# **Resident Association Council Minutes**

# Regular Meeting, June 5, 2017

<u>Call to order and welcome</u>: Helen called the meeting to order and welcomed everyone at 9:45 am. She expressed our gratitude to Norma Martin for her four years of service and presented her with a Lucky Bamboo plant as a thank you gift. Norma received a warm round of applause.

<u>Those attending:</u> Chair Helen Lyons, Vice-Chair Andrea Drury, Past Chair Norma Martin, Treasurer Nancy Rorden, Secretary Nancy Barrett-Dennehy, Foundation President Judie Hansen, Councilors Pat Caldwell, Evelyn Cole, Pam Duren, Ed Eggling, John Gillock, Dori Jones, Bill Rector, Rose Smith, Health Services Director Erin Cornell, CEO Vassar Byrd.

Absent: Eric Shawn, Archivist Jean Coberly.

<u>Guests:</u> Jan Murphy, Mary Eusterman, Fran Hunter, Barbara Adams, Bob Zimmer, Bynner Martin, Marilyn Gottschall, Theresa Carney.

Minutes from previous meeting: Approved as written.

<u>What we are grateful for:</u> Norma was grateful for all the work the Councilors have done to revise the structure and functioning of the Council. Bill was grateful for the work of the Garden Group in cleaning up the beds and paths.

# **Reports:**

<u>Administration:</u> Vassar reported we are proceeding with the Phase Two program. A challenge has emerged with the Garden Grove plan (adjacent to the community garden) due to the slope of the property. It has increased the potential cost significantly. This may need to be put off until later in the process, but will not affect proceeding with the rest of the development. Vassar and Erin Cornell will be attending a conference in Wisconsin to learn more about creating a Child Care Center in Retirement Communities.

<u>Health Services:</u> Erin Cornell reported on the Opening Minds through Art display we had this past Friday. OMA will take a break over the summer and begin again next Fall.

At the recent Leading Age conference our Madrona Grove Activities Director Melodie Reed was honored as exemplifying someone who goes above and beyond expectations in fulfilling her job.

We have hired a new Director of Nursing. Erin Steinbrenner, who has worked as our Resident Care Manager for the past two years will be moving into this new position. We will be looking for someone to replace her as Resident Care Manager. Our Clinic hours will soon stabilize with Roman Roman taking it over as of June 19th.

<u>Foundation:</u> With all the bills paid, prizes awarded, and extra wine sold, the net proceeds from the Surfin' Safari auction were roughly \$72,000. On Friday, July 14, the Pacesetters will celebrate their first anniversary with an evening of playing Trivia - with four member teams competing for cool prizes in three rounds of questions. For those not competing, you can come observe and cheer on your favorite team, but there is a nominal fee for food and drinks. Reservations are required through resident services by July 5 so we know how many to plan for. It takes

place in the Performing Arts Center from 5:30 to 7 PM. The Education and Enrichment Task Force has a lineup of new classes and workshops scheduled but most will begin this fall. Judie Hansen, President Rose Villa Foundation

<u>Treasurer:</u> Copies of the report were handed out. The balance in the Employee Christmas Fund as of May 31st is \$6,474.52.

### **Continuing business:**

As of this meeting the Council will be moving to a consensus decision making model which focuses on hearing all sides of an issue, pros and cons, poses questions and finally develops a proposal. Instead of simply voting for an item and having the majority rule, a group using consensus is committed to finding solutions that everyone actively supports or at least can live with. We practiced going through this process using a mock proposal. A proposal needs at least 75% agreement to reach consensus and finalize a decision.

Following the practice exercise, we addressed an actual issue before the Council: how to use the "free money" left in the treasury. We received a list of all the suggestions (37!) submitted by residents at large. The Executive Committee used the following criteria to narrow the choices: 1) number of residents that would benefit

2) cost of the project/item

3) items not the responsibility of RV Administration

They selected the following five items:

- \* Ready Force Emergency Medical Supplies
- \* Playground equipment for the English Meadow (needs admin approval)
- \* Art/activities for children from Oak Grove Elem that visit Madrona Grove
- \* One or more trees that will become signature trees on campus
- \* Gift certificate for the Wood Shop when they relocate to new space Purchase outright: hairdryer(s) for Madrona Grove

The original proposal considered was: "The Executive Committee proposes that \$500 be donated to each of the following five projects...and that hairdryer(s) be purchased for Madrona Grove."

Discussion included listing pros and cons of each item. Questions were clarified and a Ready Force representative shared their plan to write a grant for matching funds. Consensus was reached on the following modified proposal: \$1000 to Ready Force and a committee appointed to prepare proposals for the remaining 4 items. Hairdryers to be purchased for Madrona Grove. Consensus results: 11 affirm, 1 no, 1 more information needed.

#### New business:

A procedures manual to support the new by-laws needs to be written. First, we want to draft a procedure for how residents can bring ideas to The Council. The Chair will appoint an Ad Hoc committee to write a draft procedure for review by the Executive Committee and then by the full Council.

#### Suggestion Box:

- Change gas mowers to electric to reduce noise and be more environmentally responsible. Vassar is to follow up.

- Can residents order food in the Harvest Grill from the Madrona Grove menu? Vassar is to follow up.

## Announcements:

Members of the Executive Committee are: Eric Shawn, Andrea Drury, Helen Lyons, Norma Martin, Dori Jones. If you have agenda items to submit, please send to the Chair in written form before the last Monday of the month.

Let's Talk: Helen announced that the next "Let's Talk" will be held Saturday, August 19, 1-3:30 p.m. To be more effective and more responsive to our community the Council needs residents' input and ideas about the future direction of the Council. Mark your calendars and plan to join the conversation.

