

September, 2018 Resident Association Council Minutes

Regular Meeting, September 10, 2018

Call to order: Chairperson Helen Lyons called the meeting to order at 9:45 and welcomed guests.

Those attending: Chair Helen Lyons, Vice Chair Eric Shawn, Secretary Nancy Barrett-Dennehy, Treasurer Marilee Wetten, Councilors Suzanne Dillard-Burke, John Gillock, Dori Jones, Julia Layden, M.A. Malone, Bill Rector, Rose Smith, Sue Townsen, Archivist Jean Coberly, Foundation representative Judie Hansen, Madrona Grove Liaison Lois Weathers, Madrona Grove representative Norrene Thompson, CEO Vassar Byrd, Tina Moullet.

Number of Guests: Eighteen signed in.

Absent: Past Chair Norma Martin

Minutes from previous meeting: approved.

What we value and are grateful for: potluck, the coming of the rain.

Reports:

Rose Villa Management: Vassar welcomed Tina Moullet as regular representative at Council meetings. This is in addition to her oversight for Wellness, Human Resources and Food & Beverage. Vassar will be consistently focused on future developments and will talk more about this at the upcoming Resident Forum (Weds, Oct. 19th, 10:00 AM in the PAC).

Foundation: Judie Hanson gave report (see Attachments).

Archivist: No report this month.

Treasurer: (Marilee Wetten) See Attachments.

Campus Renovation Project Report: Suzanne Townsen gave report (see Attachments). Eric Shawn suggested this report could be a more wide-ranging report that includes all facilities - building and grounds, housekeeping. This was referred to Tina Moullet. We need clarity on who to approach for various needs.

Continuing Business:

Resident Concerns About Rising Prices: Residents have requested a report that shows actual numbers. Diane Gibson said residents may request a copy of the RV Audit Report from the Resident Services Desk.

Unstructured Social Events - Great Good Places: Helen led the conversation, continuing from last month's meeting. Survey feedback included these responses. No specific place needed 22; new lobby 7; club room 2; 4 locations each received a single vote.

There was a lengthy discussion of pros and cons of current spaces. The final polling of people present resulted in the majority in favor of adapting the Club Room (20), followed by the current lobby (7), and finally the Heirloom (5). It is hoped that resident input will be sought for future changes.

Accessibility Committee Update: Common area doors lacking handicap accessible doors were prioritized in groups of three. First to be done are Vista Lounge and Atrium. Vista Lounge is complete. Atrium is in process, no timeline yet. No other information on other doors at this time.

New Council Committees: Additional council committees will be appointed to investigate issues of concern to residents and to establish two-way communication with RV staff. They will be advisory only. (See Attachments.)

Helen led the discussion of pros and cons and took questions. It was noted that much information requested by residents is already available in the Resident Handbook but a suggestion was to have Katie publish things a little at a time in the monthly newsletter since it is widely read by residents.

Procedures Manual: Eric presented the proposed form for expenditure requests (see Attachments) and led the discussion. The council was polled and unanimous consensus was achieved.

Announcements and Updates:

- Orientation program for potential Council members was held on 8/31/18
- Appoint a nominating committee for upcoming elections. Dori Jones and Jean Coberly plus 3 residents from the community at large.
- Councilor position V will be filled by Doug Walker.
- Darlene Larsen and Evelyn Cole are appointed as Co-Secretaries.
- We are still looking for a team leader for the Out to Lunch Bunch.
- The Annual Agenda for the Council will be added to Touchtown.
- Volunteers are needed for the Fall Festival.
- Council meeting notes will again be published as a single document. Breaking the notes into 3 documents produced no apparent benefit.

- Need to appoint a committee for Volunteer Appreciation.

Suggestion Box:

- Develop an RV Flag. Response: A flag will be listed as a possible marketing material for use as needed. Community artists are welcome to design the flag.
- On Sundays serve only a “holiday type” meal in the Heirloom.

Open Forum:

- Campus communication is a growing problem: Response - “16 Ways to Stay Informed at Rose Villa” has been published; social media options to be investigated.
- Problems with internet access.
- Can better temperature control be maintained in event rooms and hallways? Response: Residents will no longer be able to adjust the thermostats in common area meeting rooms and hallways. See maintenance to adjust settings.
- A list of Resident Groups should be included in New Resident folders from the Welcoming Team. Response: the list has been added.
- A Touchtown announcement was posted after the event. Response: this was an unfortunate glitch that we hope to avoid in the future.
- Could there be a resident “concierge” service to let the community know about, for example, someone who could take a resident to Costco? Response: this item has been moved to the Campus Communication project; there may be a better online option than Next Door.

Next Forum: October 19, 2018, 10:00 AM.

