

Rose Villa Resident Forum

Tuesday, May 16, 2023

We would like to open the Forum with a group of residents wishing everyone who has a May birthday a very “Happy Birthday!”

Employee Anniversaries

Celebrating **ONE YEAR** with Rose Villa:

- Cara Colt, CNA, Madrona Grove
- Shannon Karson, Personal Care Aide, Avencia
- Anthony Rudich, Cook, Food & Beverage
- Lara Voravong, Server, Food & Beverage
- Jim Willeford, Director of Strategic Operations

Please congratulate these staff when you see them!

Welcome New Residents

Ardine Kanights moved into South Main loft apartment #4210 on May 1, from San Francisco, CA.

Hobbies & Interests: Gardening, birding, walking, games, art, museums, world affairs.

Former Occupation: Restaurateur.

Her phone number is (503) 652-3144.

Akiko Anderson is moving into Schroeder Lofts apartment #8100 from Milwaukie, OR.

Hobbies & Interests: Books, music, history.

Former Occupation: Accountant.

Her phone number is (503) 905-5067.

Norma Martin relocated to Classic Cottage #218 on May 15. Her NEW phone number is 503-652-3325.

Announcements

Please welcome **MaryHelen Clausing** to introduce the **Avencia In-Home Care Team!**

And now we have a special guest. Please welcome **Elma Friend from Willamette Valley Benefits** to explain how the new Inflation Reduction Act will affect Medicare Part D benefits. (Presentation is attached to these Notes.)

AV Installation in the PAC – Wednesday, May 17 through Friday, May 19

The Performing Arts Center will be unavailable for activities for three days while new equipment is installed.

What's New Around Touchtown? Every month, we feature a new icon or refresh information about Touchtown. This month, we'd like to share one new icon and give you a little reminder about work orders.

Please visit the **Rose Villa Views** icon! We are excited to debut our monthly newsletter with engaging articles from staff and residents. In this month's issue, there's a little history, there are some great photos of what's going on around campus, and there is interesting information about internal moves. If you would like to contribute to the newsletter, please email your submissions to newsletter@rosevilla.org by the 20th of the month.

And just a quick reminder that you can check your work order history on Touchtown. Under the **Work Orders** icon, click on the red circle with the backward arrow and you can see the requests you have submitted, as well as any notes made by staff.

The Open Flame Myth. There is what appears to be an urban legend circulating among residents that open flames (such as birthday or other candles) are forbidden. While we do not have open flames in Madrona Grove (except for staff-monitored birthday candles), there is no policy (and never has been) limiting open flames in independent living resident homes. We do ask that you practice caution around any open flame!

Joan Clark is here to give an update on an upcoming dog training workshop. The Foundation has granted the Pet Committee a sum to help pay for a professional dog training workshop. The workshop is currently full, but if there is enough interest, we may be able to host the dog trainer again.

Please welcome **Elliot McIntire** with a Rose Villa resident demographics presentation. (Elliot's notes are attached, but look for a more detailed article in the next edition of the *Rose Villa Views* newsletter.

Wine, Women, and Dementia And now, you are invited to come along on a special journey. It's the journey of Kitty Norton, caregiver for five years to her mother Gloria Norton. Before I tell you about that journey, let me share a special connection Rose Villa had with Gloria and her two daughters, Kitty and Lexie. From 2016 to 2019, Rose Villa offered a wonderful program for folks with dementia. It's called Opening Minds through Art, or OMA. The OMA program is a visual arts program for residents with dementia who are partnered with a trained volunteer for a 10-week session and followed by an art show gala event for 15 or so artists. Kitty and Lexie enrolled Gloria in every session during those four years. Gloria was the first person enrolled from outside the Rose Villa community. You can see some paintings from the OMA program in the hallway right outside the PAC. The birthday cards you receive from Administration feature artists' works from the OMA program.

So, back to that special journey. After Gloria passed away in 2021, Kitty wanted to do a documentary that showed the story of dementia through the eyes of family caregivers. She bought a used "house on wheels," which she named *The Gloria*, and set out across the U.S. with a film crew to meet five family caregivers. That journey resulted in a documentary titled "Wine, Women and Dementia." Here is the link to the trailer: <https://youtu.be/-aE11n6XjZc>.

