

Rose Villa Resident Forum
Tuesday, September 27, 2022

Employee Anniversaries

Celebrating **ONE YEAR** with Rose Villa:

- Meridee Lamon, Housekeeper, Environmental Services
- Keefe Souza-Bridges, Laundry, Environmental Services

Welcome New Employees

- Mary Miley, IT Tech, Technology Services
- John Wallent, Server, Food & Beverage
- Ken Carpenter, Building Ops Tech, Facilities
- Diana Hernandez, Environmental Services Manager
- Rick Hamell, IT Director, Technology Services

Staffing Changes

- Trinity Cortez will be our new Lead Server in the Madrona Café after it opens sometime this fall.
- Carrie Currin, who has been with Rose Villa for 11 years in Health Services and most recently as Avencia Staffing Coordinator, is our new Recruitment & Onboarding Specialist in HR.

Welcome New Residents

Becky Gish and Roxanne Malter moved into Schroeder Lofts # 8103 on August 17, from Portland, OR.

Hobbies & Interests: Becky: Dog stuff, technology, music, scuba diving, disabilities, computer support, multi-media, travel, photography, jazz, women's soccer and basketball, rugby, putting things together.

Roxanne: Hiking, kayaking, reading, exploring the outdoors, training animals, hiking with dogs.

Former Occupations: Becky: Technology/AV analyst in education.

Roxanne: Math teacher, Instructor at PSU.

Pets: One cat and one dog.

Their phone number is (503) 905-5070

Al Levit and Pat Rehberg moved into Schroeder Lofts #8200 on August 18, from Wilsonville, OR.

Hobbies & Interests: Pat: Reading, traveling, socializing, current events.

Al: Stained glass, current events, puzzles, reading.

Former Occupations: Pat: Administrator, MSW. Al: Chemist.

Their phone number is (503) 905-5071.

Joan Ottinger moved into Trillium Townhome #8003 on August 18, from Portland, OR.

Pet(s): One cat.

Hobbies & Interests: Walking, gardening, reading, knitting, baking.

Former Occupation: Public Health.

Her phone number is (971) 371-4073.

Jaime Gustafson moved into Schroeder Lofts #8210 on August 22, from Milwaukie, OR.

Hobbies & Interests: Gardening, dog agility and training, sewing, artwork, politics, climate change, book clubs, protesting, travelling, reading to children.

Former Occupation: Veterinary Receptionist

Her phone number is (503) 905-5092.

Terri and Phil Alexander-Cox moved into Schroeder Lofts #8308 on August 23, from Decatur, GA.

Hobbies & Interests: Phil: Carpenter, sculptor, environmental education, early childhood and art education, nature studies, architecture, religion and spirituality, crystals. Terri: Photography, clay, Zumba and Cajun dance, early childhood education, astronomy, art.

Former Occupations: Phil: Elementary School Art Teacher, Artist/Illustrator.

Terri: Pre-school Teacher.

Their phone number is (971) 347-1208.

Mary Solstad moved into Schroeder Lofts #8309 on August 24, from Milwaukie, OR.

Hobbies & Interests: Knitting, reading, walking, vegetarian cooking, watching old movies, discovering new craft beers.

Former Occupation: PRN, Team Leader in Endoscopy Department at Providence Anchorage, Health Facilities Surveyor for state of Alaska.

Pets: One dog.

Her phone number is (971) 347-1209.

Nancy Sellers moved into Schroeder Lofts #8304 on August 25, from Portland, OR.

Hobbies & Interests: Reading, walking, travel, yoga, meditation, social justice.

Former Occupation: Manager

Her phone number is (971) 347-1207.

Donna Burrell and Jane Eggerstedt moved into Schroeder Lofts #8305 on August 29, from Shreveport, LA.

Hobbies & Interests: Jane: Birding, foodie, orchid-growing, eco-travel, cinema, theater, classical music, museums, books, exercise. Donna: books, native plants, design history, travel, hiking, canoeing, music/cinema/theater, food and wine, piano, soprano recorder. Both Donna and Jane are active in several charities that reclaim and preserve habitats around the world.

