

Forum Announcements

Tuesday, December 15, 2020

Employee Anniversaries

1 Year:

- Laura Butcher, LPN, Madrona Grove
- Jackalyn James, CNA, Madrona Grove

5 Years

- Amber St. Paul, Line Cook, F&B

10 YEARS

- Juan Monje, CNA, Madrona Grove

Welcome New Residents

Susan Van Voorhis (and Smook the cat) moved to Rose Villa on November 23, from right here in Portland, making a new home in Classic Cottage #97. You can reach Susan by phone at extension 3097.

Jo Noble is a fiber artist from Portland who joined us on December 1, settling into her new home in North Pocket Cottage #3050. Jo can be reached via phone at 971-347-1199.

Tom and Carole Root (and Tuck the cat) have been staying in one of our guest suites and have now relocated to their home in Classic Cottage #313 on December 14. You will be able to contact the Roots on the phone at 503-652-3313.

Announcements

Emergency Plan Available for Community Comment and Feedback

Along with the Forum notes today, we will be providing residents with a DRAFT version of our Resident Incident Response Guide. The purpose of the draft is to get your feedback! This is a robust document with plans, checklists, contact information, and lots of things you will want to have at the ready prior to and during an incident. The group that worked on it included Steve Morris, Cindy Brown, Jerry Corn, Janet Strickland, Vassar Byrd, Tina Moullet, and John Schallberger. Thank you!

Please send your comments to Tina at tmoulet@rosevilla.org; or if you are working off of a paper copy, turn comments in at the Resident Services Counter no later than December 28, 2020. Our goal is to have the first published version to be in your hands for use by the first week in January. What if we experience an incident before then? Staff and Ready Force will enact the plans in the guide as they are written.

Treasure House in Action! Covid-19 has put our Sneak Peeks on hold and limited the number of shoppers that are allowed into the PAC for Attic Treasure Sales. But we have been blessed with all our Volunteers who have sat in the Treasure House for 3 hours every day so we would be open when Residents and Staff came into the shop to find their special treasures. This Volunteer dedication has enabled the Treasure House to donate \$6,500 to Rose Villa, Inc., and \$6,500 to Rose Villa Foundation. Rose Villa Inc will use this donation to purchase a new electric gator! Thank you!!

Update on Wellness Center efforts

Ruth Gulyas, CEO of LeadingAge Oregon, has spoken with the Oregon Health Authority, seeking an ally in our effort to classify our Wellness Center as exempt from the Governor's order concerning public gyms and health clubs. They have not had this request from others and have no help to offer us at this time. Our next step is to take this directly to the Oregon Department of Human Services, which is the body that regulates Madrona Grove – but has no authority over the Wellness Center or other non-licensed aspects of our community. We are looking for allies – essentially for them to agree on the negative health consequences of closing private senior community fitness centers.

COVID-19 Status

As you all should know by now, we have had our first positive COVID-19 test from an independent resident on our campus. We are following the same guidelines concerning identifying the person that we established with staff. If there is no public contact identified through contact tracing, we will not identify the person who tested positive. This is a good policy for MANY reasons. In addition to HIPAA issues, we have been directed by Clackamas County Public Health that we are not allowed to share the names of people with COVID unless we received permission.

That said, I certainly understand the anxiety of residents to just *know*. Here is one way to think about this: ideally, each one of us should only be spending time with people in a way that does not leave us open to becoming ill if the other person

turns out to have COVID (because we are unlikely to know a person has COVID until AFTER THE FACT).

If we do spend time with people in a way that leaves us vulnerable, it should be very few people, and it should be with people who we trust to tell us if they become ill. If you are concerned about your exposure, make a list of all of the other residents you have had close contact with since November 27. The list should be very short. Then call those people and see if they are healthy. If the list is long, then you should probably quarantine yourself for a couple of weeks and consider decreasing the number of people you spend unprotected time with going forward.

In some ways, it is reassuring to understand that responsibility for preventing the spread of infection is a two-way street.

PLEASE let us know if you are experiencing any symptoms. This can be quite tricky, as COVID-19 can present as a common cold, among other things. Again, here are the symptoms – any ONE of which may indicate the presence of the disease. You do not need to have the whole list!

- Fever
- Cough
- Runny Nose
- Sore Throat
- Shortness of Breath
- Body aches
- Fatigue
- Diarrhea
- Vomiting
- Nausea
- New Loss of Taste or Smell

Because it is difficult to determine the cause of the symptoms, it is extremely important to observe carefully for developing symptoms and to report them as soon as possible to both your healthcare provider as well as to the Rose Villa Clinic Nurse:

Louise Albrecht, RN or Lottie Bloxham, RN - Clinical Nurses at x3261

Remember, our absolute best defense is in simple infection control practices:

- Wear a mask any time we are outside our homes - recent research has revealed that masks protect both ways - you and the others around you!

