

Rose Villa Resident Forum

Tuesday, September 21, 2021

Employee Anniversaries

ONE Year:

- Savannah Venegas, CNA, Madrona Grove
- Marcus Wright, Server II, F&B

15 Years:

- Erin Cornell, Director of Health Services

Welcome New Residents!

Anna Van Tyne moved into Classic Cottage #336 on Wednesday, September 15, from Milwaukie, OR.

Hobbies & Interests: Being outside, light gardening, reading, cats.

Former Occupation: Data Analyst at Blue Cross

Her phone number is 503-652-3336.

Jane Myers moved into Classic Cottage #95 on Monday, September 20, from Oregon City, OR.

Hobbies & Interests: Sewing, reading, assisting at food banks and homeless shelters.

Former Occupation: Medical Clinic Manager

Her phone number is 503-652-3009.

Announcements

RV Lifeguard Corps

From August 8 – August 16, five current residents, two future residents, and two staff members participated in a six-day shallow water lifeguarding course. Five are returning lifeguards from the previous certification. Over those six days, Red Cross Lifeguard Trainer Connie Flesuras led them through various rescue skills and interventions, including back boarding and extricating a victim from the water. The class ended with two written tests. Everyone passed with flying colors and now has CPR and First Aid cards! Congratulations to our new Lifeguard Corps and

for all the hard work they did to obtain certification. Certifications are good for two years.

A big shout out to our previous lifeguards: Barbara Siddall, Martin Lee, Nancy Rorden, Walt Schaffer, and Sally Sharrard.

Our new Lifeguard Corps is Kate Dins, Judy Francis, Mayo Marsh, Frank Ramos, Jan Wainscott, future resident John Chapman, future resident James Robinson, and staff members Dessie Cote and René Swar.

The first lifeguard in-service is right after today's Forum. Lifeguards meet monthly to practice skills and review our specific emergency action plan. *Watch soon for a Lazy River schedule.*

Walk to End Alzheimer's

It's time, Rose Villa! Time to raise money for vital research and to support programs to end Alzheimer's and all forms of dementia. Time to remember and honor those who have passed or are living with or caring for someone with Alzheimer's or other dementia.

Every year on the Alzheimer's Walk there is a Promise Garden. Last year, we created our own Rose Villa Promise Garden. Every resident, employee, family member, and friend who donated received a pinwheel on which they could write the name or names of those passed or living whom they wished to honor. Our Rose Villa Promise Garden was meaningful and inclusive for so many that we decided to make it a tradition.

Last year, pinwheels created a heart-warming sea of colors. This year, that sea of color will be the official Alzheimer's Walk flowers that you can bring to plant in our Promise Garden, which is located in the Tranquility Garden. Thanks to Jack Duren, we will now have our official Promise Garden sign welcoming you to plant your flowers. Flower planting will begin Friday, October 1, and remain for all to watch grow until a few days after the Alzheimer's Walk day.

This year, the Alzheimer's Walk is happening at a very exciting venue: the Oregon Zoo on Saturday, October 16. Sign up to join the Rose Villa team of walkers!

A flyer with details on how to donate and register to walk is coming out later today. Our thanks to you for another year of caring and support to end Alzheimer's and all forms of dementia!

The Grounds Steward group is a corps of volunteers who augments the activities of our Grounds staff, primarily with weeding, shrub pruning, and control of invasive plant species. Days and hours are per scheduling via the resident coordinator. Three hours of monthly projects when available. Contact Walt Schaffer at 1happywalt@gmail.com or ext. 3117.

Upcoming Events

Resident Council discussion – bring your thoughts on what you appreciate and areas of interest! Rose Villa Today is hosting a community discussion on this important group tomorrow at 3pm. The Zoom link is on the activities calendar on Rvillagers.org.

Dahlia Festival and Farmer’s Market Bus Trip – Friday, September 24. Stop and smell the flowers at the Dahlia Festival at Swan Island Dahlias! Enjoy the idyllic fields and Farmer's Market. Limited capacity! Sign up on Touchtown or by calling ext. 3289. The bus leaves at 8:20am. Entrance to the gardens is free; cost of transportation is \$7.00.