Council speaker: Julia Layden Group speaker: Margaret Hamilton

Next Council Meeting: October 1, 2018

Next Executive Committee Meeting: October 13, 2018

Meeting adjourned 11:05

Respectfully submitted,
Nancy Barrett-Dennehy, Secretary

Attachments:

Madrona Grove Liaison Report: In an effort to build familiarity with, and volunteerism in, Madrona Grove, the highlighting of various MG staff members, and what their work entails, continues. This month I had fun interviewing Jenny Dickow who serves as Certified Dietary Manager for MG. She is small but mighty! With a warm smile, she says, “Every day is different. That is why I love my job so much.”

Jenny hails from San Francisco. Once she completed her BS in Health Education she traveled north job-hunting with her two children (now ages 13 and 10—see a family photo in the latest issue of THE SCOOP). In Portland, she states, “Elder care chose me,” when she secured a job in food services at Holladay Park Plaza. During 6 years in that position, Jenny completed her certification to become a Dietary Manager. She works under the supervision of Janelle Asai, Rose Villa’s contract Registered Dietician. Her job includes coordinating all dietary needs for MG. During her three years at Rose Villa, she has done resident assessments, care planning, charting, and kitchen walk-through’s to make sure sanitation codes are met, plus writing of Policy and Procedures. She works on menus with the chef to make sure the needs and individual physical requirements of MG residents are addressed. Every Thursday at 4pm, she meets with MG residents with any dietary issues they might have. After nine years working in elder care, she stands in awe of the knowledge base and the coping skills found within the elderly.

Not being a registered dietician, she cannot provide clinical advice but Jenny wants all RV residents to know that one of her favorite things to do is to problem solve food issues. Having a very smart knowledgeable Dietary Manager helping you with ideas to improve your diet just might be what you need! Give Jenny a call at #3287.

Foundation Report: In August, under the leadership of Joan Clark, the Foundation held three Listen and Explore sessions that were attended by 35 residents. We will follow up with similar programs quarterly. Following a general overview by Foundation board members and Linda Reed, there was an opportunity for questions. Most related to the four pillars and the various education and enrichment programs offered.

Plans for the Fall Campaign are ramping up with the theme of “Play Ball,” when once again the hallway across from Resident Services will feature all manner of creative things related to baseball.

The next Foundation sponsored education program is Friday, September 28, with “What to Do With My Body” from 1-3 PM in the PAC.

Campus Renovation Project Report for Resident Council September 2018:

September 10, 2018

Classic cottage renovations:

97: Started late August, to be completed in mid-November.

213: Started August 28, completion is unknown at this time. (Voyager relocation)

218: Starts Sept. 17, to be completed in mid-November.

310: Starts Sept. 10, to be completed approximately October 15.
(Resident ten-year update)

Misc. & various others:

Electrical work at building P (Classic Cottages 94-97)-will involve electrical service down for up to 8 hours on Sept. 15.

Woodshop-Currently on hold. Waiting on PGE.

The CAB project is due to come on line within the next week or two.

Note: These are the large projects that are currently being tracked for September. Activity at these project sites can vary depending on what stage each project is in.

This list should not be construed to be exclusive to any activity residents may see anywhere on campus. This list does not include activities such as bidding or scope of work development. This list does not account for any work that may need to take place due to an emergent issue.

From Bob Judd, Director of Campus Development

New Council Committees:

Background Information, September 2018

Additional Council committees will be appointed to first, investigate issues of concern to residents. Second, establish two-way communication with RV staff. One part of this communication will be learning what information and activities various departments would like residents to know about and then communicating that information to residents. The other part of this communication will be representing resident concerns to staff. The Executive Committee believes that resident/staff teams that have learned to work collaboratively will be able to resolve issues effectively and to the benefit of both residents and staff.

These new teams will be advisory only; they will not tell staff what to do. Resident team members must agree to act in the best interest of the community. Personal agendas must be set aside. The Council wants to see staff and residents working together for the benefit of both.

The first team appointed will be the Resident Life Team. Its purpose will be three-fold:

- Listen to the experiences of Rose Villa residents
- Collect resident comments
- Report themes to the Executive Committee for Council discussion

We need Councilor feedback on the idea of resident teams working on issues of concern to residents and working with various campus departments.

What are the pros and cons of forming such teams?

What questions do you have about the teams?

EXPENDITURE REQUEST FORM

This form is for the use of Resident Groups that have standing before the Council and wish to request funding from the Council for a specific project or activity.

