

Rose Villa Resident Forum

Tuesday, June 20, 2023

Employee Anniversaries

Celebrating **ONE YEAR** with Rose Villa:

- Soren Graves, Laundry, Environmental Services
- Trinity Cortez, Lead Server, Food & Beverage
- Lilith DiMaio, Lead Server, Food & Beverage
- Rachael Marges, RN, Madrona Grove
- Julie Dah, RN, Clinic

Celebrating **FIVE YEARS** with Rose Villa:

- Grey Davis, Community Relations Coordinator

Welcome New Employees

- Kelsey Kerrigan, IT Tech, Tech Services

We are happy to introduce Kelsey Kerrigan, our new IT Tech. Kelsey is an experienced desktop support tech, and will be initially concentrating on resident-submitted tech work orders. They have been in Oregon since 2019, coming from Santa Barbara. And they are an avid board game and Dungeons & Dragons player, so they look forward to chatting with anyone who loves Dungeons & Dragons!

- Loren Johnson, Finance Accounting Clerk, Finance Department

Please welcome the newest member to the Finance Team! Loren Johnson is our new Accounting Clerk. He is responsible for resident billing and will be happy to answer all of your billing related questions. Annie Newberg has transitioned fully to HR. Loren's most recent accounting experience was as a Business Manager at The Actors Conservatory. He has a background in theater arts and set creation, and has even art-directed and produced regional and national television commercials! He is a great addition to Rose Villa and the Finance Team!

Please congratulate these staff when you see them!

Welcome New Residents

Liz and Karl Swenson moved into Rose Court apartment #341 on June 1, from Hillsboro, OR.

Hobbies & Interests: Liz – walking, birding, reading, music, science, technology. Karl – walking, birding, reading, science, outdoors.

Former Occupation: Liz – Software Engineer. Karl – Chemist.

Their phone number is (503) 652-3341.

Florence Reinerman relocated to Pocket Cottage #3033 on June 7. Her NEW phone number is 503-652-3172.

Announcements

Please welcome **Cheryl Franceschi** to speak about Foundation programs.

2023 Staff Education Assistance Award Recipients

Elodi Attwilde (Front of House Supervisor, F&B), Julie Dah (Clinic Nurse), Jacob Fuller (Director of Nursing Services), Jacklyn James (CNA, Madrona Grove), Lani Russell (CNA, Madrona Grove), Erica Schafer (Health Services Support Specialist and Avencia Care & Staffing Coordinator), Amber St. Paul (Operations Lead, F&B).

Great Getaway Raffle Tickets are now available from Foundation Board Members or at the Resident Services Counter. \$50/ticket.

Resident Handbook Quiz – We are reinstating our monthly Resident Handbook Quiz! I'll read the question, and whoever shouts out the correct answer first, wins! Here's the question:

In case of an emergency, how many days' supply of non-perishable food should you have on hand? (Answer – seven days, which is the recommendation from the American Red Cross. Page 62.)

Please welcome **Diana Hernandez** to introduce the **Environmental Services Team!**

SEEDS Corner Space Update We are thrilled to announce that the SEEDS Corner Space is now open and reservable for residents and staff! The space has a cozy retro garden theme with rich colors. There is a variety of seating and table styles – soft chairs, a loveseat, side tables, coat rod w/umbrella stand, stacking patio chairs, and a couple of

rectangle patio tables that can be outdoors when sunny or left inside on rainy days. The space has a sink/counter area, double entrance doors, and two large garage doors that can be pulled open for events. Rest assured that there is also plenty of room for moving easily around the space, even if you use a walker or wheelchair. SEEDS will be open after the Forum for you to take a tour! Contact Reception or the Events team to reserve the space.

We are excited to announce that we have been selected as the **North Clackamas Chamber of Commerce's Large Business of the Year**. You might be thinking – we're a large business? Relative to Nike, no, we are not. Relative to a coffee shop, we are! This year, in recognition of the millions of small businesses that keep America running, the Chamber decided to designate one award to a large business, like Rose Villa, and one to a small business. This year's small business of the year is Buel's Printing. Buel's handles large and small-scale print needs for a variety of businesses, and is among our preferred print providers. Congratulations to Rose Villa and to Buel's Printing!

Cathy Schar is here to talk about the Tuesday Market, which is opening soon!