As Kitty has said, "The dementia journey is hard. I want caregivers to feel celebrated, loved, and appreciated. Cheers, caregivers! We see you." Thanks to the Rose Villa Foundation, you can see this brutally honest, raw, and tremendously moving documentary that will be followed by Q&A with director Kitty Norton. Watch for the flyer and save the date: Saturday, June 3, 2-4pm In the PAC and on Zoom.

Update on COO and Relevant Issues:

Our senior management Small Team is working together to identify how we can ensure all of Rose Villa's operational responsibilities are met. We are focusing on reorganizing our management structure as an *alternative* to hiring a Chief Operating Officer to fill the gap left by Tina Moullet's departure. This is a work in progress – and I would like to discuss this with the Board of Directors before it is formalized. HOWEVER, since I am no longer operating in an expansion capacity for Rose Villa, as North Star is paused, it makes sense to use my capacity to fill many of these gaps.

We will provide you with an updated organizational chart and specific explanations of what each role is responsible for as soon as I have had a chance to connect with the Board on this topic. The changes are likely to include our full Facilities team, our Health services team, and Marketing & Communications team reporting directly to me, at the same time Beth Knoll, as Operations Support Manager, will also report to me. The Rose

Villa Foundation Director and our CFO will continue to report directly to me. We are reviewing other changes to a few departments that we think will make our work flow more efficient. Again, this is a **work in progress** and reflects our community – and business – as it grows and becomes more complex.

As an aid to greater clarity with respect to who does what – which really translates to who do you call when you need something – I’d like to alternate hosting the Forum with the other members of the Small Team: Angela, CFO; Jim, Strategic Ops; and Erin, Health Services. When each of us host, we can also take some time to go into more detail about what areas we supervise and why you might reach out to one of us.

Q & A

Q1. What are the white lines painted in a ray design, in front of the Schroeder Lofts front entrance? Will there be a sidewalk painting there?

A. In response to safety concerns raised by residents, those marks are to mark the door sweep trajectory when opening, so residents can keep their distance and not be hit by the door. There are plans to make it more artistic as well – stay tuned!

Q2. Can you tell us what the plans are for the recently purchased property on River Road as well as the property on the corner of Schroeder and Courtney?

A. In the memo I sent out in February, after we closed on the property across River Road, I communicated that we have no immediate plans for development. That remains the case. We have accepted a bid to demo and fence the property – that is being held up by Clackamas County, which has requested a letter from PGE verifying the power has been turned off. This is not the usual course of events and we are working with PGE to get with the County wants.

We are fortunate to also have the property on Schroeder and Courtney also available for future projects and it was extremely helpful to us throughout the construction of Phase 3.

We would not have the residents in the Oaks nor the residents in Garden Grove, nor would we have the Facility Operations Center if we had not similarly taken advantage of the opportunity to buy property we thought might be useful when it was available, at a reasonable price.

Q&A from the floor

Q1. Is the property across the street just the house and the deep lot, or is it more? And is it going to become a parking lot for Rose Villa use?

A. It's just the house and lot (which include some outbuildings). One short-term plan is to use it as a parking lot until we can decide on a longer-term use.

Q2. I am looking forward to using the SEEDS space as a gathering place. What's the timeline on that?

A. We are in the process of turning that into a gathering place. In fact, the sign is already made and ready to be picked up and installed! We are working on options for furnishings to reflect a casual, indoor/outdoor area. We will also give regular updates on timelines for other projects around campus.

Q3. Why is that Security car parked 24/7 in our parking lot?

A. The Securitas car is parked there as a presence and lets people know we have security on campus. Another resident volunteered information that the car is NOT parked in one spot 24/7, but that Securitas does regularly patrol campus. Recently, a neighbor down the hill had a party and their guests were parked by Rose Villa. The security guard patrolled the area and parked the car as a deterrent presence and did a great job.