Group Requesting Funding	
Date of Request	
Funds Needed by this date	
Contact Person	
Contact Phone/email	
Amount of Request	

Purpose of the Request and/or expected benefit to Rose Villa residents
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Date of approval by the Executive Committee	
Date of rejection by the Executive Committee	
Reason for rejection	

Approved by _____
Treasurer, Council Chair or Council Vice-Chair

Residents' Association Council
2018 Report

<u>Committee Name</u>	<u>Jul-18</u>	<u>Aug-18</u>	<u>Sep-18</u>
RAC General	\$ 456.63	\$ 456.63	\$ -
Garden Committee	\$ 753.44	\$ 599.62	\$ -
P.O.S.T.	\$ 83.62	\$ 83.62	\$ -
Movie Committee	\$ 975.83	\$ 975.83	\$ -
Wood Shop	\$ 5,281.94	\$ 5,354.94	\$ -
Treasure House	\$ 18,115.74	\$ 4,680.84	\$ -
Education Committee	\$ 6,005.05	\$ 5,717.05	\$ -
Sewing & Craft	\$ 823.50	\$ 1,077.66	\$ -
Computer Center	\$ 734.32	\$ 734.32	\$ -
Library Committee	\$ 6,468.75	\$ 6,359.41	\$ -
Totals Balance:	\$ 39,698.82	\$ 26,039.92	\$ -
GC Bottle Drop - Month	\$ 126.20	\$ 184.10	
GC Bottle Drop -Total	\$ 226.20	\$ 410.30	

General Council
2018 Report

<u>Date</u>	<u>Activity</u>	<u>Income</u>	<u>Expense</u>	<u>Balance</u>
1/9/2018	Donation VB Xmas Gift	100.00		
		100.00	-	
	Balance as of January 2018			\$ 1,241.24
2/15/2018	Lyons - Reimb	-	151.62	
2/15/2018	Xmas Gift for CEO		500.00	
		-	651.62	
	Balance as of February 2018			\$ 589.62
	Balance as of March 2018			\$ 589.62
	Balance as of April 2018			\$ 589.62
	Balance as of May 2018			\$ 589.62
6/21/2018	General Supplies	-	105.90	
		-	105.90	
	Balance as of June 2018			\$ 483.72
7/31/2018	General Supplies	-	27.09	
		-	27.09	
	Balance as of July 2018			\$ 456.63
	Balance as of August 2018			\$ 456.63

Resident Councilor Reports, September, 2018

Group 1 Dori Jones

Health, Wellness and Safety

Wellness - Rene Swar: Come and learn about Stroke Awareness on Friday, September 14th at 11:00 a.m. in the PAC. Darren Larsen, Stroke Nurse Navigator for Providence will be here. His presentation will focus on understanding what is a stroke, understanding the different types and warning signs and symptoms. We will also talk about current acute treatments and prevention strategies.

National Active Aging Week is Sunday, September 23rd through Saturday, September 29th. Watch for details on a fun week full of a variety of fitness activities.

Pool Closure: We will be closing our pool and locker rooms beginning, Monday, October 1st and will reopen on Thursday, October 11th for some routine pool maintenance and resealing of the locker room floors.

Ready Force - Mary Eusterman: We are involved in the ongoing process of developing protocols to understand, clarify and define the specific roles and responsibilities of: Residents/Rose Villa Inc./Ready Force in case of a major emergency, specifically an earthquake.

We are focusing on specific areas of concern, developing alternatives for short-term (24-72 hours) and long term (up to 3 weeks) needs to assist residents in their issues and to develop guidelines for residents to prepare for staying in place in their own residence.

We are updating our Ready Force neighborhood map and current information to include the new construction sites and representatives. It's a good tool for residents as an information resource. It will be on Touchtown in the near future under the Emergency icon.

Group 2 Bill Rector

Service

Friendship Corps - Lois Weathers: No report this month.

Volunteer Recognition - Bill Rector: No report this month.

Employee Christmas Fund - M.A. Malone:

Checking account balance as of July 27, 2018	\$15,421.98
Deposits for August 2018	3,865.36
Balance as of August 31, 2018	<u>\$19,287.34</u>

Group 3 John Gillock**Sustainable Living**

Bringing Nature Home - Wes Brown: The concept of SUSTAINABILITY (a.k.a. sustainable development) is part and parcel of the understanding and commitment we share at Rose Villa. What do I mean by SUSTAINABILITY? Sustainability is meeting the needs of the present without compromising the ability of future generations to meet their own needs.

Green Committee - Eric Shawn: No report this month.

