### **Rose Villa Resident Forum**

Tuesday, May 24, 2022

## **Employee Anniversaries**

Celebrating ONE year with Rose Villa:

- Katie Davis, Avencia CNA
- Alisha Hunter, Madrona Grove CNA

## **Welcome New Employees**

- Trista Carden, Recruitment and Onboarding Specialist, HR
- Gabe Gomez, Server, F&B
- Annie Newberg, HR & Finance Assistant, Finance Department
- Jim Willeford, Director of Strategic Operations

## **Staffing Changes**

- Laura Monen has been promoted to Lead Server in Harvest Grill.
- Lindsey Steward-DeMars has been promoted to Lead Receptionist at the Resident Services Counter.
- Michael Smith has been promoted to Lead Production Cook for the new MG.

Lots to be happy about – please congratulate our staff when you see them around!

### **Announcements**

# **Madrona Grove Move Postponed**

I sent this out in a memo last night and want to be sure everyone knows about it. We learned yesterday morning there will be a delay in the completion of some critical electrical work in Madrona Grove and so the building will not be ready to be occupied on June 1. We will not be packing up residents' belongings at the end of this week as planned, nor will the building be available this weekend for families to set up resident spaces. We sent out notices to all Madrona Grove families yesterday and are trying to reschedule our army of volunteers.

The new date of the move is June 14. We are rescheduling the remembrance ceremony for Madrona Grove for June 17 at 1:30.

**Cheryl Franceschi**, the Foundation's Director of Development, is here to talk about the Foundation's upcoming events.

## **New Social Involvement Group!**

We would like to ignite more social engagement and promote avocational wellness with a resident Social Involvement group. This group will work with Grey Davis to organize social activities and gatherings. Pi Day, a Super Bowl Sunday party, Veteran's Day display, and Ugly Christmas Sweater Day are just a few examples of possible social get-togethers. This group would be the campus party planners, you might say. Please contact René Swar at rswar@rosevilla.org or at ext. 3284 if you are interested.

# **Touchtown Update**

There is a lot going on around Touchtown! We are working to consolidate, clean up, and generally streamline Touchtown. Here are a few of the changes you can find already:

Under the **Activities List**, you can see that the list now has live hyperlinks. Just scroll down and click on a link to join a Wellness class, hear presentations, or join a Zoom meeting. As we gradually insert these links, the "Helpful Live Links" page under the Flyers icon will be phased out. We'll still keep the "Missed a Digital Event?" page, though!

You'll also notice a new icon for the **RVI Board of Directors**. Under this icon, you can access the Board's meeting minutes for the last three years. Just click on a link and you can read the minutes.

Under the **Phase 3 & The Hammer** and the **Food & Beverage** icons, you will see links to *The Hammer* and *The Scoop* newsletters. We will be using these links to share the newsletters via email instead of sending out big PDFs. Printed copies can be found in the mailroom (or the Club Room after the mailroom is temporarily moved).

We are updating information under the Resident Groups icon. Please send any updates to Grey Davis at gdavis@rosevilla.org by Tuesday, May 31.

And finally, keep tabs on the **Events** icon (the one with balloons). There are links to view our yearly and common space calendars. Questions? Contact Reception or the Events team.

# Wellness Gentle Yoga Classes Update

The Wellness Center is happy to announce the return of Gentle Yoga instructor Katarina Arneric and happy to introduce new instructor Alesha Hansen.

Alesha has been teaching yoga for over 20 years to a wide range of people. Her classes are encouraging, inspiring, and accessible for all bodies and abilities. Join Alesha on Tuesdays at 3:00 PM on Zoom.

Katarina has been teaching yoga for over 11 years (including here at Rose Villa) and specializes in working with older adults. In her classes, you will

strengthen your lungs through breathing techniques, your body through yoga poses and mobility exercises, and your spirits. Join Katarina on Thursdays at 4:00 PM live in the Fitness Studio or on Zoom.