Want to volunteer at the Tuesday Market in ANY way? See the five Coordinators: Susie Wilkins, Jean Cozine, Susan Van Voorhis, Cathy Schar and Jeannie Corn. The 10:00-11:30 AM Tuesday Market begins July 11 (weather permitting) through September 26 on the Schroeder Walkway and in the Rec Room. Market volunteers clean produce between 8:30-9:00 AM down in the garden, then a surrey brings it to Schroeder. Produce not at the garden for cleaning at 9:00 AM is brought up by the gardener and must be dirt free and cleaned. Various musical groups are performing again this year. And items for sale include crafts, cards, baked goods, flowers, herbs plus demonstrations of foods and crafts. See Jeannie Corn to sell a product or give a demonstration.

Madrona Grove Featured Volunteer Opportunity

Prior to the COVID-19 pandemic, Madrona Grove had a robust volunteer program that provided opportunities for meaningful connection between residents living in independent homes and residents living in Madrona Grove. As we emerge from the pandemic, we are seeking to rebuild that program. In order to do that, we are going to feature one specific volunteer opportunity each month, so that you can decide if a particular opportunity aligns with your skills and desired paths of connection.

This month's featured volunteer opportunity:

Readers Club Reader – Volunteers are sought for Monday and Thursday evenings, 6:00-6:45pm. A book is selected by staff in advance, and the volunteer's role is to arrive a few minutes before 6:00 and read to a group of residents for 45

minutes. The only requirement for this volunteer opportunity is that you are able to read in a clear voice.

We have found that volunteers are most successful long-term when they volunteer every other week rather than every week, so we are seeking multiple volunteers for Mondays and multiple volunteers for Thursdays. Volunteers are no longer required to wear masks or eye protection.

If you wish to become a Readers Club Reader, please contact Marianna Jones at mgactivities@rosevilla.org. Thank you!

Please welcome **Suzie Matranga-Watson** to tell us about tomorrow's Summer Solstice Celebration. There will be events and activities all day, all around campus. See flyer for details and join the fun!

Jim Willeford is here to give us a Facilities Update.

The Natatorium dehumidifier project was completed in May. The Community Garden project (repair retaining wall, regrade and re-rock path) is complete. Knox Box installation (master key lock boxes for Fire Department access) is complete. Letter designation on buildings to aid EMS wayfinding is complete. The Madrona Grove sound barrier wall to reduce HVAC noise in the Courtyard is 90% complete. Bamboo removal between buildings Q and M is complete. Auto-openers for the Fernwood and Larkspur mudroom doors have been installed. Burst pipe repairs are 90% complete. The security app Report It has been rolled out to residents and staff. Annual fire alarm and fire sprinkler systems inspections have been conducted and repairs are 80% complete.

New Widget on Rose Villa's Website You may have noticed a new widget on Rose Villa's website, rosevilla.org, or read the memo that went out last week. The widget is in the lower right corner. If you click on it, an accessibility menu pops up that allows you to customize the way you view the website. You can change the size of the text, increase contrast, change colors, and much more. Also on the right at the bottom of the homepage, there is a link to read Rose Villa's accessibility statement. This is one of many website updates you can expect as we continue to build a site that is inclusive, welcoming, and accessible to all people. These changes improve Rosevilla.org's alignment with the Web Content Accessibility Guidelines (WCAG 2.1).

What's New Around Touchtown? Every month, we feature a new icon or refresh information about Touchtown. This month, we'd like to share updates about the Work Orders and Pets icons.

You can now find information on submitting work order requests when you click on the **Work Orders** icon. On this page, there is also a link to a video on how to check the status of your work order.

And as part of work being done to streamline Touchtown, you can now find the Pet Directory under the **Pets** icon, which was designed by our very own Ruth Ross. Reminder that if your furry, feathered, or finned friends aren't listed in the Directory, please submit photos and descriptions to Events@rosevilla.org.

Thanks to the Touchtown Work Group, a collaboration between staff and residents, for working on making Touchtown more user-friendly. Stay tuned for more information about Touchtown improvements!

And speaking of pets, closing us out today is **Judy Francis**, who will share the next installment of her Names Canon – a poem using all the names of resident pets! The poem is at the end of these Notes.

The next **Resident Forum** is on Tuesday, July 18, at 2:30pm in the PAC and on Zoom.

Q & A

Q1. I was wondering whether the dead trees between Madrona Café and the mail room are going to be removed. I have the feeling they just weren't watered enough.

A. Thank you for asking! Those trees are still under warranty and Colors NW, the landscaping contractor for all Phase 3 work, will be replacing them.