Former Occupations: Jane: Emeritus Professor of Surgery, Cardiothoracic Surgeon. Donna: Labor Relations, English Teacher.

Pets: Three cats.

Their phone number is (971) 347-1205.

Mac and Joan McPherson moved into Schroeder Lofts #8206 on August 30, from El Dorado Hills, CA.

Hobbies & Interests: Mac: Flying, scuba diving, motorcycling, travel, history, current events. Joan: Reading, travel, singing, dancing, photography.

Former Occupations: Mac: Computer Engineering Manager. Joan: Hearings Reporter, Administrative Assistant, Legal Secretary.

Their phone number is (503) 905-5084.

Jeff and Phyllis Weih moved into Schroeder Lofts #8312 on August 31, from Portland, OR.

Hobbies & Interests: Phyllis: Reading, gardening, natural environment, scrabble, zoology, botany, geology, psychology, economy, horses, dogs, and cats.

Jeff: Gardening, recycling, ecological economics, alternative dwellings.

Former Occupation: Phyllis: Physician Assistant/Licensed Professional Counselor.

Jeff: Physician Assistant/Licensed Acupuncturist.

Their phone number is (971) 708-6229.

Diedrich and Nancy Dasenbrock moved into Schroeder Lofts #8212 on September 1, from Portland, OR.

Hobbies & Interests: Diedrich: Photography, woodworking, museums, vintage race cars, antique airplanes, literature, jazz music. Nancy: Paint, garden, entertain, read, sew.

Former Occupations: Diedrich: Artist, craftsperson, photographer. Nancy: Artist, Homemaker.

Their phone number is (503) 905-5094.

Nadine Larson moved into Schroeder Lofts #8301 on September 6, from Westlake Village, CA.

Hobbies & Interests: Creative arts, painting, gardening, cooking, being outdoors, sewing, learning new things.

Former Occupation: Bookkeeper.

Her phone number is (971) 347-1201.

Joel and LouAnn Metzger moved into Schroeder Lofts #8403 on September 7, from Beaverton, OR.

Hobbies & Interests: Joel: Walking, racquetball, international economic development. Louann: decorating, landscape design, walking, travel, culture, languages, politics, climate change, gardening, recycling.

Former Occupations: Joel: Computer development, Finance.

Louann: Life Insurance Industry, Management Consultant, Trainer, Recruiter, Event Planner, Aerobic Dance Instructor, Volunteer Coordinator.

Their phone number is (971) 708-6233

John and Lou Chapman moved into Schroeder Lofts #8400 on September 8, from Portland, OR.

Hobbies & Interests: John: Swimming, e-biking, hiking, adventuring, restoration, architectural lighting, healthy activities, reading, plays, movies. Lou: Current events, books, games, plays, movies, flowers, healthy eating, dogs and cats, walking, gardening, road trips.

Former Occupations: John: General Management.

Lou: Work at Portland General Electric, Pacific NW Bell and Montgomery Ward.

Their phone number is (971) 708-6230.

Diana Stallard moved into Schroeder Lofts #8302 on September 12, from Portland, OR.

Hobbies & Interests: Music, hiking, hand drums, team sports, dragon boats, book clubs, climbing, trying new things, and having new experiences.

Former Occupation: Registered Nurse, lab assist, tannery-hide trimmer.
Her phone number is (971) 347-1202.

Molly Holsapple moved into Schroeder Lofts #8211 on September 13, from Portland, OR.

Hobbies & Interests: Reading, travel, volunteering for non-profit agency and in SMART.

Former Occupation: Policy Analyst, Oregon Department of Human Services.
Her phone number is (503) 905-5093.

Ken and Jan Nolley moved into Schroeder Lofts #8202 on September 15, from Salem, OR.

Hobbies & Interests: Jan: Reading, gardening, crossword puzzles, travel, volunteering, social justice, sentencing and re-entry legislative issues.

Ken: Photography, gardening, reading, music, visual arts, books, film, travel, social justice, sentencing and re-entry legislative issues.

Former Occupations: Jan: Social Worker.

Ken: College Professor and Administrator.

Their phone number is (503) 905-5073.