### Dogs

We received this from a South Main resident and I'd like to pass it along to every dog household on campus: please do not stop and meet near the Harvest Grill *and let your dogs bark*.

Sounds carry upward so residents in South Main (and soon, Schroeder Lofts) can hear your dogs – even though the Harvest Grill may be empty and it may FEEL like no one is around, those in South Main can hear it all. It would be kind, considerate, and very neighborly for those of you who walk your dogs near the Harvest Grill and along Schroeder near the carports to not stop and allow your dogs to bark at each other. (Controlling barking is also in the Resident Handbook.)

Of course, you can walk and greet other dog walkers wherever you want, but if you haven't yet been able to train your dog **not to bark** (perhaps the Pet Group has some recommendations for that?) then please walk away from the other dog or person that is causing your dog to bark. If you want to meet other dog walkers and let all the dogs have a bark fest, then go to the dog park, away from other residents. This is just part of living together - it's easy not to realize the impact your canine household partner may be having on others. Thank you so much for your consideration and respect!

# **Upcoming Events**

**Community Wellness Walk** - Wednesday, May 25 – Meet in the Wellness Center lobby at 11:00 AM

This is a 4-mile loop on the Trolley Trail. We will walk two miles to Springwater Family Park for a short rest and then head back, stopping at Awakening Coffee Shop for a bite to eat or drink. You must be able to walk a brisk 2 ½ - 3 mile per hour pace with no walking devices to attend this walk. For more walk information, contact René Swar at ext. 3284, or Margaret Bell at ext. 3113.

**Art Lecture** – Friday, May 27, at 1:30 PM in the PAC Melanie Urban returns to Rose Villa to discuss the origins of Art Nouveau. Join her for an exciting presentation! See flyer for details and more information.

**Pride Month Monday and (one Thursday) Night Movies** – Mondays at 6:30 PM in the PAC

Enjoy films chosen by LGBTQ+ residents on campus for the month of June. Please note that the weekly film for the week of June 20 will be on Thursday, June 23, at 4:00 PM. See the flyer on Touchtown for more information about the films.

**Drumming Circle with Steven Skolnik** – Thursday, June 2, at 2:30 PM in the PAC North

Rhythm instructor, Steven Skolnik, returns to Rose Villa to provide group drumming lessons. Bring an instrument or use some of his! Space is limited, so please sign up on Touchtown or by calling ext. 3289.

Chinese Garden Trip – Tuesday, June 7, at 10:15 AM – Bus Trip In honor of Asian American and Pacific Islander Heritage Month, enjoy the elegant garden. If 15 or more participants sign up, a private tour may be arranged; otherwise, a public tour will be available. Sign up by Monday, May 23, by calling ext. 3289 or emailing gdavis@rosevilla.org. If you are a member of the garden, please let us know so that you are not charged for admission.

Lance Rhoades June Presentation – Tuesday, June 7, at 4:00 PM on Zoom Swashbuckler, adventurer, Don Juan. Erroll Flynn was all of these on screen – and off. He was also a sensitive, insecure, and troubled man who both embraced and downplayed his heartthrob status while lamenting that he never got enough respect as an artist. This presentation is a look at the parallels between the public and private lives of a Hollywood legend.

**Treasure House Attic Boutique Sale** – Thursday, June 9, and Friday, June 10, in the Club Room

You know you love to shop. You know you love to support the Foundation. Come do both at the Treasure House's Attic Boutique Sale next month! Watch for a flyer with all the details. Reminder that Rose Villa gets to shop before the sale opens to the public on Thursday morning!

**Viking Pep Rally** – Friday, June 10, at 4:00 PM in the PAC Wear your Viking gear and show support for your Rose Villa Vikings as they prepare to battle in the Rose Festival Dragonboat Races! The Rex Putnam Thunder Drumline will be leading the procession. *Til' Bargada!* 

**Gayish and Grayish Variety Show** – Friday, June 10, at 7:00 PM in the PAC Enjoy entertainment by a variety of talented people from greater Portland and sponsored by Rose Villa's LGBTQ+ residents. Please bring a non-perishable food donation for Esther's Pantry in Milwaukie!