Lois Weathers is our new liaison with Madrona Grove. She will be asking for volunteers to help her.

RV is a smoke free community. Smoking is not allowed anywhere on campus. However, we should probably overlook the occasional occurrences by visitors or family members.

Council members are asked to update their profiles on TouchTown.

Volunteer appreciation event is scheduled for July 15th. There will be a planning meeting on June 22nd in the Training Room at 10:00 am.

Each Councilor please contact your committee members a week in advance of the next Council meeting and give their reports in writing to the secretary.

<u>Resident Forum:</u> Council member presentation in June will be done by Andrea Drury.

Next Executive Committee meeting: June 16, 2017

Next Council Meeting: July 10, 2017

Meeting adjourned at 10:55 am. Respectfully submitted, Nancy Barrett-Dennehy, Secretary

# **Councilor Reports:**

Group 1 Dori Jones Education/Library

<u>Education - Rene Swar</u>: June is Better Bones month so Rene has highlighted in the RV newsletter the benefits of her Better Bones class which is on Thursdays at 10 a.m. and 2 p.m.

There will be another Brain Aerobics class on Friday, June 30th at 2 p.m. in the Training Room. More information will be out on that soon and how to sign up.

Also in June there will be more information out about a Fitness Challenge Course that Rene is creating around campus. There will be 10 stations along the course where folks can perform whatever exercise the sign indicates. A map will be available with the course route along with punch cards to mark how many times a person does it. There will be prizes for completing the

course a certain amount of times during a certain time period. Rene will kick it off by taking groups through the course and demonstrating the exercises. Staff will also be involved in doing the course as part of an employee fitness challenge.

The theme for July is Wellness Adventures Month. Rene is still working on ideas to fit the theme.

Recently Rene attended the Annual Leading Age Conference at Eagle Crest. While there she conducted a workshop entitled "Fun and Fitness for You and Your Residents." It went over very well and she had lots of participation. Rene feels the conference is always beneficial for her to attend. Networking with staff from other retirement communities around Oregon is a highlight for her.

Library - Jean Coberly: No report submitted.

Group 2Bill RectorTreasure House/Sewing and Quilting StudioTreasure House - Judie Hansen:The Treasure House held one Sneak Peek sale duringMay. Sales the first two weeks were brisk, but did not keep up the pace during the second halfof the month. A store-wide half-price sale was held on Memorial Day. Half price specials forJune are all items with an Asian theme and anything metal (excluding jewelry) at 50% off. Thereare also Thursday specials that will feature scarves and purses, furniture, clothes, kitchen gad-gets and linens. We appreciate all the "spring cleaning" that brought in winter clothes andChristmas items. The FREE table outside the front door is highly popular, so if residents havenew items to donate, they should bring them inside during store hours, or place them by thedoor by the water fountain in the recreation hall.

Judie Hansen, Manager

Sewing and Quilting Studio: No report submitted.

Group 3 John Gillock Tuesday Market

Tuesday market is a resident-centered activity designed to support the Rose Villa Foundation, share food with neighbors/staff, build community, and have fun.

At a May "conversation" about the Market, residents shared their input as gardeners/ bakers/market helpers, signed up to volunteer, reviewed areas of concern, and brainstormed additions such as music. Signage will be added to encourage generous donations and sharing of the bounty when supplies are limited. A donation spot for plastic shopping bags for the Market has been added to the recycle room in the Rec Hall.

Starting date for the 2017 Tuesday Market will be set by our gardeners; the late wet spring is delaying planting/harvesting.

An article about the Market was in the June Rose Villa newsletter; for more information, contact the coordinator, Susan Hyne (X3057).

Group 4 Rose Smith Hobby Shop

The shop assisted six residents with projects during the month of June. Also, three new residents were trained on the proper and safe use of the power tools (two women and one man). The shop users are still in the initial phase of designing the layout for the new shop. Ed Eggling

<u>Group 5 Evelyn Cole RV News/Magazine Exchange/Tri Met</u> <u>*RV News - Lori Carter:* No report submitted. <u>*Magazine Exchange - Julia Layden and Barbara Tuck:*</u> No report submitted.</u> Tri Met - Jean Coberly: No report submitted.

Group 6 Pam Duren Out to Lunch Bunch/Pet Owners Support Team Out to Lunch Bunch: The next lunch will be on June 13 at Ya Hala which is a Lebanese restaurant in SE (Tabor area)Portland. This committee is in need of a leader at this point to continue to find restaurants. Jenna will take care of the arrangements. Any one interested, contact Pam Duren 3158.

<u>Pet Owners Support Team</u>: The last meeting was with Tina and Vasser to discuss an additional form to be added to the handbook regarding adopting a new pet.

<u>Group 7 Pat Caldwell</u><u>Newcomers/Off Campus Entertainment</u> <u>Newcomers:</u> We have two new move-ins: Miranda Manners and Reggie Okazaki in classic cottage #314. Their buddies are Patrick Mizelle and Edwin Fisher.

<u>Off Campus Entertainment:</u> No concerts this month. Check the Trumpet or Touch Town for additional activities.

<u>Group 8</u> Eric Shawn Sustainable Living/Bringing Nature Home/Solarium Worship <u>Sustainable Living:</u> The Green Committee continues to meet each Friday at 4:00 in the Training Room.

Solarium Worship - Bud Robinson: Our speakers in May were three lay persons and two pastors. We had three pianists and a violinist. Five led singing. Four served as hostesses. Carol Carthel played one week, but we can use another regular pianist.

<u>Group 9</u> Ed Eggling <u>Community Garden/Birdhouses</u> <u>Community Garden - Jan and Dave Dobak:</u> Nothing to report this month.