Toni Harlan moved into Schroeder Lofts #8204 on September 19, from Portland, OR.

Hobbies & Interests: Mah Jongg, gardening, walks.

Former Occupation: Nurse Practitioner.

Pets: Two dogs.

Her phone number is (503) 905-5082.

Emily Rampton moved into Schroeder Lofts #8300 on September 20, from Portland, OR.

Hobbies & Interests: Crossword puzzles, reading, gardening, travel, learning about far-away places, watching Jeopardy and Masterpiece.

Former Occupation: Clerical Work.

Pets: Two cats.

Her phone number is (971) 347-1200.

Marti Franc moved into Schroeder Lofts #8102 on September 21, from Oregon City, OR.

Hobbies & Interests: Gardening, walking, yoga, birding, drawing, sketching, travel, climate change advocacy for progressive policy, volunteering and meeting new people.

Former Occupation: Public Health Director, Clackamas County.
Her phone number is (503) 905-5069.

Nancy Dorn and Carol Verga moved into Schroeder Lofts #8404 on September 22, from Seattle, WA.

Hobbies & Interests: Carol: Art, fishing, cooking, meditation, water exercise.
Nancy: Yoga, Qigong, walking, photography, cooking, travel, reading, volunteering, films, symphony, cultural events, music.

Former Occupations: Carol: Nurse Practitioner, Nurse Midwife.
Nancy: Nurse Practitioner.
Their phone number is (971) 708-6234.

Liz Campbell moved into Classic Cottage #216 on September 22, from Portland, OR.

Hobbies & Interests: Sewing, travelling, lifelong learning, Spanish language.
Former Occupation: Owner of Kids at Heart Toys.
Her phone number is 503-652-3216.

Kathleen Glover moved into Schroeder Lofts #8101 on September 26, from Portland, OR.

Hobbies & Interests: Water color painting, quilting, knitting, gardening, baking, reading, games, history.

Former Occupation: Pediatric Nurse Practitioner.
Her phone number is (503) 905-5068.

Art Martin is moving into Schroeder Lofts #8202 TODAY, September 27, from Lake Oswego, OR.

Hobbies & Interests: Gardening, woodworking, reading, semi-news junkie.
Former Occupation: Civil Engineer.
His phone number is (503) 905-5087.

Announcements

Members of the **Hearing Support Group** are here to talk about the Otter program.

Health Service Grab Bag – COVID and more!

Seeking ideas!

The flow of creative ideas generated by residents is always remarkable! To make it easier for residents (and staff) to submit ideas, we have created a new email address for you to use. The email address is ideas@rosevilla.org. For anyone who does not email, a hotline is being set up to accept messages. We will publish that number as soon as the line is ready to use.

Call for ideas: It's time! For the last few years, we have put out a call for residents to submit ideas/wish list items for the community. This ask is made during the time of year when we are preparing the next year's budget and forecasting for future expenses. This process makes it possible for us to plan for projects and programs that are meaningful to all of you. Collecting ideas is only one step in the process. Sorting, assessment, prioritization, and communication with residents follow. You can submit ideas year-round; you don't have to wait until the call for ideas is announced. Please use the new email address and soon, the hotline.

Facilities Department Update – we are hiring and interviewing and hope to have this department back to regular strength soon.

Air Quality - we are working on creating standards around indoor air quality, working with the EPA and other sources.

PAC Sound system – We are reviewing options to upgrade and hope to incorporate the Otter system, which projects captioning as a speaker talks, into this effort.

North Main Access Controls – We have changed our operational system to make sure the PAC doors are locked appropriately and are pursuing a bid to install access controls, so that will be more tightly in our control in the future.

Budgets – Capital and Operating Review

The Capital budget is the budget for purchasing new assets and making campus improvements. The Operating Budget is the budget for daily work that happens on campus. The Master budget is the budget that captures both capital and operating expenses and is most helpful for future planning. Just as the uses of the budgets are different, so are the sources. In general, Entrance Fees go toward the Capital budget and Monthly Fees toward the Operating budget.

How can residents provide input?