Q2. Is something supposed to go in the concrete structure in the middle of the turnaround in front of Madrona Grove? It looks like it should have a statue or flagpole, or something.

A. During the winter holiday season, there will be a large Christmas tree in the center of the Madrona Grove front circle. As the plantings around the circle mature, it should appear less as though something is missing. If the space still beckons for some sort of adornment, we will address it at that time.

Q3. I have heard residents might have the Rose Villa laundry do some laundry for us. My questions then are - how does a resident request the Rose Villa laundry do some laundry for us? Work order? E-mail to someone? What might the charge be? Is there a fee schedule? How do we get items to the laundry? Does someone pick it up at apartment? Do we take it someplace?

A. Yes, Rose Villa's Environmental Services (EVS) Team can do your laundry! Email Diana Hernandez at dhernandez@rosevilla.org to set up this service. An EVS staff member will come to your home to pick up your laundry and will return it to you clean and folded. The charge is \$12.00 per load as listed on the 2023 Resident Charge List.

Q4. I work in the Treasure House every Friday from 1:00 – 4:00 PM. Many Fridays I receive telephone calls from outside people asking to speak to a particular resident or asking various questions (like "How can I let management know about an employee doing an exceptional job?"). I used to tell the people they were directed to the wrong extension until one day a caller said this number was the only one she could find on Rose Villa's website. Why does Rose Villa's main number not appear everywhere, and why does it seem that the Treasure House's number is the only one people can find?

A. Thank you for noting this experience. There are currently a couple of issues occurring that are causing some confusion when people search for Rose Villa's phone number.

One issue is that within the iPhone maps app, someone has saved the Treasure House number as the main Rose Villa phone number. We have flagged this for Apple as being incorrect, but we have no power to fix it until Apple takes action. Currently, if you search for Rose Villa in the iPhone maps app, the Treasure House phone number pops up. If you search in an Android phone maps app, the correct Rose Villa main phone number pops up.

The second issue has to do with our search engine optimization (SEO). Currently, depending on which web browser you use, a different phone number for Rose Villa appears at the bottom of the page. In some web browsers, the correct number appears; in others, a different Rose Villa number appears. Our IT department is working on resolving this issue, but like the iPhone maps app issue, the solution is not entirely within our control. We must contact Google, Microsoft, and Apple to correct this information. We are working on it, and hope to have the problem resolved soon.

Q5. When are you going to do fire drills for independent living residents?

A. We are working with Clackamas Fire to schedule our first ever fire drills for independent living residents. We will start with the Schroeder Lofts residents and hope to schedule drills on a regular basis rotating through locations on campus.

Q&A from the Floor

Q1. What is “RAP?” We hear a lot about it, but no one knows what it is. Is there a plan to describe the process?

A. Yes, there is a plan. RAP is Rose Villa’s Resiliency Action Plan to improve our resiliency during and after a disaster, and we will explain it in detail at next month’s Resident Forum. In the meantime, you can find several documents in the Resiliency Action Plan (RAP) section under the Rose Villa Info icon on Touchtown, including the full plan, an executive summary that was created by residents, and Green Hammer’s presentation on the RAP from the January 2023 Resident Forum.

Upcoming Events

Summer Solstice Celebration – All Day Wednesday, June 21

Welcome the summer with a variety of activities, including a chalk mural, mandala making, and a cookout on Main Street. See flyer for details!

Drumming Circle with Steven Skolnik – Wednesdays, June 21, and July 5, at 12:00 PM in the PAC North

Steven will provide rhythm instruction twice a month—on the first and third Wednesdays. Bring an instrument or play one of his.

Listen & Learn Happy Hour provides opportunities to ask Rose Villa Foundation board members questions about how, when, and why services are provided to Rose Villa residents, and how you can get involved. The next happy hour is Thursday, June 22, at 4:00 pm in the Vista Lounge. Call 503-652-3075 to RSVP. Wine, beer, snacks, and soft drinks are provided.

Centella Research Presentation – Friday, June 23, at 1:00 PM in the PAC

A clinical study of the botanical Centella asiatica in cognitive decline. Presenter: Amala Soumyanath PhD, Professor of Neurology, Oregon Health & Science University
Background: Centella asiatica is a popular plant-based dietary supplement sold in the

U.S. as "gotu kola" with potential to be developed into a botanical drug. The herb reportedly enhances memory and cognitive function, although little is known about how it does so.

