

Rose Villa Resident Forum

Tuesday, July 19, 2022

Employee Anniversaries

Celebrating **ONE YEAR** with Rose Villa:

- Kyle Baker, LPN, Avencia/Madrona Grove/Clinic
- Diana Biramontes, CNA, Madrona Grove
- Kristina McCollum, Transportation, Courtesy Services
- Derek Felsing, Building Operations Specialist-HVAC, Building Operations
- Traci O'Connor, Accounting Assistant, Finance Department

Celebrating **5 YEARS** with Rose Villa:

- Janice Tumusok, CNA, Madrona Grove

Celebrating **10 YEARS** with Rose Villa:

- Mike Bird, Lead Groundskeeper, Grounds

Welcome New Employees

- Lilith DiMaio, hired as Server and promoted to Lead! F&B
- Campbell Wahlberg, Server, F&B

Welcome Contract to Hire Employees

- Aaron Kachel, Facilities Coordinator
- David Brown, Facilities Coordinator

Please congratulate these staff when you see them!

Welcome New Residents

Lana Bryan and Bob Whitsitt are moving into Trillium Townhome #8202 TODAY, July 19, from Monterey, CA.

Hobbies & Interests: Bob: Travel, movies, science, theater, food, and wine.
Lana: Reading, travel, movies, food and wine, Europe, Paris.

Former Occupation: Bob: Senior Quality Assurance Engineer. Lana: Senior Technical Writer.

Their phone number is (971) 371-4072.

Paula Wiiken and Howard McEwan are moving into Trillium Townhome #8000 TODAY, July 19, from Ashland, OR.

Hobbies & Interests: Paula: Reading, being outdoors, movies, theater.

Howard: Pickleball, skiing, hiking, swimming, reading, health maintenance.

Former Occupation: Paula: Certified Financial Planner and Investment Advisor.

Howard: Attorney at Law.

Their phone number is (971) 371-4070.

Jack and Sallyanne Wilson are moving into Trillium Townhome #8004 tomorrow, July 20, from Portland, OR.

Hobbies & Interests: Jack: Photography, hiking, birding, genealogy, history, technology, environment.

Sallyanne: Environmental protection, civic participation.

Former Occupation: Jack: Journalist.

Sallyanne: Foundation executive, Journalist.

Their phone number is (971) 371-4074.

Bob Sack and Corinna Campbell-Sack are moving into Trillium Townhome #8005 on Thursday, July 21, from Lake Oswego, OR.

Pet(s): Two Dove Lewis therapy dogs, Nixon & Lena

Hobbies & Interests: Corinna: Painting, gardening, birdwatching, therapy work with their dogs.

Bob: Biking, golf, cooking, sustainability, politics, taking classes at PSU, reading non-fiction.

Former Occupation: Corinna: Graphic Designer.

Bob: Physician, Psychiatry.

Their phone number is (971) 371-4075.

Announcements

Food and Friends

Join your neighbors for a do-it-yourself dining experience. Sign up as a Host or Guest and be randomly assigned to a group that plans their own meal/format/date (brunch, potluck, snacks and drinks, progressive dinner, on/off campus, etc.)

Sign up after the Forum with Susan Hyne.

And now Susan Hyne will join us to talk about name tags.

Upcoming Events

Tryon Creek Birding – Bus trip on Wednesday, July 20 from 8:00 AM – 10:30 AM. Woodpeckers and swallows and jays, oh my! Join Patty Newland for another exciting tour. Tryon Creek State Park is ADA accessible and has benches for resting. Sign up on Touchtown or by calling ext. 3289 by today at 5:00 PM.

Pacesetter's Berry Picking Trip – Friday, July 22 from 9:00 AM to 12:00 PM
Are you a Pacesetter? Join us for a fun berry picking outing! Ride the bus, or carpool and follow the bus. Sign up by calling ext. 3289 and let us know if you want a seat on the bus or if you will drive yourself. Bus leaves at 9:00 am. See Flyer for details Not a Pacesetter? Pick up a form at Resident Services Counter!

Talk with Tina- Friday, July 29 12 PM – 1:30 PM. Join Tina at the Harvest Grill for casual conversation about any topic you have in mind. Bring your own lunch, purchase from the Harvest Grill, or just join for the conversation. If the weather is nice, we will sit outside! Put future dates on your calendar as well! 8/5, 8/19, 9/2, 9/30. Same time, same place.

Tea 101 Class – Friday, July 22, from 2:00-3:00 PM in the PAC North.
No matter what type of tea you enjoy - white, yellow, green, oolong, black, or Pu-Erh- they were all made from the Camellia Sinensis plant! Join Dewey Meyer to explore what makes it possible to transform this plant's wonderful leaf into six different types of tea and taste the difference for yourself.

Meet the Staff – Monday, July 25 at 1:00 PM in the PAC North.
Come meet Jim Willeford! You've probably seen him around campus, but have you met Jim yet? Our new Director of Strategic Operations has many interests and skills! Come chat with him and find out what floats his boat. (Hint: ask him about beer...)