- Resident groups' ongoing communication with Rose Villa team about what's working, what is missing, new ideas for programming or services. Wouldn't it be great if? What about?
- Resident Council regularly shares information with Tina – that input is always a part of budget discussions.
- Capital projects/planning – Tina will be meeting with residents to hear new ideas and help determine what projects are priorities for residents, both short and long-term. This will help guide immediate capital projects and design a more robust long-term strategic capital plan as well.

The picture of our financial health is drawn from multiple sources. It is hard to tell the full story with only one source, or one ratio, or one report to look at. What is some of this information?

- We conduct an outside audit every year (Touchtown, *RVI Financial Reports* icon)
- We provide quarterly financial statements (Touchtown, *RVI Financial Reports* icon)
- Financial ratios are available to compare to other CCRCs (benchmarking) so we can see how our numbers compare to others
- Review actual to budget so we can see if we were able to do what we said we'd do

Angela Hansen will continue to provide these short financial reports at future Resident Forums – HOWEVER, if you'd like to dive in more depth, she is hosting a meeting for YOU on October 28 at 2pm in the PAC. (And please do not forget to let her know which walk-up song you like best!)

Calling all crafters, sewers, artists, and foodies!

Rose Villa Holiday Pop-Up Shops are coming to campus Thursdays, Fridays, and Saturdays from 10:00 am to 2:00 pm, from October 20 – December 24. It's easy for anyone to participate, resident or friends! Reserve a sales spot in the former SEEDS space in the North Main building. Sign up for just one day, or multiple days. Multiple vendors share the space each day, so every market day is different! There is no fee for the space; simply commit 20% or more of your sales to support Rose Villa Foundation. To sign up for a space or learn more, contact Cheryl Franceschi at cfranceschi@rosevilla.org or ext. 3075. Proceeds benefit Rose Villa Foundation.

Join the Boo Crew!

Halloween is Grey's favorite holiday and they want to make it *spooktacular* this year, but they need help! If you are interested in planning Halloween activities

and/or decorating, send them an email at gdavis@rosevilla.org or give them a call at ext. 7001.

Upcoming Events – a sheet will be included in the published notes that will contain the information from the events scrolling before the meeting started.

NEXT RESIDENT FORUM: Tuesday, October 18, 2:30. PAC

Q & A submitted before the Forum

Q1. We were curious about the specifics of the good news about the recent bond re-financing. It sounds as though you nailed down a good interest rate, and just in time.

A. Thanks for your interest! Our previous average interest rate on the 2014 bonds was 5.821%. Our refinanced average interest rate is 3.832%. Which translates into an average annual debt savings of more than \$384,000 and (potentially) gross savings of over \$10.5 million dollars over the life of the bonds. Our Net Present Value savings are 15%.

Q2. We're also curious about the composition and trends in Rose Villa's wait list—how many folks currently, for which type of apartment, what changes have there been over time in the type of apartment generating the longest waiting list, and so on. Has there been a dropping off in Future Resident deposits, now that mortgage interest rates are rising?

A. Rose Villa currently has 230 people on our master waitlist. We do not segregate the waitlist by home preference, as individual preferences can shift while waiting. We can say that currently, the most desirable homes for our waitlist are 2-bedroom pocket cottages and Garden Grove. As of this meeting, 2022 has been the highest year to-date of converting guests to the waitlist. Of the approximate 100 people we speak with each month who are new to Rose Villa, we can expect to convert anywhere from 10-15% to the Future Resident Club. We don't typically see mortgage rates influencing waitlist conversions because the average wait can be anywhere from 2 to more than 10 years, depending what the person desires.

Q3. We are alarmed by the recent drop-off in “vividly colored, high quality vegetables” appearing on the menu. Carrots do appear regularly, but are high carb.

The fresh fruit is wonderful, but side veggies are more and more often green beans, peas, and corn. We understand it's all driven by supply and demand, but we'd be willing to pay a premium.

Would you consider some sort of price strategy for premium vegetables?

A. Assuming you are referring to the daily vegetables (by far the most popular on the menu), they are not prepared to order. These vegetables are prepared before the meal service (lunch or dinner) and then held hot in a hot box. Only certain types of vegetables can really hold up to this type of 'hot holding' system, which is why you'll often see sturdier vegetables, like carrots, on the daily vegetables list.