Q4. I put in a work order request to have someone look at my yard and determine what needed to be cleaned up after the winter. I checked the status of my work order on Touchtown to discover it was marked "complete." No one had been in contact with me at all.

A. Thank you for letting us know. Kofi Dah or someone from the Grounds team will be in contact with you regarding this.

UPCOMING EVENTS

Listen & Learn Happy Hour provides opportunities to ask Rose Villa Foundation board members questions about how, when, and why services are provided to Rose Villa residents, and how you can get involved. The next happy hour is Thursday, April 20, at 4:00 pm in the Vista Lounge. Call 503-652-3075 to RSVP. Wine, beer, snacks, and soft drinks are provided.

Ukulele Jam and Class – Fridays, May 19, and June 2, at 2:00 PM in the Training Room
Future Resident Marianne Brogan is offering two ukulele sessions:

Beginner Session: This is for those who may have some sort of musical background and are interested in learning to play the ukulele but have no experience. Marianne has a few loaner instruments and there are other loaners in the community. If you haven't played for a while, you may want to join this portion for a refresher. Come see if this experience is for you!

Play and Sing-along: This is for experienced players. Marianne will make PDF documents available and project the songs and chords on a screen in the classroom. The songs will be seven chords or fewer and Marianne will provide coaching with arrangements, and technical aspects of playing. The offerings are an experiment, and we will make adjustments as we go along and gauge the level of interest.

Rose Festival Court Visit – Wednesday, May 31, 11:30 AM – 1:00 PM in Madrona Grove and the Rec Room

The Rose Festival Princesses will visit Madrona Grove residents. All residents are welcome to meet them on both floors of Madrona Grove. More details to come.

Art Installation *A Cautionary Tale #2* by Kay Slusarenko – Wednesday, May 31, 2:30 PM – 3:30 PM in the Creative Arts Building

Kay will discuss her year-long art project and why she uses tossed-away objects and common household items to paint a visual picture of contemporary life in the United States of America. Since early 2023, she has used the outside wall of her art studio to create several layers of *cautionary tales*. Working in real time, Kay's current work focuses on the horrific numbers of mass shootings occurring in America. Sign up on Touchtown or by calling ext. 3289 by Tuesday, May 30.

Art Lecture – Friday, June 2, afternoon in the PAC

Melanie Urban, who gave an Art Nouveau lecture last year, will return with a new presentation!

Wine, Women & Dementia Film Screening and Director Q&A – Saturday, June 3, 2:00 - 4:00 PM in the PAC and on Zoom

The Rose Villa Foundation presents this noteworthy documentary of dementia life through the lens of family caregivers who strive to accept the beauty and brutality, the hilarious and horrific, for themselves and their loved ones. It's painfully honest, raw, and tremendously moving.

Standup Comedy Show – Monday, June 5, at 5:15 PM in the PAC

Candy the Comedian is coming back to Rose Villa to share her jokes and observations. Drop by for some laughs!

Canemah Bluff Birding - Wednesday, June 7, from 8:00 – 11:00 AM – Bus Trip

Birders can spot chipping sparrows, red-breasted sapsuckers, white-breasted nuthatches, orange-crowned warblers, hawks, and eagles. See flyer for details.

Drumming Circle with Steven Skolnik – Wednesdays, June 7 and 21, at 12:00 PM in the PAC North

Steven will provide rhythm instruction twice a month—on the first and third Wednesdays. Bring an instrument or play one of his.

Classical Club – Thursdays, June 8 and 22, at 1:00 PM in the Tranquility Room

Join classical radio host, Terry Ross, for an hour of expertly curated classical music! For those who were asking, Terry is fine and just got the time mixed up last time.

Viking Pep Rally – Friday, June 9, at 3:30 PM in the PAC

Cheer on the Rose Villa Dragonboat team to prepare them for their races the following weekend! A performance by the Rex Putnam Thunder Drumline will follow a team introduction and explanation of the dragon boat races.

Dragon Boat Races – Saturday, June 10, and Sunday, June 11, Bus Trip

Cheer on the Rose Villa team live at Tom McCall Waterfront Park! Details to come.