Film Noir Series – Saturdays, June 24 through July 15, from 2:00 to 5:00 PM in the Training Room

Film professor and resident Ken Nolley will discuss and screen classic Film Noir movies: *Notorious*, *Drunken Angel*, *The Third Man*, and *Touch of Evil*.

Meet the Staff: Horizon Mayer – Monday, June 26, at 1:00 PM in the PAC North
You may know Horizon as the face you see when you enter the Clinic, but did you know that they love the Great British Baking show, and baked their way through the pandemic? Or that they went to Disneyland 50 times in just one year?

How to be a Transgender Ally Presentation – Friday, June 30, at 1:00 PM in the PAC

Transgender and non-binary staff members will share best practices for supporting the transgender community and some of their lived experiences. Snacks will be served.

Independence Day Cookout – Wednesday, July 5, at 5:00 PM on Main Street
Celebrate Independence with a community-wide outdoor celebration! Popular folk band Skamokawa Swamp Opera will entertain us. See flyer for details!

Classical Club – Thursdays, July 6 and 20, at 1:00 PM in the Tranquility Room
Join classical radio host, Terry Ross, for an hour of expertly curated classical music! For those who were asking, Terry is fine and just got the time mixed up last time.

Hood River Day Trip – Friday, July 7, 9:00 AM – 3:00 PM
Enjoy a trip to Hood River to see the Western Antique Aeroplane and Automobile Museum and local farms for produce, wine, and cider. Details to come in a flyer.

Ukulele Jam and Class – Friday, July 7, at 2:00 PM in the Rec Room
Future Resident Marianne Brogan is offering two ukulele sessions:

Beginner Session: This is for those who may have some sort of musical background and are interested in learning to play the ukulele but have no experience. Marianne has a few loaner instruments and there are other loaners in the community. If you haven't played for a while, you may want to join this portion for a refresher. Come see if this experience is for you!

Play and Sing-along: This is for experienced players. Marianne will make PDF documents available and project the songs and chords on a screen in the classroom. The songs will be seven chords or fewer and Marianne will provide coaching with arrangements, and technical aspects of playing. The offerings are an experiment, and we will make adjustments as we go along and gauge the level of interest.

July Resident Council Meeting – Tuesday, July 11, at 1:30 in the PAC and on Zoom
Due to the Independence Day holiday, the Resident Council Meeting will be on July 11. We will return to our normal schedule of the first Tuesday in August.

Lance Rhoades July Presentation – Monday, July 17, at 3:30 PM on Zoom
Three centuries ago English author Daniel Defoe, inspired by a true story, penned a tale of a man shipwrecked on a deserted island, who survives by his wits, his hope, and help from a loyal companion whom he rescues. This novel – perhaps the very first – *Robinson Crusoe* was so popular that it inspired numerous other desert island, adventure and survival stories in literature and film, what came to be known as “Robinsonade.” These presentations explore the themes that still resonate in our times. Part Two: Three Hundred Years of *Robinson Crusoe*.

Rose Villa Pride Parade and Street Dance – Friday, July 14, at 3:00 PM on Main Street
Show your colors and support! Rose Villa’s roaming bar cart, Rover, will be following the parade with drinks and snacks. After the parade, a DJ will play festive music on Main Street. Celebrate with us!

Portland Pride Parade – Sunday, July 16, Bus Trip
Show your support at the annual Pride Parade. Details to come.

Tryon Creek State Park Birding Trip – Wednesday, July 26, from 8:00-11:00 AM
Bus Trip. Join Patty Newland for another great birding trip to Tryon Creek State Park. Just a few of the birds we may see are barred owls, Stellar’s jays, Pacific wrens, great horned owls, golden-crowned kinglets, and spotted towhees. We will be on a trail with gentle hills, and it is shady in case the weather is hot. Details to come.

Sunday Suppers – Sunday evenings in the Rec Room
To sign up to volunteer and/or dine, use the link listed on RVillagers.org:
<https://rvillagers.org/community-wide/sunday-suppers/> or call Susan Hyne at x3057. Sign up by the Friday before each Sunday.

Monday Night Movies – Mondays at 6:30 PM in the PAC
July’s weekly movies will center around the DEIA theme of LGBTQ Pride. Popcorn is provided weekly. **BRING YOUR OWN BOWL.** Feedback is always welcome; email

Grey Davis at gdavis@rosevilla.org with any suggestions or concerns. See flyer for details.