HOWEVER, the side vegetables that are also available, ARE cooked to order. This includes our grilled vegetables (generally zucchini, or squash and zucchini) and our steamed vegetable medley (generally consisting of cauliflower, broccoli, carrots, and green beans) Both of these options are prepared to order. And, of course, there are also the side and full sized salads to choose from as well.

Often, vegan or vegetarian diners choose to put a meal together through an assortment of sides. We have rounded out some of the Harvest Grill menu items with vegan options that have historically been very popular. An example is the baked potato combo, which can be a traditional baked potato, but it can also be a vegan baked potato, topped with hummus, green onion, and freshly diced tomato and bell peppers. You can pair this with grilled vegetables, the side salad, or steamed veggies and have a hearty meal with no meat.

We do base menu decisions around sales (as an example, we discontinued Meatless Monday because sales were about half of sales on other nights) AND we try to make sure we offer both specials and Harvest Grill items that appeal to a broad and diverse community. It is a big ask to expect any restaurant to be able to accommodate two meals/day, seven days/week for a specific diet - you will get bored. What we strive for in Food & Beverage is to provide regularly changing options and variety (daily specials) that are broadly appealing, and a seasonal Harvest Grill menu that contains many alternate options to satisfy the many dietary preferences of our residents.

Please join the food think tank, so we can hear more from your perspective, and continue to share the 'behind the scenes' info that guides our menu decision making process.

Q4. There were plans in the works back a while to place front porches on and reroof Classic cottages. Where do these plans stand in the current progression on

the campus? Is it at all possible that the North Star project is taking precedence? Can you give us a timeline for the proposed upgrades to the Classic Cottages?

A. North Star has no impact on Classic Cottage renovations.

We prioritize interior renovations on homes that turn over and are re-sold, and critical projects that need attention like leaking roofs, siding repair, other damage, etc... (A recent prioritization example was the renovation of Rose Court infrastructure and exterior.)

Whole exterior Classic Cottage building renovations are major projects. We have done one building and we'd like to have a plan for future exteriors that is a little more affordable than that building was, given that no entrance fees are received to offset the cost. Because of construction material escalation and the extreme scarcity of contractors willing to take on any job that is not a large one, we are not feeling very positive about being able to materially move this forward in 2023. When conditions improve and we have fewer other big projects to fund, these exterior upgrades will slot into future renovations planning.

Q5. At many concerts and plays we attend, there are vans from several CCRCs but none from Rose Villa. Can we work out a mutually beneficial arrangement with Willamette View to share transportation resources, which might afford our residents expanded access to cultural events at minimal cost?

A. We have looked into this at different times in the past. There has been significant inertia at play – we'll talk about it, but then it does not happen. My guess is that the coordination may be an issue, I know that there are insurance concerns, and it is likely just not a high enough priority to make it happen. I do know that Mirabella has cancelled their symphony and play transportation due to lack of staffing in their transportation department. We are certainly willing to revisit this topic for the 2023-2024 Oregon Symphony season.

Resident Forum

Tuesday, September 27, 2022

Upcoming Events

Healthy Aging Week – This Week, September 26-30

Enjoy activities that encourage healthy aging! After this Forum, there will be a Poetry Slam on Zoom, tomorrow there is a pool party, and more! See flyer for details.

Sauvie Island Pumpkin Patch Trip – Friday, September 30, 8:30 AM-12:00 PM Bus Trip

Take a ride to two farms—Bella Organic and “The Pumpkin Patch”—for seasonal veggies, confections, cider tasting, and more. Bring some bags and cash! Sign up on Touchtown or by calling ext. 3289.

River Road Cleanup – Friday, September 30, from 1:00 PM – 2:00 PM – Bus Trip

Help fulfill Rose Villa’s long overdue Adopt-a-Road obligations by cleaning up our section of River Road. Safety and sanitary equipment will be provided. Sign up on Touchtown or by calling ext. 3289.

