

Rose Villa Resident Forum

Tuesday, January 19, 2021

Employee Anniversaries- Please congratulate these staff members!

1 Year:

- Elexis Green-Hite, Driver, Courtesy Services
- Tyler Nguyen, Driver, Courtesy Services

5 Years:

- Beth Love-White, RN, Madrona Grove (Beth says: “I have been very happy here at Rose Villa. I look forward to more years working here.”)

40 Years (yes, 40!):

- Julie Koch, CNA, Avencia Home Care

Welcome New Staff Member

German Sanchez, Environmental Services Manager

Staff Changes

In Health Services:

Erin Cornell, Director of Health Services, will be going on maternity leave sometime between now and mid-February. In her absence, MaryHelen Clausing, Director of Social Services and Avencia Home Care Administrator, will be the Acting Director of Health Services and the Acting Administrator for Madrona Grove. Most of you are already familiar with MaryHelen, and she will surely step into these responsibilities with ease.

In order to support MaryHelen as she takes on this added responsibility during Erin’s leave, Jacque Madruga, our current Activities and Volunteer Coordinator, will be shifting her time to be working half time as the Social Work Assistant. The other half of Jacque Madruga’s time will be spent as Activities Assistant.

Marianna Jones will now be our Activities and Restorative Coordinator (a combination of her existing role and taking over primary responsibility for Activities).

Madrona Grove CNA, Dessie Cote, is moving into a half-time Restorative Aide position that has become available as a result of Marianna's transition.

Lastly, Kim Morgan, Madrona Grove's Health Information Management Assistant, is no longer with Rose Villa. We will be hiring for this position as quickly as possible. In the meantime, her telephone and email will be forwarded to Kayla Zappacosta, Staffing Coordinator, who can assist you with any needs you may have, including scheduling visits in our SEEDS space.

In the Business Office and Environmental Services:

Magdalena McDowell resigned her position in the Business office as Accounting Coordinator.

Kristina DeLisle is moving out of the position of Environmental Services Manager and back into the Business Office, taking on the role of Accounting Coordinator. Kristina began her career in the Business Office, and she is being welcomed back with great enthusiasm!

New to the Environmental Services Manager position is German Sanchez. German comes to Rose Villa with a great deal of experience and focus on customer service, human services, and leadership. We are excited to welcome him into the position.

Welcome New Residents

Felicia Kongable moved to South Main Apartment #4203 yesterday (Monday, January 18, 2021) and comes to us all the way from Austin Texas! You will be able to contact Felicia by calling 503-652-3190.

Katherine "Kat" Hamilton will be moving into Classic Cottage #103 from Portland on Monday, February 8, 2021 and you can contact her by calling 503-652-3103.

Larry Sager is moving to Classic Cottage #339 from Portland on Tuesday, February 16, 2021. Larry's Rose Villa phone number will be 503-652-3339.

Announcements

Bill Cunitz is here to talk about the Rose Villa Foundation's Mini-Medical Grant Program. The purpose of the program is to provide financial assistance to residents with a one-time grant to secure medically related services and products that enhance well-being and independence. It is intended to assist residents with burdensome medical expenses and address basic elements of living in retirement. The mini-medical grants may cover (but aren't limited to): hearing aids and listening devices, eyeglasses and visual assistance aids, uninsured dental work, lift-assist chairs and other durable medical equipment, short-term assistance and comfort care programs. Applications for the Mini-Medical Grant, as well as the Program Description, are available on the small table across from the Resident Services Counter. If you have questions about the program, please contact Vassar Byrd, Diane Gibson (Rose Villa CFO), or any Foundation Board Member.

Connections – After every monthly Forum, the Welcoming Committee will be hosting a Zoom gathering to help new residents connect with community members and resources. Join them at 3:30 pm today! This event is open to new residents and all Rose Villains who have lived here for fewer than 100 years, because your “need to know” never ends! See the Zoom link in the Flyers section of Touchtown and listed in the Daily Activities Update email.

