."

**THERE ARE ONLY 5 DAYS LEFT TO MAKE YOUR DONATION AND TAKE ADVANTAGE OF THIS GREAT OFFER! THANK YOU FOR YOUR SUPPORT AND CARING DONATION.**

\*\*

\*\*

\*\*

\*\*

\*\*

Q1. I am curious to know why Kaiser Permanente members cannot get their flu shots at RV when KP is the insurance for employees? Do employees have to go to KP for their shots also?

A. Rose Villa pays for flu vaccines for employees. We do not run those through insurance. We just pay the cost. This is the route that we believe gets us to the highest vaccination rate, which is the best thing we can do to protect both staff health and resident health.

For residents, we partner with a pharmacy that will come onsite and that will bill resident insurance. That pharmacy is CVS and they do not accept Kaiser insurance.

**Next Resident Forum:** Tuesday, September 15 @ 2:30pm, YouTube