#### **Madrona Grove move – June 14!**

**Chiaroscuro Art Show and Reception** - Thursday, June 16, from 3:00-5:00 PM in South Main

The Art Show Group, a subset of the Visual Arts and Crafts Team (VACT), is happy to announce the opening of a new show featuring the work of three resident artists – Gail Katagiri, Marilyn Gottschall and Sherry Doty – in the South Main Art Gallery starting Monday, June 13, 2022. The opening reception will take place in the South Main Lobby and Main Gallery with wine and bubbly!

### Madrona Grove Remembrance – June 17 at 1:30

This is an opportunity to pause and give thanks for all the love, life, and beauty that have lived and worked within our old building for over 60 years. Please join our community in an honoring and farewell of the "old" Madrona Grove. We will meet at the South Entrance of South Main, nearest to Madrona Grove. If you would like to share a few words, you are welcome to – this is a short, casual program – or you can come for a moment of silence.

**Pride Parade and Street Dance** - Friday, June 17, at 3:00 PM around campus and on Main Street: Celebrate Pride with your neighbors and show support for LGBTQ+ people at Rose Villa and beyond. Wear your Rose Villa Pride shirt!

**Japanese Garden Trip** – Wednesday, June 22, at 10:45 AM – Bus Trip Take a private guided tour of the beautiful Garden. There is a minimum of 15 participants required to take the tour. Cost is \$23.50 including transportation. Please sign up by Friday, June 10, by calling ext. 3289 or emailing Grey Davis at gdavis@rosevilla.org. If you are a member of the garden, please let us know so that you are not charged for admission.

# **June Birding Trip** – Date and Time TBD – Bus Trip

Join Patty Newland as she takes us on another fabulous birding trip to Whitaker Ponds! The park is frequented by many animals, including downy woodpeckers, rabbits, beavers, garter, osprey, dragonflies, otters, and wood ducks. In and around May, bird enthusiasts can enjoy the feisty territorial spats between individual

rufous hummingbirds as they establish who has rights to which red-flowering currant bush. Watch for the upcoming flyer with details and how to sign up.

### Oak Grove Trolley Trail Festival – Saturday, July 16

Mark your calendars! Rose Villa will have a booth at this annual community festival in downtown Oak Grove. If you or a group you are involved with would like to be present or represented at Rose Villa's booth, please contact Grey Davis at gdavis@rosevilla.org.

### **Born in 1942?**

Carol Brownlow, Sue Griffin, and Holly Schmidt are working on plans for a party on **Saturday**, **August 13**, for Rose Villa residents turning 80 in 2022. If you are one of these birthday people and want to hear about this special party, send your contact information (email and/or phone number) to **Schmidt.holly@gmail.com** or call ext. 3255.

Next Resident Forum: Tuesday, June 21, at 2:30

## Q & A

- **Q1.** Tina Moullet's title on our IRS 1099 Form is Executive Director for 2019, but the Rose Villa residents did not learn of her promotion to Executive Director until March of 2020. When exactly did Tina Moullet become Executive Director of Rose Villa in 2019? Why was it necessary to delay the announcement of this new position until 2020?
- A. I appreciate your interest in Tina's career path at Rose Villa! It might be more helpful to understand the full context since she has been a Rose Villa employee for 13 years. She was hired as a part-time weekend receptionist in April of 2009 when she was looking to change careers. Many of you already know from talking to her that she was working in large scale event planning (think Nike, Adidas, Intel, all-night high school grad parties, etc....). Then the recession hit and her position was nearly but not quite eliminated. That is when she joined us on the weekends, and found she liked the culture, the mission, our not-for-profit status, and then waited patiently until a full-time position became available. She actually worked seven days a week from mid-June, when the events industry picked back up, through October 2009, when she came to work for us full-time as OUR events and activities coordinator.