Fall Remembrance Ceremony – Friday, September 30, at 3:00 PM in the PAC and via Zoom. Join your neighbors as we remember Lois Davidson, Betty Roholt, Mary Cooper, Bob Bauman, Gloria McFadden, and Art Emlen.

Monday Night Movies – Mondays at 6:30 PM in the PAC

October’s weekly movies will be an eclectic mix! Our Halloween feature will be a dive-in movie of the sci-fi classic, *Cocoon*. Feedback is always welcome; email Grey Davis at gdavis@rosevilla.org with any suggestions or concerns. See flyer for details.

English Country Dance and Class – Sundays, October 2 and 14, 3:00 - 4:30 PM in the Fitness Studio

This type of social dance is easy to learn and a nice way to get up and moving without many rigorous steps. Music for English dance ranges from hauntingly beautiful tunes to up-tempo reels and jigs. Each dance is taught by the caller (teacher) before it is danced, and the session includes both dance steps and terminology. Both beginning and experienced dancers are encouraged to join!

The length of the class has been reduced due to worries about fatigue. The instructor, Ric, would like to emphasize that dancers do not need to come with a dance partner to enjoy the class.

Classical Club – Thursdays, October 6 and 21, at 1:00 PM in the Tranquility Room

Join classical radio host, Terry Ross, for an hour of expertly curated classical music!

Resident/Board Mixer – Thursday, October 6, from 3:30 – 5:00 PM in the PAC
Join the RVI Board of Directors for a get-to-know-you session in the PAC. These sessions are always full of information and it's great to stay in contact with the Board.

Blake Johnston Music – Monday, October 10, from 11:00 AM – 12:00 PM in the PAC

Blake is a graduate of The Berklee College of Music in Boston, MA. He can play several different styles of music including Country, Standards, Sing-along, and Rock. He is a member of the Fleetwood Mac Tribute band "Gold Dust." Enjoy an hour of guitar and vocal tunes!

Flu Shot Clinic – Tuesday, October 11, starting at 9:00 AM in the PAC

Sign up by calling ext. 3289 by October 4. Appointments will be given in order of calls received. Please bring your insurance card.

Sinister Songs and Terrifying Tales Preview – Friday, October 14, from 3:00 – 4:00 PM in the PAC

Heidi and Grey Davis will be previewing their Halloween fundraiser show for Rose Villa to enjoy. Join them for short stories and related songs to usher in a spook-tacular Halloween!

Walk to End Alzheimer's – Saturday, October 15, at the Oregon Zoo, and Sunday, October 16 at Rose Villa.

Help in the fight to end Alzheimer's and other forms of dementia by joining the Rose Villa Team! Since 2006, Rose Villa has raised thousands of dollars for the Alzheimer's Association for vital research and programs. This year, we've set a goal to raise \$7,000.

How can YOU help?

1. DONATE to the RV Team through the Alzheimer's Association website OR write a check to the "Alzheimer's Association." A secure lockbox will be

available next to the ATM by the Resident Services Counter. Donors will receive an Alzheimer's Walk flower to be planted in our Rose Villa Promise Garden to honor folks near and dear to them.

2. Encourage your family and friends to donate to the Rose Villa team.
3. Participate in the Alzheimer's Walk at the Oregon Zoo on October 15.
4. Participate in Rose Villa's own Alzheimer's Walk on October 16.

The Promise Garden is open and ready for "planting!" See flyer for details.

Flower Power Trivia Night – Tuesday, October 25, 6:00 – 8:00pm in the PAC. Mark your calendar! Our fabulous friend and neighbor, Kate Dins, hosts three 15-minute trivia rounds of 60's-themed trivia. Family, community members, and staff are welcome to come play or watch. The cost is \$80 per team, four people per team, with a limit of 12 teams. \$12 PEANUT GALLERY seats for spectators are available at the door! The registration fee includes music, snacks, a tasty cocktail, and soft drinks. FUN PRIZES for the top winning teams! It's a fundraiser, so bring cash for the 50/50 Drawing. \$1/ticket or 6 tickets for \$5. Sign your team up now...spots are going fast! Contact Cheryl Franceschi at cfranceschi@rosevilla.org or call ext. 3075.

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