Schroeder Lofts Building Open House – Thursday, July 28 from 1 PM - 3 PM.
You are invited to tour the first floor of the Schroeder Lofts building and explore the community areas that will open to all of you soon! This is the reschedule of the previously postponed tour due to construction timeline. Homes are not available to tour due to the current stage of the project. We do not yet know what the accessibility will be on the day of the tour for residents who use assistive devices.

We will make every effort to ensure accessibility, but it does remain an active work zone.

Oregon Zoo Bus Trip - Friday, July 29, from 8:30 AM-11:30 AM.

With over 1.5 million annual visitors, see why The Oregon Zoo is the Pacific Northwest's most popular attraction! Home to over 2,500 animals of over 200 different species and thousands of native and exotic plants, the 64-acre zoo must be seen to be believed! The Zoo is ADA accessible and has plenty of spaces to rest along the way. Sign up on Touchtown or by calling ext. 3289 by Wednesday, July 27. Transportation will cost \$7.25, and admission is \$24.00. No refunds for admission will be given after Wednesday, July 27.

Drumming with Steven Skolnik – Thursday, August 4, at 2:30 PM in the PAC North. Rhythm instructor Steven Skolnik returns for a full hour of percussion! Borrow an instrument or bring one of your own. Class size is limited to 20 people. Sign up on Touchtown or by calling ext. 3289.

Classical Club – Thursdays, August 4 & 18, at 1:00 PM in the Tranquility Room. Join classical radio host, Terry Ross, for an hour of expertly curated classical music!

Memory Garden Bus Trip – Friday, August 5 from 9:00 AM - 11:00 AM. In observance of August's Wellness theme of Brain Health, take a ride to the beautiful Portland Memory Garden. The Garden is designed as a healing place that supports the needs of those experiencing memory loss. It is ADA accessible, has plenty of shaded areas, and places to rest. Transportation will cost \$7.25. Sign up on Touchtown or by calling ext. 3289.

English Country Dance and Class – Sundays, August 7 & 21, from 3:00 - 5:00 PM in the Fitness Studio. This type of social dance is easy to learn and a nice way to get up and moving without many rigorous steps. Music for English dance ranges from hauntingly beautiful tunes to up-tempo reels and jigs. Each dance is taught by the caller (teacher) before it is danced, and the session includes both dance steps and terminology. Both beginning and experienced dancers are encouraged to join!

Lance Rhoades August Presentation – Monday, August 15, at 2:00 PM on Zoom. Join Lance for another exciting media series presentation. This month, he will discuss the history of movie Westerns. More details will be available on the flyer that will come out in early August.

Brain Aerobics – Tuesday, August 16 at 11:00 AM on Zoom.

August is Brain Health Awareness Month! Keep your brain active and join René for a round of Brain Aerobics. Have a pencil and paper ready! See flyer for details and the Zoom link.

Knife Sharpening by Bob Lease – Mondays from 10:00 AM -12:00 PM at apt. 3030. Bring your knives to Bob for a tune up! He can sharpen most any metallic knives, scissors, clippers, and gardening tools. Donations benefit the Rose Villa Foundation and the Woodshop.

Ice Cream Truck – Mondays from 5:00 PM – 5:30 PM outside the PAC. Cool off from the heat with a tasty treat! Every Monday till the Fall, residents and employees can enjoy a variety of frozen desserts, which can be purchased with cash or card.

Monday Night Movies – Mondays at 6:30 PM in the PAC. August’s weekly movies will focus on the DEIA theme of Women’s Equality. Enjoy acclaimed films and documentaries about women’s stories on the big screen! See flyer for details.

Tuesday Market – Tuesdays from 10:00-11:30 AM in the Garden Grove Event Space. “Lettuce” “beet” our feet to the market! “Peas” support the Rose Villa Foundation by buying veggies grown right here at Rose Villa. Bring your own bags! Musical entertainment will be featured on some days.

Next Resident Forum: Tuesday, August 16, at 2:30 in the Performing Arts Center.

Q & A

Q1. It is very dark outside my front door, and I am afraid of tripping and falling. I would feel much safer if there was a light out there. Is there any way that the foundation might help with this problem?

A. Campus lighting and related safety needs are managed by Rose Villa as a part of our ongoing maintenance and safety management. Please submit a work order and a person from the Facilities Dept. will contact you and work on a solution.

Q2. Why don't we have garbage disposals in our homes? From my limited research, it is questionable whether composting the way we do it is more environmentally friendly than sending it to the wastewater facility.

B. One main reason plus a practical long-term reality: We have been clearly told by Oak Lodge Water that sending food scrap material through their treatment plant results in higher water temperatures in the Clackamas River which damages the water life environment. Additionally, grinding up and shoving 3-D material through pipes, regardless of how much you try to liquify it, makes for problems with pipes at some point (think of the campus network of waste pipes).

Q3. The Schroeder Lofts Rec Room on the first floor has a kitchen. Is there a budget to purchase dishes, pots/pans, etc.? If there is not a budget, can residents start to collect donated items?

A. A coffee pot, and trash and recycle cans will be provided in the Rec Room kitchen. The hope is that as residents settle into using the room, that the kitchen set up will develop just as the Pavilion kitchen did. Residents gathered the kitchenware to create a useful space. Feel free to begin planning and collecting, but hold onto the items until the room fully opens and we can move in.