It wasn't long before she became the director of the Resident Services Department. In 2011, she added the Foundation Director of Development role and responsibilities. She joined the Marketing Team in 2013. In January of 2015, she accepted the Director of Marketing and Communications position. She then became the senior managing director in September of 2018. And was promoted again to ED in 2020.

I understand the confusion from the 1099. Per HR records and Board minutes, although we had been planning for some time and she was accumulating additional experience and authority for many months prior, her technical job change happened March of 2020.

- Q2. What is the status of the phone system? Is it now fully installed?
- A. The phone system is fully installed and operational.
- Q3. Is key fob still required to enter the PAC building during day? I often see the PAC door or doors, standing open, and no one in the PAC. I am unsure whether to close the doors or if we are still concerned about non Rose Villa residents making use of the building.
- A. A fob is required to enter the North Main building 24/7. The PAC doors may be unlocked for a specific purpose such as a meeting or event. The PAC doors should be secured when not in use for a group purpose. Please notify Reception if you notice the building is not secure and there is no group use of the PAC at the time.
- Q4. Will residents be given a tour of the new Madrona Grove, prior to the MG residents being moved into their new home on June 1?
- A. The Madrona Grove Open House for independent living residents took place on May 20, from 11:30 am -1:00 pm. The invitation, with details, was published on May 5 and can be found on Touchtown.
- Q5. Now that things are opening up, many of us are requesting off-campus transportation and finding that it cannot be accommodated. Is there an effort to hire more drivers to take us to our destinations?
- A. According to our Transportation Coordinator, very few off-campus rides are not able to be accommodated. Both Beth Knoll and Grey Davis are available five days a week to cover on-campus transportation while our full-time drivers provide

off-campus transportation to independent living and Madrona Grove residents. When they are not available, we do offer to arrange for a taxi. As we enter Phase 3 and new residents move in, we have budgeted to hire a flexible part-time driver to assist if requests increase. If this question is about bus transportation for large groups, that new flexible part-time driver position will be someone who has a CDL, or someone currently on staff will achieve a CDL. Grey Davis plans to get a CDL as well, which will help in that area.

One of the staffing issues is the massive amount of package delivery our paid staff are currently providing to residents, which can impact the availability of the transportation team.

- Q6. Are the Atrium and Heirloom spaces for employees to use as a breakroom? Before COVID they were for residents only. Please clarify.
- A. Before COVID changed the way our staff could break together, Heirloom and the Atrium were open for <u>all</u> community members, both residents and staff. The Orchard Room within the Heirloom space also functioned as a meeting room for residents and staff.

Due to COVID, it was necessary to create more space between staff while they were taking their breaks. We temporarily converted Heirloom, the Atrium, the Club Room, and Board Room into staff use areas. As we move into our new spaces, this is likely to change – however some of these spaces will still not be available for ANY use due to the final part of construction, on the northeast section of South Main, which also involves fire walls and the kitchen. Stay tuned for updates!

- Q7. What is the real reason Harvest Grill discontinued table service? The memo indicated staff shortage, but some staff are saying it is because of 'distancing.'
- A. The real reason is the reason staffing.
- Q8. Why are exercise classes being cancelled and pool closed? It is really hard to get into a routine of going to exercise classes when the classes are cancelled on short notice.
- A. Exercise classes have to be cancelled when an instructor cannot teach (typically due to illness) and René cannot get a sub to cover.

A pool closure happens when a piece of equipment stops working, for repairs, or when there is a heath concern.

- Q9. What are the plans for the corner lot where Bremik is now? I heard last night it will be an employee parking lot. Some people would like it to be (another) dog park.
- A. We will be focusing our attention on that soon. Just about every staff person and every resident has their own priority for it. I had not heard the one about employee parking (which I can definitively tell you will NOT be what it is used for).
- Q10. Someone told me that it was reported that RV has no money for a new dog park. Is this true?
- A. Not true. What I would ask is for everyone here to think about their own financial situation: You have money. You decided what makes the most sense about how you spend it you consider costs, benefits, life span of the investment, your own health, other interests, what your family likes, the list can be almost endless. No, you don't have money for every single thing you COULD spend it on, but you do have money for all the things you decide (through answering all those questions) you WANT (or need) to spend it on.