Calling All Dog Owners! The Residents' Association Pet Committee reminds dog owners to please pick up after your dogs. Dog waste is dangerous to step in because of the fall hazard it creates. Plus, it's REALLY GROSS! In addition, a reminder that leads longer than six (6) feet and flexi-leashes are not allowed for walking dogs on campus. Refer to the Resident Handbook for more information about the requirements for dog ownership at Rose Villa.

Phenomenal Physical Feats in Film! Ever since cinema set the photographic image into motion, filmmakers have been drawn to demonstrations of physical agility, strength, and endurance—whether in organized competitions or through individual efforts to push the limits of what is humanly possible. **Join film scholar Lance Rhoades on Monday, January 25 at 1:00pm** as he takes a look at examples from a wide range of films featuring sports—and all sort of phenomenal physical feats, including stunts and slapstick comedy—throughout movie history. See the flyer or Touchtown for Zoom login info.

On **Thursday, January 28, at 10:00 am**, join the **Rose Villa Board of Directors** for a “**Virtual Mixer.**” We’ll provide questions to help break the ice and keep the conversation flowing, and breakout rooms to ensure you have the opportunity to connect with multiple Directors during the event. Zoom info can be found in the Flyers section of Touchtown.

Call for Kitchen Garden Volunteers! Do you have a passion for gardening? An unstoppable green thumb? Are you waiting on a plot of your own, and need a way to scratch your gardening itch? The Rose Villa Food & Beverage department is looking for a group of about 12 resident volunteers to assist in the planning, planting, and harvesting of our 2021 kitchen garden plots. We will fulfill your desire to dig in the dirt, and you will contribute to the continuation of garden-fresh produce, fresh from the garden to our restaurants!

Interested? **Contact Food & Beverage Director Norine Mulry at extension 3193, or nmulry@rosevilla.org, by February 5 to learn more.**

Need another exercise option? Check out West Waluga Park (15775 Waluga Drive, Lake Oswego)! Park Amenities include a paved walking path, nature trails, fenced dog park, covered picnic shelter with lights and electricity, 2 restrooms, is ADA accessible, and has fitness equipment (fit spot). Here’s what you’ll find at the Fit Spot:

- 2 Person Incline Sit-Up Benches
- 4 Person Pendulum, Abs & Dips
- 2 Person Air Walker
- 2 Person Ski
- 2 Person Upper Body Combo
- 2 Person Accessible Vertical Press
- 2 Person Chest Press
- 2 Person Accessible Lat Pull
- 4 Person Leg Press
- Single Person Elliptical

Caution: the air walker, pendulum swing and elliptical require a lot of balance. Please take caution and do not use if you have any type of balance or strength issues.

The next Resident Forum is scheduled for Tuesday, February 16, 2021, at 2:30 pm.

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Q&A

Q1: What is Marketing, DEIA, and Management actively doing to attract, recruit, and retain Black Residents to Rose Villa?

My concerns: Although DEIA has identified monthly focus areas for DEIA, no month covers this critical focus. Has Rose Villa ever recruited Black Residents? Is there a marketing plan in place to actively recruit a more diverse population? I'm hopeful that in the near future Rose Villa will have a more racially diverse resident base that includes Black residents. Thanks for your consideration.

A1: On the surface, it may seem that starting with marketing to people of color specifically is the answer to increasing racial diversity in our community. (And, yes, we do market to a racially diverse group.) For us to be successful, we have to be as internally focused as we are externally focused. Without understanding what Rose Villa needs to do in our resident and staff culture to create a deeply welcoming environment (which goes way beyond just a lack of overt prejudice), simply “selling” to a particular group will fail.

A successful increase in racially diverse residents has to begin with DEIA work as the foundation for greater understanding of other cultures. We must first examine our implicit bias, address our own false beliefs about people who are not the same as us, and then educate ourselves on how to build a community that is ready to welcome people of all colors. We are blindfolded without this work.

Want to know what question I received from the daughter of a person of color, who was attending a Life Plan 101 event? “Tell me about your Diversity, Equity, and Inclusion program”. That is where it starts.

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