Film Noir Series – Saturdays, June 10 through July 15, from 2:00 to 5:00 PM in the Training Room

Film professor and Rose Villa resident Ken Nolley will discuss and screen classic film noir movies: *The Maltese Falcon*, *Double Indemnity*, *Notorious*, *Drunken Angel*, *The Third Man*, and *Touch of Evil*.

Monday Night Movies – Mondays at 6:30 PM in the PAC

June's weekly movies will center around the DEIA and Wellness themes of Ableism/Disability and Brain Awareness. Popcorn is provided weekly.

BRING YOUR OWN BOWL. Feedback is always welcome; email Grey Davis at gdavis@rosevilla.org with any suggestions or concerns. See flyer for details.

Happy Hour - Wednesdays, at 4:00 PM in the South Main Club Room

The Food & Beverage department will provide complimentary snacks and beverages in the South Main Lobby. Feel free to bring your own beverage or buy one at the Harvest Grill as well. Stop by to socialize and make new friends!

Readers Theatre – Thursdays at 2:00 PM in the PAC North

What's Readers Theatre? Me, act? Memorize lines at my age? No, we're not THAT serious. We read short plays within the group. It's fun! We read short plays each week - usually one act or about 15 minutes each. Plays are read from a script, so no memorization and absolutely no acting experience are required. Almost all of what we do is within the group itself, so you are NOT performing, just reading your lines.

Sunday Suppers – Sunday evenings in the Rec Room

To sign up to volunteer and/or dine, use the link listed on RVillagers.org: <https://rvillagers.org/community-wide/sunday-suppers/> or call Susan Hyne at x3057. Sign up by the Friday before each Sunday.

The next **Resident Forum** is on Tuesday, June 20, at 2:30pm in the PAC and on Zoom.

Rose Villa Residents Through Time

Elliot McIntire

Soon after you moved in you were probably approached, usually in person, by a resident volunteer who asked for some personal information. Every wonder what that was all about?

For many years, this information was collected on 3x5 cards which were kept in an old library catalog tray. In 63 years, just over two thousand people have lived here (2,083 as of May 1, 2023). We've probably missed a few, but we are pretty sure that's very close. Recently this information was entered into a database, which means we can look at changes and trends over time. We can look at things like how long residents live here, what their occupations were, all kinds of things. I recently pulled out a list of those born in 1942, so everyone turning 80 last year could hold a birthday party for themselves, and not long ago I told a resident who all the people were who had previously lived in her cottage.

I recently divided the population into three roughly equal groups, 1960 to 1980, 1980 to 2002, and 2002 to the present to look at changes over time. So, some details:

- Women have always dominated the population of Rose Villa. Just under 75% of all residents have been women.
- Very few single men have moved in. Nearly all men moved here as part of a couple.
- Most women who were not part of a couple were widows.
- In the first few decades, most women listed their occupation as housewife. Most of the rest were teachers, nurses, or secretaries. A significant number of men in those years were ministers or missionaries.

- Recently, only a handful of women were listed as housewives. Again many have been teachers, nurses, and librarians, but there are a wide variety of other occupations.
- Roughly half of our residents have indicated a religious affiliation. In the early years these were dominantly Methodist, Presbyterian, Baptist, and Episcopalian. There were a handful of Catholics. In recent years, the major groups identified as Catholic, Methodist, Unitarian, Presbyterian, and a significant number of Jews and Buddhists.
- Since 2002, a total of 585 individuals moved in. Fifty moved out for various reasons (usually to be closer to family), and 171 died. Our current population is 364.
- Since 2002, we have had 110 couples move in. Of this group, 12 women and 10 men have since lost their partners through death, leaving a total of 88 couples (176 individuals, or almost exactly half of our current population).
- Identifying couples in recent years is complicated by the number of couples with different surnames (31 couples currently). And a major departure from earlier periods is the number of same-sex couples living here. There were undoubtedly a very few prior to 2002 (women listed as sisters, for example), but there are at least 15 currently.

There are lots of other interesting factoids we could pull out, but that's probably enough for today.