Q4. I've heard that the foundation is doing a lot more now to help residents, and that now you don't need to be nearly destitute to get some help with things. Can you give a few more details about what that means and what it involves? What about how my refundable fee, how does that factor into things?

A. The foundation has added free financial coaching for those who have lived at Rose Villa for seven years or more or have experienced the loss of a spouse or have had a major health or financial crisis. For fewer than seven years of residency, you can still obtain financial coaching, and at only 40% of the full cost, or \$160. Also, the Foundation will pay for the extra help of a professional organizer and the free coaching session if a resident can no longer navigate or access their assets on their own. The Foundation has also added Community Benefit Grants for resident and staff committee projects that need funding. Pillar I Resident Assistance is now easier to access, and if you can continue to live independently, you can now apply if you have assets of \$150,000 or less, and that includes your refundable fee. You only need to show two years of financial documentation to apply rather than five years. Feel free to contact Cheryl Franceschi in the Foundation office to learn more details.

Q5. There's a rumor that Rose Villa is trying to broaden their reach in the Milwaukie/Oak Grove area by purchasing buildings and/or land. If this is true, why isn't there a budget for backlogged maintenance issues?

A. Rose Villa's strategic plan includes obtaining property that is contiguous to our campus or close enough to become contiguous in the future. Property purchases are separate from our annual operating budget and therefore, ongoing campus maintenance does not compete for those resources. If you have a work order that has not been completed, please contact Jim Willeford for follow up.

Q6. Could you please tell us when the postponed resident tour of Schroeder and Trillium will take place?

A. The construction advancement and timeline have determined our ability to host Phase 3 tours. The hardhat tour of the Trillium Townhomes has already happened. We can open the first-floor community areas of Schroeder Lofts to residents for a tour on July 28 from 1-3pm.

Q7. Could you please tell us who is on the committee to decide what to do with the SEEDS space?

A. Tina will begin the conversation with Resident Council. A workgroup will be formed with a Council representative and then residents will be invited to participate. This will begin taking shape during the August Council meeting prep.

Q8. RV got a nice start on replacing pock marked sidewalks last fall and then bad weather set in. Will that project continue or is that the end of it?

A. The sidewalk repair project will unfold over the course of many years. That was not the end of it.

Q9. Last week, I could hear "construction" noises happening in the early part of the morning, near my home. Why did we not get forewarning of this project?

A. The reason for this specific occurrence is unknown. The Building Operations and Renovations teams have been reminded to notify residents about work that is scheduled in their neighborhood.

Q10. I am concerned about fire seasons this year and in the coming years. I have specific concerns about indoor air quality and temperature in the South and North Main buildings. What are Rose Villa's plans to manage both, now and into the future?

A. Potential smoke and heat conditions are assessed, and planning is implemented as components of our annual operations, emergency response, and long-term resiliency planning. We have procedures for operating our HVAC systems through smoke events to protect indoor air quality to the extent we are able. We can control the air handlers in North and South Main which allows us to monitor air quality and adjust air exchange to keep as much smoke out of the building as possible. We own and operate large volume air purifiers to help improve air quality within specific community spaces and own portable air conditioners for use during extreme heat events. As technology changes and we plan for future projects, environmental conditions are factored into our decision making.

Q11. According to the City of Milwaukie’s Water Quality Report dated 2021, Milwaukie’s water is moderately hard. Accordingly, their advice is: “It’s important to flush hot water heaters at least once a year to keep calcium levels under control.” Should Rose Villa be doing this?

A. We are in frequent contact with Oak Lodge Water District to receive advisement about water conditions and actions we should take for the health and safety of our residents and systems. Oak Lodge and therefore Rose Villa, source water from the Clackamas River. The City of Milwaukie sources water from the Troutdale Aquaphor. Our direction may look different than what Milwaukie residents receive from their water district.

Q12. Related to the Phase 3 buildings, will there be a doggie station, outside drinking fountain, and decorations for posts on top of the Schroeder north end plaza?

A. 1) Doggie station? Yes, all our greenspaces are populated with dog waste stations. 2) Drinking fountain? No. 3) The “Schroeder north end plaza” is officially named “Riverview Terrace” and the posts will be used for mounting whatever is most useful to and meaningful for the space. For example, we are exploring shade sails.

Additional Live Q&A

Q13. The new plants in the Phase 3 construction zone need watering and to be evaluated for correct planting. How can residents help with this work so the plants survive?

A. Bob and Jim noted this on their daily site walk and have informed the contractor. The contractor has an obligation to install and care for plants and must also replace any that do not survive. We expect quick resolution and will monitor daily.

Q14. The library is too small. Now that staff offices in the admin area vacant, please enlarge the library.

A. Staff offices in the admin area are not vacant. They are still occupied by staff. A resident library representative met with Tina to share a plan for how the capacity for books could be increased within the current library footprint. This plan has been approved and the project will move to resident presentation, planning, pricing, scheduling, and installation within a timeline that is workable for Rose Villa.