Neighborhood Walk – Saturday, September 25. New residents, please sign up for the Neighborhood Walking tour via Touchtown. On Saturday, September 25, meet outside South Main at 11:00am. We will walk through the South Central neighborhood and the South Main building.

Boardman Wetlands Birding Bus Trip – Wednesday, September 29. Join Patty Newland for another exciting birding trip! Boardman Wetlands has a raised walkway throughout. Be on the lookout for red-winged blackbirds and ducks! Sign up on Touchtown or by calling ext. 3289. The bus leaves at 8:40am; cost of transportation is \$7.00.

Lakewood Theater– On Thursday, September 30, we’ll be taking the bus to Lakewood Theater to see “The Odd Couple.” *Two bachelors, one apartment, zero in common.* This Neil Simon work is sure to be a hoot. Enjoy live theater again after 18 months watching computer screens! The bus leaves at 6:00pm for a 7:30pm show. Contact the Lakewood Theater for show tickets. Sign up for transportation by calling ext. 3289. Cost of transportation is \$7.00.

Oktoberfest! – Wednesday, October 6, at 5:00pm. The Festival Brass Polka Band is returning to play for Rose Villa’s Oktoberfest. Enjoy music while eating or just passing by. Watch for more information coming soon!

Treasure House Attic Boutique Sale – Our next sale will be on Thursday and Friday, October 14 and 15, in the Club Room. You know you’ll find something you need. Swing on by and buy stuff! Support the Foundation. Open to residents, staff, and the public. Cash and carry. Purchases may be charged to your Treasure House account.

Connections – After every monthly Forum, the Welcoming Committee hosts a Connections gathering to help new residents connect with community members and resources. Join them via Zoom at 3:30 pm today! This event is open to new residents and all Rose Villains who have lived here for less than 100 years, because your “need to know” never ends! See the Zoom link in the Flyers section of Touchtown and listed in the Daily Activities Update email. Today, we'll talk about how to meet people during a partial lockdown, what the best sources for information are at Rose Villa, and what kinds of things to put in a work order.

The next **Resident Forum** is on Tuesday, October 19 at 2:30pm in the PAC.

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Q&A

Q1. I have been told it is Rose Villa’s policy that when residents are absent for extended periods of time, they are not permitted to allocate their dining credit to another resident. I have been thinking about this and wonder if there is a good reason for this policy.

I understand why, for planning purposes, residents may not carry over funds from previous months when they have been absent. But if there is someone who runs out of their dining credit, why not let them use up the funds of the resident who has been absent?

A. The dining credit exists to support the food and labor costs needed to run the food & beverage department. Those funds come from you, the residents, and is not transferable between residents. The desire to take care of and support residents

with financial needs is noble and the Rose Villa Foundation supports this goal directly. That is not, however, the intent of the dining credit.

Some residents are skirting this issue by buying up all of the product from grab and go to distribute to others. We don't have the resources, from a labor perspective, to re-supply product when this happens. So, if this is a choice you're making to use up your credit, just be aware that the next resident or employee that comes in for a sandwich might find themselves out of luck.

The dining credit breaks down to approximately \$4.30/day. Or, to put it in terms of meals, 16 lunches or about 10 dinners a month. Between the Harvest To Go menu and the daily changing specials, the Food & Beverage department works hard to ensure there are options that are appealing for the full community, to plan your spending around. If you would like to schedule a meeting with Norine to discuss how to manage the menu to meet your specific needs (and to enjoy to the fullest spending your dining credit!) please give her a call at extension 3193 to schedule a meeting.

Q2. How does Rose Villa manage pest control? We have seen rats in our neighborhood and we don't want the rodents to get out of control. We want them gone.

A. Following on from the September 13 memo on rodents from our Building Operations folks, please do make sure you are not inadvertently feeding them through bird or squirrel feeders or putting any sort of cat or dog food outside. We will be doing a walk-through of the campus to make sure that feeders are properly secured and the correct feeders are being used.