Happy Hour - Wednesdays, at 4:00 PM in the South Main Club Room

The Food & Beverage department will provide complimentary snacks and beverages in the South Main Lobby. Feel free to bring your own beverage or buy one at the Harvest Grill as well. Stop by to socialize and make new friends!

Readers Theatre – Thursdays at 2:00 PM in the PAC North

What's Readers Theatre? Me, act? Memorize lines at my age? No, we're not THAT serious. We read short plays within the group. It's fun! We read short plays each week - usually one act or about 15 minutes each. Plays are read from a script, so no memorization and absolutely no acting experience are required. Almost all of what we do is within the group itself, so you are NOT performing, just reading your lines.

The **2nd Annual Pop-Up Shops Markets** will be held in the SEEDS Corner Gathering Space from November 24 – December 16. Proceeds benefit the Foundation.

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The Pets of Rose Villa by Judy Francis

Introduction

When somebody suggested I do Pet Names as a follow-up to the names of women and men, I had no idea what I was getting into. People are *passionate* about their pets. Leave out the name of a resident, no problem. Leave out the name of a pet? Oh, the drama!

Therefore, I have the following disclaimers:

1. If I haven't included your pet's name, it's because a current and accurate list of resident pets doesn't exist. So, consider this a plug to register your pets with Rose Villa and add them to the Pet Directory on Touchtown in the RVPets Icon.
2. On the other hand, if I have included the name of your pet who has died, consider it an honor.
3. If I mispronounce the name of your pet, hopefully your pet won't know the difference.
4. Like their owners, every pet has a name and a story. Some of the names are their "real" names and some are nicknames. For example, Franklin may be Franklin or Frank or Frankie Dammit!
5. I have not included the 37 (and counting) cats that Susan Hynes has fostered.
6. The pet "Rosie" in this poem is a cat. Rosie the Duck is a temporary, non-paying resident.
7. Lastly, if I meet you and your pet around campus, do *not* assume I know their name or yours!

A couple of interesting observations:

- The most popular pet name? Max.
- There are more pets than men living at Rose Villa. Make what you will of that statistic! Maybe some of the men are pets! 😊

On my list, there are 130 pets in residence: 64 dogs, 60 cats, 2 fish and 1 bird. But who knows how many iguanas or hamsters or lovebirds are living in our midst?!

But as of today, from A to Z, here are *The Pets of Rose Villa*.

The Pets of Rose Villa

A Fish Called Wanda.
Alfi, Alice and Archie.

Beany and Bernie,
Bodie and Brodie,
Bianca and Bree,
Buddy and Buffy,
Butter - and Marg(arine).

Carmelia and Charlie,
Chloe and Cobby.
Cleo with an "e" and Clio with a 'i',
Coco and Coco.

Daffodil and Dilly
Dandy and Danny
Daisy and the Magical Miss Daisy.

Emma, Ellie, Ernie, and
Emmy...Dammit.

Fergus and Fern,
Fiona and Frieda,
Frankie, Friday, and
Finlay Fine Fellow.

Gabby, Gina, Ginger and Gizmo,
Golda, Groot and Gus.

Georgia O'Keefe and
Georgie, *who is 19 years old!*

Herbert and Heather,
Honey, Honor Harrington, and
Hope.

Izzy.

Jordan and Joya.

Karma and Karma,
Katie, Kitty, Kwai,
Keeshond and Kindred.

Lady, Lena, Leila, Lily, Lulu,
Licorice and Lightning.

Mick and Mickey,
Marli, Mimsy, and Murphy.
Max, Maximum, *and*
Maxie Munchkin BooBoo Good Boy Taylor.

Nigel, Nixy and Nora.

Ollie and Oliver.

Patch, Pearl, and Pono,
Penny, Penelope and Penelope.
Phoebe and Princess Laia.

Red and Remie,
Riley and Rosie,
Rudy and Rudy (Rudolph Valentino when he's good).

Sahalie Summer and Sammy Jo,
Shaleeh and Shanti.
Sophie, Sparky, Stella and Steve,

Spice Girl and Sugar,
Suki Kitty and Smook.

Teddy and Teddy Bear (sometimes known as Theodore),
Toby and Toby,
Tori and Troy,
Tuck and Tucker,
Thelma – and Louise.

Violet and Violet Clawley, the Dowager Countess of Rose Villa.

Willa, Wylie and Willie Nelson.

Zoe/ZoZo/Zoey (depending on her owner's mood),
Zabby and Zeke.

These are the beloved pets of Rose Villa.