The same is true for Rose Villa, only even more complex because we have hundreds of individual residents - and hundreds more to come in the years to come – we have hundreds of staff members, we have a LOT of buildings, and 22+ acres, and miles of infrastructure, and vehicles and equipment and.....so many things! We are so lucky that way. Creating a new program or space takes a fair bit of analysis, which is how we will decide what we will use that corner lot for in the future.

About dog parks: the Resident Association Council Pet Committee has developed a wish list for any new dog park and the group has met with Tina. We will not be changing the location of the dog park in 2022, but this is the kind of planning needed for any future decision. If you are interested in this, please contact, or join, the Pet Committee.

- Q11. If RV doesn't want to make a safe dog park, are they recommending that residents drive to a dog park off-campus? If so, which one?
- A. This is an awesome idea for the Pet Committee, plus all dog owners here there are many dog parks in the area. Could we start to rate them? Dog owners can come up with their own criteria and then give each one a grade this would also be very helpful as we look to improve our own dog park in the future, as well. (Plus a great excuse to get out and have fun with your dog!)

- Q12. What are the plans to save plants, shrubs, and trees when the old MG is torn down? Will residents have a chance to garner any of the plantings?
- A. Yes. Our original date was June 2, but because of the change in Madrona Grove occupancy, I bet that is going to change please stay tuned for information on this! We'll have a time for residents and staff to gather plants (as we have done for every single area we have had to demolish) and the Grounds department is also saving plants and repurposing them elsewhere on campus. They have until May 31 to remove plants, giving the rest of us a free rein when it's time.
- Q13. What efforts are Rose Villa making for rooftop solar and charging infrastructure?

We read that the federal government is making a large amount of money available for the installation of solar panels and charging stations. Here at Rose Villa, with our many incoming residents, we will certainly need several 220 volt charging stations and also expanded access to 110 plugs in the very near future. It seems that a continuing care facility for the aged would likely be eligible for these funds.

Is Rose Villa pursuing this funding while it is still available?

A. Wow "...a continuing care facility for the aged..." Before I can go any further, I'd like to say a few words about language. It's really important. We do not use the F word at Rose Villa. We are a community, not a facility. We are not for the "aged" or "elderly." We are for anyone over 55 who wants a rich and fulfilling life and the freedom to make their own choices.

OK, now about federal subsidies: Tina provides an update on our Resiliency Action Plan project at each monthly Resident Council meeting. If you miss the meeting, her comments are available in the notes that the Council publishes after each meeting. To summarize, we are partnered with Green Hammer to perform a complete facilities assessment and project outline which will guide our decision-making for the topics you mention and more. The discovery and documentation phase will be complete in the next couple of months. Once that is complete, residents will have an opportunity to get involved. We aren't going to make solar and EV charging decisions in a vacuum, nor can we be reactive. This is a multi-year, complex, thoughtful process that is going to involve financial commitments on our part, regardless of any subsidy and grant money we obtain.

Q14. How many independent living units are currently on campus?

- A. 221 independent homes, of which 218 are occupied.
- Q15. How many independent-living residents live in those units (approx.)?
- A. Exactly 288 people live in those homes.
- Q16. How many new independent living units will be added in Phase 3?
- A. 41 independent homes will be added.
- Q17. How many new residents will be living in those units?
- A. We expect 63 people to live in those new homes.
- Q18. I don't understand the recent Facilities Department Structure. What is EVS? Who is in charge of it? I think I see two people listed as in charge of this area?
- A. Environmental Services Department is the area it includes housekeeping, laundry, and event set ups. The supervisor of this area is German Sanchez. He reports to Alex Nemeth. So, while German is operationally in charge, it is under Alex's responsibility, along with grounds and facilities.