We track weekly rat work orders and sightings so we can target these areas with our pest control company, and we have tons of bait stations around campus that are checked and serviced weekly. Living in such a wonderful area full of wildlife comes with some drawbacks, and rats are one. Keeping birdseed, bread, and other food off the ground is the number one way to combat this – thanks for your help!

Q3. I understand Administration will have penthouse offices in Phase 3. Will those offices be locked up like the present offices?

A. I don't know your definition of Administration, but there are a LOT of people who will be working on the third floor of Madrona Grove. All the Health

Services folks who are not primarily direct care providers, which includes our staffing coordinators for both Madrona Grove and Avencia, our DNS (Kama), our Resident Care Manager for Madrona Grove, Erin and MaryHelen, and medical records will be there. Joining them are Norine and Jenny from F&B, Jen and Kenzie from Marketing & Communications, Facilities services folks like John Schallberger, German Sanchez, and Bob Judd. And this is also where I will be, along with Diane, Beth, and Tina, along with two work spaces for interns.

One of the big opportunities of this space is to build an actual breakroom that makes visible how valued our employees are to this community. This is the largest space on the third floor with an outdoor deck, kitchen, restrooms, and a place to take a shower if staff have biked to work.

Being able to provide offices for people who have been scattered all over the community (some working in former linen closets, one located in the entry way to a restroom, many with no natural daylight) is a great opportunity. Having them *in one place* gives us tremendous space for connection, creativity, and community. It also leaves room to spread out the rest of the management of this community in offices on the ground floor: HR, John Eaglin, all the Events and Courtesy Services staff, the Business Office, and the new Director of Development for the Foundation.

On the third floor, there are no offices without windows. There are two sizes of office: one for folks who rarely need to meet with another person in their space and the other, slightly bigger, for those who do. We have several meeting rooms there as well, to accommodate larger meeting needs. This should relieve the scheduling issues we can run into with the Training Room, Vista Lounge, and PAC.

Another benefit of having so many staff located in the Madrona Grove building is to make sure it continues to be a vital, vibrant component of our community, along with every other neighborhood here. All of the folks with offices there will still come to the same place to get their mail and internal communications, will still use Harvest Grill and our workout facilities, and be available in all the ways we currently are.

Concerning security, after threats made against managers by a former resident, we had a risk assessment completed by the Clackamas County Sheriff's department and took the least restrictive action, which was a keypad for the doors into the back office space. To any resident who may think we overreacted to those threats, the consequences for being a complacent employer are severe - up to and including preventable death of staff. The data is pretty clear from OSHA - about 2 million American workers are victims of workplace violence each year. Some workers are at increased risk. Among them are workers who exchange money with the public; deliver passengers, goods, or services; or work alone or in small

groups during late night or early morning hours, in high-crime areas, or in community settings and homes where they have extensive contact with the public. This group includes healthcare and social service workers. We take the health and safety of the people who work here very seriously, so we will have a fob system for the elevator that serves the third floor as well. Violence leaves lasting marks and knowing that you are safe at work can ease the part of you that has been affected by past violent experiences. If we can make even one staff member know they are safe here, it's the right thing to do.

Q4. Why can't staff help a resident who has fallen to get up? Is there anything they can do?

A. When a person has fallen, they must be assessed for injury prior to being assisted to stand. Sometimes when a person is injured, it will be obvious that they are injured – they may be experiencing high levels of pain for example. Other times, injuries may not be immediately obvious. If a person has a fracture that is not displaced, for example, they may not be actively expressing pain. If that person is not assessed for injury and they are assisted to stand, that non-displaced fracture may become displaced. In other words, without a nurse assessment, assisting a person to stand may significantly worsen their injuries. Licensed nurses are the only Rose Villa staff members qualified to do this type of assessment.

For the safety of residents, Rose Villa staff may not assist a resident up off the ground before a nurse completes an assessment. The expectation for Rose Villa staff is that they call for a nurse or call 911 and that they stay with the resident. They may shelter the resident from the weather and otherwise keep them comfortable until help arrives, either in the form of first responders or RV nurse.

If a resident can get up entirely on their own, that is fine. (And I happen to know that René teaches those skills so it's never a bad idea to have some good methods of getting up in case you need them!)