- Maintain physical distancing of at least 6 feet
- Use regular, thorough hand hygiene
- Follow our Governor's directive to limit the composition and size of gatherings, only within our households or small bubbles
- Avoid eating and drinking with people outside your household

I am as fatigued as all of you – but we have done an amazing job keeping this campus safe. As we approach the next phase of the pandemic, with vaccines on the horizon, we must stay vigilant!

Upcoming Dates

The reviews are in and the carolers were a huge hit last week as they roamed around the South end of campus. Pocket, North Pocket, and the North end of campus - check your cubby for a map to see when the carolers will be in your neighborhood tomorrow, **December 16**. Plus, there is a sweet treat for you to enjoy as you wait to be serenaded with your favorite holiday songs!

Join **Diane Gibson**, Rose Villa's CFO, on **Thursday, December 17, at 11:00am** on Zoom for the next installment in a series of virtual meetings dedicated to creating greater understanding of Rose Villa financial information. See flyer for details and for the Zoom link.

Michael Allen Harrison has been performing at The Grotto's Festival of Lights for over 20 years! The tradition continues with a livestream performance of a beautiful piano solo. Join us via **YouTube on Friday, December 18, at 1:30pm**. YouTube link: <https://youtu.be/4YgT8R2W7-4>

On Saturday, **December 19, at 11:00am**, join Margaret Hamilton and Wellness Director, René Swar, for the next Education and Enrichment presentation - the second installment of the **Wellness During Times of Stress and Uncertainty** series. Join us to learn about key nutrients you can incorporate into your diet that may help improve and support your immune system. We will also talk about an anti-inflammatory diet and ways to reduce (or even eliminate) your sugar intake.

Tune in **Monday, December 21, at 1:30pm** for **Portland's Singing Christmas Tree Streaming Spectacular!** This show will include favorite performances from past years, backstage stories, and a visit from Santa Claus! YouTube link: <https://youtu.be/1RI3pvSN4NI>

It would take the world decades to realize that *The Great Gatsby* was a masterpiece. **Monday, December 28, at 1:00 PM**, join film and literature scholar **Lance Rhoades via Zoom for a deep dive into *The Great Gatsby***, which is celebrating its 95th anniversary. See flyer for details and for the Zoom link.

Crafter Alert! Plans are being made for the Rose Villa Fall Festival in early November 2021, so get started on your knitting, jewelry making, pottery, birdhouses, or whatever you create. Let's make the upcoming festival a great return after this year's hiatus.

The next Resident Forum is on Tuesday, January 19, at 2:30pm.

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Q&A

Q1. Regarding the holding company: what positive effects would we expect for Rose Villa from a joint venture (or whatever) with another senior living community?

A. The specific results would be related to the specific project, but what we are interested in includes basics, like joining forces to get better pricing on things like software systems or health insurance or supplies, as well as bigger picture positives like attracting a larger pool of candidates for jobs and creating larger areas of expertise accessible to Rose Villa. Some of the specifics could be expanding our reach (and person-centered care) to more elders in the PNW and creating senior living options for middle income elders, to name a few.

Q2. Can you address the ongoing problems with the RV Resident Wi-Fi network? It's been unavailable to us for close to a month. We completed a work order on November 10th and Hunter told us the problem is being addressed by RV's network provider, but it seems ridiculous that it hasn't been addressed in a month.

We do have access to the RV Guest network, but there are features that don't work...like air printing. I am a bit concerned about security on that network.

A. We are aware that some residents have experienced difficulty using their RVResident vLan. We have been working with our IT partner, Davinci Digital, to address the issues and try to discover the cause, but it has been vexing as different

residents seem to be experiencing unique problems. We are gathering details from residents and relaying to Davinci as soon as we get these reports in hope that they can determine the causes. Your feedback will help us troubleshoot this, so if you are having trouble using RVResident, please share as much detail as possible in an email to technology@rosevilla.org. We are committed to getting these issues resolved as soon as possible and appreciate your patience and feedback.

Q3. How do we use the Employee Recognition link on Touchtown to show our appreciation of staff?

A. The Employee Recognition link allows you to fill out an Employee Recognition and Appreciation (ERA) form on Touchtown. (Paper ERAs are still available in the wall file near Resident Services Counter, facing the ATM.) Go to the Employee Recognition icon and click on “Employee Recognition Form” and fill it out. Both the hard copy form and the electronic form go to Human Resources. The forms are read aloud at our weekly Managers’ Meeting, posted on Touchtown, and a hard copy is posted near the Employee Break Room. The employee receives a copy of the ERA, and the original is placed in the employee’s file.

Q4. Is the Oaks generating more electricity than they use? What are the numbers like? We should now have at least 18 months of data. Did Rose Villa get the system performance that was promised by the designer?

A. Because of the way our metering for the Oaks is handled by PGE, this task has been more challenging than originally expected, but we are working with both PGE and Green Hammer to have a report to share in mid January.

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