Treasure House - Judie Hansen: The Attic Treasure boutiques continue to be successful, but we are making an adjustment in the days for the sale. Beginning in October, the sale hours will be 2-6 PM on Thursday and 9 AM to 4 PM on Friday. There will be no Saturday sale in the Club Room. We anticipate having several Sneak Peek sales in apartments later this fall. The gold and silver buyer will join the Attic Treasure sale in November. The theme for the October 11 and 12 is "Holidays" and the November 1 and 2 is "Jewelry," so if you are thinking about downsizing your holiday decorations or jewelry, the Treasure House would love to have them. The Treasure House September special is everything Asian and all framed art - 50% off marked price. Regular hours for the Treasure House are daily 1-4 PM, with Friday hours 10 AM - 4 PM, and closed Sunday.

Group 4 Rose Smith**Spiritual Well-Being**

Solarium Worship - Bud Robinson: No report this month.

Group 5 Doug Walker**Outdoor Activities**

Pet Owners Support Team - Kathy Phelan: No report this month.

Community Garden - Jan and Dave Dobak: We have 33 gardeners enrolled for 2018 and continue to meet on the first Thursday each month. There are still garden plots available for anyone who wants one.

New Shed 5 is nearing completion; connection to electric supply is the remaining task and painting. Old Shed 5 has been demolished and the hole in the ground is being filled.

Six gardeners participated in the work party on Saturday, August 25.

Tuesday Market - Susan Hyne and Dee Saunders: Rose Villa celebrated August at the Tuesday Market with a demo by Oak Grove garden guru and seed saver Kay Everts, and Nickel Booth appearances by Rene Swar, Arthur Moore (RV kitchen gardener), and Christie Morris (the "Queen of Clean").

The Tuesday Market features live music, Nickel Booth, information tables from RV teams/groups, demos, fresh garden produce, crafts/arts, sewing/quilting items, home-baked treats, knife sharpening, flowers from Seeds, and more.

The prize-winning zucchini in the Green Team contest was grown by Wes Brown. Later in the month, Rose Villans enjoyed grape juice from Bob Bennett's family vines.

Donations through the end of August totaled \$4,250.14.

The Tuesday Market is held from 11am to noon along Main Street. Proceeds go to the Rose Villa Foundation. To volunteer, contact Dee Saunders (3059) or Susan Hyne (3057).

Group 6 M.A. Malone Communication

RV News - Lori Carter: September newsletter was shortened by editor's accident requiring down time for recuperation, but all still running smoothly. New proofreaders working out very well & assimilating into process quickly.

Library - Jean Coberly: The library has received a large number of recent DVD feature films that are welcome additions to the collection.

Magazine Exchange - Barbara Tuck & Julia Layden: No report this month.

Group 7 Suzanne Townsen Hospitality

Welcoming Committee - John & Marilee Wetten: New residents for August 2018 - Janet Britton moved to cottage 309. Move in date: August 6, 2018. Buddy: Helen Umberger.

Ed and Ruth Marionchi moved to cottage 3029. Move in date: 1st or 2nd week of August. Buddy: Marilyn Gottschall.

Charles and Terry Terhune moved in to cottage 238. Move in date: August 14, 2018. Buddy: Walt Schaffer.

Margaret Bell moved in to cottage 113. Move in date: August 21, 2018. Buddy: Andrea Drury.

Potluck - Stephen Weislogel: The potluck takes place the second Sunday of every month.

The kitchen replaced the paper plates and plastic utensils with standard ceramic plates and stainless flatware. The idea was to reduce the paper and plastic that goes into landfill. About 30 residents came to the potluck.

This meal is open to all residents, even if you do not bring a dish to share.

Group 8 Julia Layden Off-Campus Activities

Out to Lunch Bunch - No report

Off Campus Entertainment - See listing in the Trumpet.

TriMet trips - Jean Coberly: We had two Trimet trips in August. Over 15 people attended the art museum trip. A smaller group did the walk and explore trip to Mississippi Avenue. Two trips are planned for September.

Group 9 Suzanne Dillard-Burke Leisure Activities

Sewing & Quilting Studio – Jan Rogers: The sewers/menders continue to help residents and would appreciate others joining them. The Quilters have either been sick or gone. They gave a quilt to Madrona Grove for a family just before the resident passed away. The family was appreciative. The quilters are working on another request and making good progress. Always looking for others to come join us.

Woodshop - Ed Egging: We have had two woodshop clean-up, downsizing work parties. Rowdie Tamblyn has been very helpful in providing a venue for selling older tools for us at a garage sale. So far we have over \$200 for the future needs of the relocated woodshop. We have also been told due to PGE delays, that the new handover date to us has been delayed at least one month. With this delay we have put off purchasing the new SawStop saw as it will be the first item installed in the new shop.

Readers' Theater - Byron Windhorst: No report this month.

Book Club - Evelyn Cole: No report this month.

Weavers' Group - Vivian Scheans: No report this month.